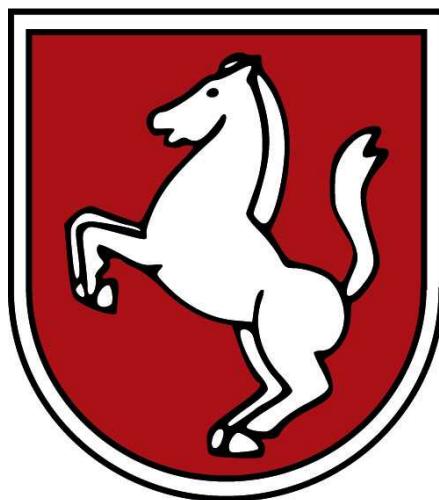


Schwimm-Verband Südwestfalen

Südwestfälische Meisterschaften der Lang- und Mittelstrecken Südwestfälische Masters-Meisterschaften der langen Strecken Südwestfälischer Schwimm-Mehrkampf (SMK)



Protokoll Abschnitt 1

Veranstalter:	Schwimm-Verband Südwestfalen e.V.
Ausrichter:	Kreisverband Schwimmen Dortmund e.V.
Austragungsort:	Südbad Dortmund, ,
Startbahnen:	8, Wellenkiller-Leinen
Bahnlänge:	50m
Wassertiefe:	1,80 m
Wassertemperatur:	25 Grad Celsius
Zeitmessung:	Automatische Zeitnahme / Handzeitnahme

Abschnitt 1, Samstag, 17. Februar 2024

Einlass:	Kampfrichtersitzung:	Ende Einschwimmen:	Beginn:
09:00 Uhr	09:15 Uhr	09:55 Uhr	10:00 Uhr

Abschnitt 2, Samstag, 17. Februar 2024

Einlass:	Kampfrichtersitzung:	Ende Einschwimmen:	Beginn:
--:-- Uhr	--:-- Uhr	--:-- Uhr	60 Min. nach Abs. 1

Abschnitt 3, Sonntag, 18. Februar 2024

Einlass:	Kampfrichtersitzung:	Ende Einschwimmen:	Beginn:
09:00 Uhr	09:15 Uhr	09:55 Uhr	10:00 Uhr

Abschnitt 4, Sonntag, 18. Februar 2024

Einlass:	Kampfrichtersitzung:	Ende Einschwimmen:	Beginn:
--:-- Uhr	--:-- Uhr	--:-- Uhr	60 Min. nach Abs. 1

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

vom 17.02.2024 bis 18.02.2024 | Südbad Dortmund

Veranstalter: Schwimm-Verband Südwestfalen e.V. | Ausrichter: Kreisverband Schwimmen Dortmund e.V.

Anzahl Meldungen, Abschnitt 1

Teilnehmer: weiblich/männlich Meldungen: Einzel/Staffel

Schwimmverband Nordrhein-Westfalen (LSV-Nr.: 17)

Verein	DSV-Id	Teilnehmer	Abs.1
ATV 1878 Dorstfeld	2655	1/ 0	1/ 0
Mendener SV	5170	0/ 1	1/ 0
Rote Erde/SWIM-TEAM TuS 1859 Hamm	7084	9/ 4	18/ 0
SC Gut Naß Altena	2813	1/ 0	1/ 0
SC Wiking Herne 1921	2847	0/ 1	1/ 0
SF Unna 01/10	2853	1/ 0	1/ 0
SG Dortmund	2636	37/ 30	107/ 0
SG Dortmund-Süd 1983	2863	1/ 0	2/ 0
SG Eintracht Ergste	2867	1/ 0	1/ 0
SG Lünen	2881	9/ 5	24/ 0
SG Ruhr	5454	6/ 16	32/ 0
SG Siegen	6352	15/ 8	40/ 0
SG Wassersport Iserlohn	6651	10/ 3	22/ 0
Sport Union Annen	2926	0/ 2	4/ 0
SSC Hörde 54/58 e.V.	2850	12/ 17	47/ 0
SSV Meschede	2920	1/ 0	1/ 0
SV Bieber 67 Lendringsen	2935	2/ 2	4/ 0
SV Blau-Weiß Bochum	2954	17/ 20	50/ 0
SV Hagen 1894	2979	6/ 1	7/ 0
SV Plettenberg 1951 e.V.	3013	4/ 4	13/ 0
SV Schwerte 06	3024	6/ 3	11/ 0
SV Wasserfreunde Soest e.V. 1913	3040	1/ 1	4/ 0
SV Westfalen Hagen	3035	2/ 0	4/ 0
Teutonia Lippstadt	2760	6/ 1	11/ 0
TuS Dortmund-Brackel	3106	2/ 4	7/ 0
TuS Sundern	3087	5/ 4	10/ 0
TV Grüne Linde 1901	3142	0/ 1	1/ 0
TV Werne 03 Wasserfreunde	3192	2/ 2	6/ 0
VfL Kemminghausen	3207	3/ 1	6/ 0
Waspo Blau Gelb Delphin	6054	0/ 2	4/ 0
Wassersportverein Herringen 1929 e.V.	3219	3/ 4	9/ 0
Wfr. Gevelsberg	3226	1/ 1	2/ 0
Wfr. Lüdenscheid	3227	3/ 0	3/ 0
Wfr. TuRa Bergkamen	3229	3/ 3	9/ 0
Gesamt für den Verband		170/ 141	464/ 0

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Abschnitt 1 - Samstag 17.02.2024

Einlass: 09:00 Uhr | Einschwimmen: 09:00 Uhr | Kampfrichtersitzung: 09:15 Uhr
Beginn: 10:00 Uhr

Kampfgericht Abschnitt 1

Position	Name	Verein
Schiedsrichter weiblich	Franco Murgia	SVSW
Schiedsrichter männlich	Markus Kohnen	SVSW
Starter weiblich	Bettina Fettin	SVSW
Starter männlich	Henning Jordan	SVSW
Schwimmrichter 1	Kai Köhling	SV Blau-Weiß Bochum
Schwimmrichter 2	Roxana Solmecke	SG Dortmund
Sprecher 1	Sabrina Fettin	SVSW
Auswerter 1	Axel Schmidt	SVSW
Protokollführer	Oliver Reinert	SVSW
Zeitmessung	Markus Kleber	TuS Dortmund-Brackel

Zielgericht

Position	Name	Verein
Zielrichterobmann	Gaby Wächter	SG Iserlohn
Zielrichter 1	Nicole Hufnagel	SG Iserlohn
Zielrichter 2	Anja Schwarz	Waspo Herringen
Zielrichter 3	Claudia Welnic	SG Ruhr
Zielrichter 4	Ulrike Ortmann	Teutonia Lippstadt

Zeitgericht 1

Position	Name	Verein
Zeitnehmerobmann	Stepahn Schürmann	SV Bieber 67 Lendringsen
Zeitnehmer Bahn 1	Andrea Diehl	SG Dortmund-Süd 1983
Zeitnehmer Bahn 2	Sascha Jurthe	Waspo Blau Gelb Delphin
Zeitnehmer Bahn 3	Christiane Weinert	SG Siegen
Zeitnehmer Bahn 4	Olaf Jagielski	SG Siegen
Zeitnehmer Bahn 5	Christian Hermann	SSC Hörde 54/58 e.V.
Zeitnehmer Bahn 6	Claudia Schäfer	SG Dortmund
Zeitnehmer Bahn 7	Carsten Pietz	SV Blau-Weiß Bochum
Zeitnehmer Bahn 8	Jörg Wagner	Rote Erde/SWIM-TEAM TuS 1859 Hamm
Reservezeitnehmer 1	Dagmar Kuhlmann	Sport Union Annen

Zeitgericht 2

Position	Name	Verein
Zeitnehmer Bahn 1	Hannah Steven	TuS Sundern
Zeitnehmer Bahn 2	Kala Böck	SSC Hörde 54/58 e.V.
Zeitnehmer Bahn 3	Katharina Stember	SV Westfalen Hagen
Zeitnehmer Bahn 4	Sven Krause	Wfr. TuRa Bergkamen
Zeitnehmer Bahn 5	Undine Bolz	SV Hagen 1894
Zeitnehmer Bahn 6	Hans Jörg Faber	TuS Dortmund-Brackel
Zeitnehmer Bahn 7	Martin Klump	
Zeitnehmer Bahn 8	Nina Kölpin	SG Ruhr

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

vom 17.02.2024 bis 18.02.2024 | Südbad Dortmund

Veranstalter: Schwimm-Verband Südwestfalen e.V. | Ausrichter: Kreisverband Schwimmen Dortmund e.V.

Wendegericht

Position	Name	Verein
Wenderichter Obmann	Daniela Drexelins	SV Plettenberg 1951 e.V.
Wenderichter Bahn 1	Jorg Droste	VfL Kemminghausen
Wenderichter Bahn 2	Tracy Adrian	VfL Kemminghausen
Wenderichter Bahn 3	Aynur Yalcin	SG Dortmund
Wenderichter Bahn 4	Karina Polok	SG Dortmund
Wenderichter Bahn 5	Frank Sette	TV Werne 03 Wasserfreunde
Wenderichter Bahn 6	Jochen Meis	Schwerte
Wenderichter Bahn 7	Tim-Oliver Neumann	SG Lünen

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Wettkampffolge für Abschnitt 1

- Wettkampf 1 - 400m Lagen weiblich
- Wettkampf 2 - 400m Lagen männlich
- Wettkampf 101 - 100m Schmetterling weiblich - SMK
- Wettkampf 102 - 200m Schmetterling weiblich - SMK
- Wettkampf 103 - 200m Rücken weiblich - SMK
- Wettkampf 104 - 200m Brust weiblich - SMK
- Wettkampf 105 - 200m Freistil weiblich - SMK
- Wettkampf 106 - 100m Schmetterling männlich - SMK
- Wettkampf 107 - 200m Schmetterling männlich - SMK
- Wettkampf 108 - 200m Rücken männlich - SMK
- Wettkampf 109 - 200m Brust männlich - SMK
- Wettkampf 110 - 200m Freistil männlich - SMK
- Wettkampf 3 - 400m Freistil weiblich - Masters
- Wettkampf 4 - 400m Freistil männlich - Masters
- Wettkampf 5 - 400m Freistil weiblich / SMK
- Wettkampf 6 - 400m Freistil männlich / SMK

Wettkampf 1 - 400m Lagen weiblich

Pflichtzeiten

Jg.2013: 08:14,00 Jg.2012: 08:02,00 Jg.2011: 07:17,00 Jg.2010: 06:48,00 Jg.2009: 06:41,00 Jg.2008: 06:28,00 Jg.2007: 06:26,00
Offen: 06:19,00

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Jahrgangsmeisterin					
	Lina Wahle	2012	TuS Sundern	07:01,05	253
	100m: 01:37,15 (01:37,15) 200m: 03:32,36 (01:55,21) 300m: 05:19,20 (01:46,84) 400m: 07:01,05 (01:41,85)				
2.	Vanessa Amy Tank	2012	SV Plettenberg 1951 e.V.	07:20,07	221
	100m: 01:38,74 (01:38,74) 200m: 03:43,69 (02:04,95) 300m: 05:42,50 (01:58,81) 400m: 07:20,07 (01:37,57)				
3.	Alina Bresinsky	2012	SV Schwerte 06	07:35,64	199
	100m: 02:01,00 (02:01,00) 200m: 04:01,81 (02:00,81) 300m: 06:01,69 (01:59,88) 400m: 07:35,64 (01:33,95)				

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Jahrgangsmeisterin					
	Paulina Bauer	2011	SV Blau-Weiß Bochum	05:47,84	449
	100m: 01:17,97 (01:17,97) 200m: 02:47,99 (01:30,02) 300m: 04:33,61 (01:45,62) 400m: 05:47,84 (01:14,23)				
2.	Naya Johannknecht	2011	SV Blau-Weiß Bochum	05:51,18	436
	100m: 01:20,79 (01:20,79) 200m: 02:49,19 (01:28,40) 300m: 04:32,91 (01:43,72) 400m: 05:51,18 (01:18,27)				
3.	Liana Müller	2011	SG Dortmund	06:06,68	383
	100m: 01:22,74 (01:22,74) 200m: 02:58,73 (01:35,99) 300m: 04:44,40 (01:45,67) 400m: 06:06,68 (01:22,28)				
4.	Mara Klump	2011	SG Siegen	06:08,00	379
	100m: 01:26,51 (01:26,51) 200m: 03:04,14 (01:37,63) 300m: 04:41,58 (01:37,44) 400m: 06:08,00 (01:26,42)				
5.	Paulina Rosalie Tönges	2011	SV Blau-Weiß Bochum	06:14,84	358
	100m: 01:29,80 (01:29,80) 200m: 03:03,71 (01:33,91) 300m: 04:51,41 (01:47,70) 400m: 06:14,84 (01:23,43)				

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

vom 17.02.2024 bis 18.02.2024 | Südbad Dortmund

Veranstalter: Schwimm-Verband Südwestfalen e.V. | Ausrichter: Kreisverband Schwimmen Dortmund e.V.

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
6.	Iva Rezic 100m: 01:27,08 (01:27,08) 200m: 03:03,63 (01:36,55) 300m: 04:50,37 (01:46,74) 400m: 06:16,49 (01:26,12)	2011	SG Siegen	06:16,49	354
7.	Hannah Amelie Joswig 100m: 01:30,14 (01:30,14) 200m: 03:12,40 (01:42,26) 300m: 04:55,01 (01:42,61) 400m: 06:22,58 (01:27,57)	2011	SV Blau-Weiß Bochum	06:22,58	337
8.	Pauline Lanari 100m: 01:28,17 (01:28,17) 200m: 03:08,04 (01:39,87) 300m: 04:57,93 (01:49,89) 400m: 06:26,33 (01:28,40)	2011	TuS Dortmund-Brackel	06:26,33	327
9.	Sude Yalcin 100m: 01:25,89 (01:25,89) 200m: 03:10,72 (01:44,83) 300m: 05:00,15 (01:49,43) 400m: 06:29,73 (01:29,58)	2011	SG Dortmund	06:29,73	319
10.	Charlotte Dielenschneider 100m: 01:35,53 (01:35,53) 200m: 03:12,94 (01:37,41) 300m: 05:09,13 (01:56,19) 400m: 06:32,53 (01:23,40)	2011	Rote Erde/SWIM-TEAM TuS 1859 Hamm	06:32,53	312
11.	Charlotte Siedhoff 100m: 01:31,14 (01:31,14) 200m: 03:17,49 (01:46,35) 300m: 05:10,60 (01:53,11) 400m: 06:38,53 (01:27,93)	2011	TuS Sundern	06:38,53	298
12.	Mila Linstaedt 100m: 01:39,58 (01:39,58) 200m: 03:22,93 (01:43,35) 300m: 05:10,39 (01:47,46) 400m: 06:40,74 (01:30,35)	2011	SG Wassersport Iserlohn	06:40,74	293
13.	Mila Fee Krause 100m: 01:30,00 (01:30,00) 200m: 03:14,98 (01:44,98) 300m: 05:11,64 (01:56,66) 400m: 06:41,79 (01:30,15)	2011	Wfr. TuRa Bergkamen	06:41,79	291
14.	Laura Sterz 100m: 01:38,78 (01:38,78) 200m: 03:24,09 (01:45,31) 300m: 05:14,52 (01:50,43) 400m: 06:49,49 (01:34,97)	2011	TuS Sundern	06:49,49	275
15.	Monia Pinner 100m: 01:38,52 (01:38,52) 200m: 03:23,32 (01:44,80) 300m: 05:19,64 (01:56,32) 400m: 06:51,09 (01:31,45)	2011	SV Schwerte 06	06:51,09	272
16.	Sophia Daudrich 100m: 01:39,82 (01:39,82) 200m: 03:29,66 (01:49,84) 300m: 05:23,60 (01:53,94) 400m: 06:58,04 (01:34,44)	2011	SG Siegen	06:58,04	258
17.	Laura Drexelius 100m: 01:33,42 (01:33,42) 200m: 03:26,31 (01:52,89) 300m: 05:27,19 (02:00,88) 400m: 07:02,49 (01:35,30)	2011	SV Plettenberg 1951 e.V.	07:02,49	250
	nicht am Start				
	Hannah Sophie Grunert	2011	SG Lünen		EnM

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Jahrgangsmeisterin	Zarina Selimovic 100m: 01:11,60 (01:11,60) 200m: 02:36,53 (01:24,93) 300m: 04:10,36 (01:33,83) 400m: 05:20,23 (01:09,87)	2010	SG Dortmund	05:20,23	575
2.	Carla Baraniskin 100m: 01:12,12 (01:12,12) 200m: 02:40,64 (01:28,52) 300m: 04:08,24 (01:27,60) 400m: 05:20,33 (01:12,09)	2010	SG Dortmund	05:20,33	574
3.	Jella Rudkowski 100m: 01:10,56 (01:10,56) 200m: 02:36,15 (01:25,59) 300m: 04:11,00 (01:34,85) 400m: 05:26,62 (01:15,62)	2010	SV Blau-Weiß Bochum	05:26,62	542

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
4.	Alina Sophia Niehaus	2010	SV Blau-Weiß Bochum	05:41,31	475
	100m: 01:13,22 (01:13,22) 200m: 02:44,75 (01:31,53) 300m: 04:18,66 (01:33,91)				
	400m: 05:41,31 (01:22,65)				
5.	Lucie Mia Racherbäumer	2010	SV Blau-Weiß Bochum	05:44,59	461
	100m: 01:09,74 (01:09,74) 200m: 02:36,30 (01:26,56) 300m: 04:21,81 (01:45,51)				
	400m: 05:44,59 (01:22,78)				
6.	Carlotta Mätzing	2010	SG Dortmund	05:46,85	452
	100m: 01:16,06 (01:16,06) 200m: 02:42,22 (01:26,16) 300m: 04:26,52 (01:44,30)				
	400m: 05:46,85 (01:20,33)				
7.	Ida Rudkowski	2010	SV Blau-Weiß Bochum	06:03,89	392
	100m: 01:18,35 (01:18,35) 200m: 02:53,38 (01:35,03) 300m: 04:39,18 (01:45,80)				
	400m: 06:03,89 (01:24,71)				
8.	Carla Viktoria Kretschmer	2010	SG Dortmund	06:17,72	350
	100m: 01:26,36 (01:26,36) 200m: 03:06,06 (01:39,70) 300m: 04:51,29 (01:45,23)				
	400m: 06:17,72 (01:26,43)				
9.	Greta Bock	2010	Teutonia Lippstadt	06:18,27	349
	100m: 01:34,42 (01:34,42) 200m: 03:08,03 (01:33,61) 300m: 04:54,03 (01:46,00)				
	400m: 06:18,27 (01:24,24)				
10.	Ida Philine Schneider	2010	SG Siegen	06:18,48	348
	100m: 01:33,71 (01:33,71) 200m: 03:09,57 (01:35,86) 300m: 04:56,17 (01:46,60)				
	400m: 06:18,48 (01:22,31)				
11.	Ella Rosalie Erbeskern	2010	SV Blau-Weiß Bochum	06:27,79	324
	100m: 01:34,48 (01:34,48) 200m: 03:12,88 (01:38,40) 300m: 04:58,22 (01:45,34)				
	400m: 06:27,79 (01:29,57)				
12.	Lia Hufnagel	2010	SG Wassersport Iserlohn	06:28,68	321
	100m: 01:36,27 (01:36,27) 200m: 03:16,05 (01:39,78) 300m: 05:00,26 (01:44,21)				
	400m: 06:28,68 (01:28,42)				
13.	Hanna Bernard	2010	SG Wassersport Iserlohn	06:29,90	318
	100m: 01:28,40 (01:28,40) 200m: 03:05,90 (01:37,50) 300m: 05:06,73 (02:00,83)				
	400m: 06:29,90 (01:23,17)				
14.	Franka Herrmann	2010	SG Dortmund	06:30,86	316
	100m: 01:34,42 (01:34,42) 200m: 03:15,79 (01:41,37) 300m: 05:06,93 (01:51,14)				
	400m: 06:30,86 (01:23,93)				
15.	Tina Kriependorf	2010	SG Wassersport Iserlohn	06:44,28	285
	100m: 01:36,31 (01:36,31) 200m: 03:20,83 (01:44,52) 300m: 05:12,89 (01:52,06)				
	400m: 06:44,28 (01:31,39)				
	<u>abgemeldet</u>				
	Clarissa Ernst	2010	SV Blau-Weiß Bochum		
	Mathilda Penthesilea Scariot	2010	SG Dortmund		

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Jahrgangsmeisterin	Sydney Savannah Ferch	2009	SG Dortmund	05:14,97	604
	100m: 01:11,19 (01:11,19) 200m: 02:35,65 (01:24,46) 300m: 04:05,60 (01:29,95)				
	400m: 05:14,97 (01:09,37)				
2.	Maja Jagielski	2009	SG Siegen	05:45,58	457
	100m: 01:19,25 (01:19,25) 200m: 02:54,53 (01:35,28) 300m: 04:23,66 (01:29,13)				
	400m: 05:45,58 (01:21,92)				
3.	Carlotta Meese	2009	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:50,40	439
	100m: 01:15,08 (01:15,08) 200m: 02:49,61 (01:34,53) 300m: 04:29,38 (01:39,77)				
	400m: 05:50,40 (01:21,02)				

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
4.	Lina Smyczynski 100m: 01:24,21 (01:24,21) 200m: 02:52,64 (01:28,43) 300m: 04:35,24 (01:42,60) 400m: 05:53,80 (01:18,56)	2009	SG Eintracht Ergste	05:53,80	426
5.	Wiebke Bäschnitt 100m: 01:24,02 (01:24,02) 200m: 02:55,66 (01:31,64) 300m: 04:42,06 (01:46,40) 400m: 05:58,22 (01:16,16)	2009	SG Ruhr	05:58,22	411
6.	Carlotta Bartmann 100m: 01:29,26 (01:29,26) 200m: 03:07,48 (01:38,22) 300m: 04:47,73 (01:40,25) 400m: 06:13,55 (01:25,82)	2009	SG Wassersport Iserlohn	06:13,55	362
7.	Sophie Neß 100m: 01:28,78 (01:28,78) 200m: 03:09,45 (01:40,67) 300m: 04:55,26 (01:45,81) 400m: 06:30,48 (01:35,22)	2009	SV Plettenberg 1951 e.V.	06:30,48	317
8.	Levke Langels 100m: 01:39,52 (01:39,52) 200m: 03:15,06 (01:35,54) 300m: 05:09,27 (01:54,21) 400m: 06:40,06 (01:30,79)	2009	Teutonia Lippstadt	06:40,06	295

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Südwestfälische Jahrgangsmeisterin	Emmi Liara Schneider	2008	SG Siegen	05:37,91	489	
	100m: 01:18,17 (01:18,17) 200m: 02:47,69 (01:29,52) 300m: 04:24,00 (01:36,31)					
	400m: 05:37,91 (01:13,91)					
2.	Norah Erbeskern	2008	SV Blau-Weiß Bochum	05:50,13	440	
	100m: 01:25,65 (01:25,65) 200m: 02:54,73 (01:29,08) 300m: 04:29,21 (01:34,48)					
	400m: 05:50,13 (01:20,92)					
3.	Sophie Thurow	2008	SG Siegen	05:57,58	413	
	100m: 01:22,25 (01:22,25) 200m: 02:59,75 (01:37,50) 300m: 04:35,63 (01:35,88)					
	400m: 05:57,58 (01:21,95)					
4.	Greta Fuchs	2008	SG Siegen	06:00,85	402	
	100m: 01:23,24 (01:23,24) 200m: 03:03,14 (01:39,90) 300m: 04:44,14 (01:41,00)					
	400m: 06:00,85 (01:16,71)					
5.	Luisa Jansing	2008	SSC Hörde 54/58 e.V.	06:06,87	382	
	100m: 01:27,03 (01:27,03) 200m: 02:59,27 (01:32,24) 300m: 04:43,70 (01:44,43)					
	400m: 06:06,87 (01:23,17)					
6.	Maida Anna Goedert	2008	SG Dortmund	06:06,94	382	
	100m: 01:19,11 (01:19,11) 200m: 03:00,45 (01:41,34) 300m: 04:39,62 (01:39,17)					
	400m: 06:06,94 (01:27,32)					
7.	Rabea Müller	2008	SG Lünen	06:23,38	335	
	100m: 01:31,77 (01:31,77) 200m: 03:14,07 (01:42,30) 300m: 04:57,54 (01:43,47)					
	400m: 06:23,38 (01:25,84)					
8.	Dana Mantau	2008	SV Wasserfreunde Soest e.V. 1913	06:28,91	321	EnM
	100m: 01:26,79 (01:26,79) 200m: 03:07,62 (01:40,83) 300m: 04:59,11 (01:51,49)					
	400m: 06:28,91 (01:29,80)					

Jahrgang 2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Jahrgangsmeisterin	Paulina Döch 100m: 01:18,91 (01:18,91) 200m: 02:41,22 (01:22,31) 300m: 04:14,95 (01:33,73) 400m: 05:28,78 (01:13,83)	2007	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:28,78	531
2.	Pia Jost 100m: 01:15,47 (01:15,47) 200m: 02:43,33 (01:27,86) 300m: 04:26,11 (01:42,78) 400m: 05:46,66 (01:20,55)	2007	SG Wassersport Iserlohn	05:46,66	453

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

vom 17.02.2024 bis 18.02.2024 | Südbad Dortmund

Veranstalter: Schwimm-Verband Südwestfalen e.V. | Ausrichter: Kreisverband Schwimmen Dortmund e.V.

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
3.	Mira Juds 100m: 01:26,68 (01:26,68) 200m: 02:57,98 (01:31,30) 300m: 04:46,46 (01:48,48) 400m: 06:07,69 (01:21,23)	2007	Wfr. TuRa Bergkamen	06:07,69	380
4.	Laura Ortmann 100m: 01:25,73 (01:25,73) 200m: 03:03,67 (01:37,94) 300m: 04:55,92 (01:52,25) 400m: 06:18,50 (01:22,58)	2007	Teutonia Lippstadt	06:18,50	348
5.	Pauline Kleber 100m: 01:38,62 (01:38,62) 200m: 03:13,99 (01:35,37) 300m: 04:58,77 (01:44,78) 400m: 06:21,98 (01:23,21)	2007	TuS Dortmund-Brackel	06:21,98	339
<u>abgemeldet</u>					
	Ann-Kathrin Wegener	2007	SSC Hörde 54/58 e.V.		

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Meisterin	Sydney Savannah Ferch 100m: 01:11,19 (01:11,19) 200m: 02:35,65 (01:24,46) 300m: 04:05,60 (01:29,95) 400m: 05:14,97 (01:09,37)	2009	SG Dortmund	05:14,97	604
2.	Zarina Selimovic 100m: 01:11,60 (01:11,60) 200m: 02:36,53 (01:24,93) 300m: 04:10,36 (01:33,83) 400m: 05:20,23 (01:09,87)	2010	SG Dortmund	05:20,23	575
3.	Carla Baraniskin 100m: 01:12,12 (01:12,12) 200m: 02:40,64 (01:28,52) 300m: 04:08,24 (01:27,60) 400m: 05:20,33 (01:12,09)	2010	SG Dortmund	05:20,33	574
4.	Jella Rudkowski 100m: 01:10,56 (01:10,56) 200m: 02:36,15 (01:25,59) 300m: 04:11,00 (01:34,85) 400m: 05:26,62 (01:15,62)	2010	SV Blau-Weiß Bochum	05:26,62	542
5.	Paulina Döch 100m: 01:18,91 (01:18,91) 200m: 02:41,22 (01:22,31) 300m: 04:14,95 (01:33,73) 400m: 05:28,78 (01:13,83)	2007	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:28,78	531
6.	Emmi Liara Schneider 100m: 01:18,17 (01:18,17) 200m: 02:47,69 (01:29,52) 300m: 04:24,00 (01:36,31) 400m: 05:37,91 (01:13,91)	2008	SG Siegen	05:37,91	489
7.	Alina Sophia Niehaus 100m: 01:13,22 (01:13,22) 200m: 02:44,75 (01:31,53) 300m: 04:18,66 (01:33,91) 400m: 05:41,31 (01:22,65)	2010	SV Blau-Weiß Bochum	05:41,31	475
8.	Lucie Mia Racherbäumer 100m: 01:09,74 (01:09,74) 200m: 02:36,30 (01:26,56) 300m: 04:21,81 (01:45,51) 400m: 05:44,59 (01:22,78)	2010	SV Blau-Weiß Bochum	05:44,59	461
9.	Maja Jagielski 100m: 01:19,25 (01:19,25) 200m: 02:54,53 (01:35,28) 300m: 04:23,66 (01:29,13) 400m: 05:45,58 (01:21,92)	2009	SG Siegen	05:45,58	457
10.	Pia Jost 100m: 01:15,47 (01:15,47) 200m: 02:43,33 (01:27,86) 300m: 04:26,11 (01:42,78) 400m: 05:46,66 (01:20,55)	2007	SG Wassersport Iserlohn	05:46,66	453
11.	Carlotta Mätzing 100m: 01:16,06 (01:16,06) 200m: 02:42,22 (01:26,16) 300m: 04:26,52 (01:44,30) 400m: 05:46,85 (01:20,33)	2010	SG Dortmund	05:46,85	452
12.	Paulina Bauer 100m: 01:17,97 (01:17,97) 200m: 02:47,99 (01:30,02) 300m: 04:33,61 (01:45,62) 400m: 05:47,84 (01:14,23)	2011	SV Blau-Weiß Bochum	05:47,84	449

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
13.	Norah Erbeskern 100m: 01:25,65 (01:25,65) 200m: 02:54,73 (01:29,08) 300m: 04:29,21 (01:34,48) 400m: 05:50,13 (01:20,92)	2008	SV Blau-Weiß Bochum	05:50,13	440
14.	Carlotta Meese 100m: 01:15,08 (01:15,08) 200m: 02:49,61 (01:34,53) 300m: 04:29,38 (01:39,77) 400m: 05:50,40 (01:21,02)	2009	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:50,40	439
15.	Naya Johannknecht 100m: 01:20,79 (01:20,79) 200m: 02:49,19 (01:28,40) 300m: 04:32,91 (01:43,72) 400m: 05:51,18 (01:18,27)	2011	SV Blau-Weiß Bochum	05:51,18	436
16.	Lina Smyczynski 100m: 01:24,21 (01:24,21) 200m: 02:52,64 (01:28,43) 300m: 04:35,24 (01:42,60) 400m: 05:53,80 (01:18,56)	2009	SG Eintracht Ergste	05:53,80	426
17.	Sophie Thurow 100m: 01:22,25 (01:22,25) 200m: 02:59,75 (01:37,50) 300m: 04:35,63 (01:35,88) 400m: 05:57,58 (01:21,95)	2008	SG Siegen	05:57,58	413
18.	Wiebke Bäschnitt 100m: 01:24,02 (01:24,02) 200m: 02:55,66 (01:31,64) 300m: 04:42,06 (01:46,40) 400m: 05:58,22 (01:16,16)	2009	SG Ruhr	05:58,22	411
19.	Greta Fuchs 100m: 01:23,24 (01:23,24) 200m: 03:03,14 (01:39,90) 300m: 04:44,14 (01:41,00) 400m: 06:00,85 (01:16,71)	2008	SG Siegen	06:00,85	402
20.	Karina Dering 100m: 01:23,52 (01:23,52) 200m: 02:59,69 (01:36,17) 300m: 04:38,26 (01:38,57) 400m: 06:01,02 (01:22,76)	2006	Rote Erde/SWIM-TEAM TuS 1859 Hamm	06:01,02	401
21.	Lea Adrian 100m: 01:22,48 (01:22,48) 200m: 02:54,79 (01:32,31) 300m: 04:39,84 (01:45,05) 400m: 06:01,09 (01:21,25)	2006	VfL Kemminghausen	06:01,09	401
22.	Ida Rudkowski 100m: 01:18,35 (01:18,35) 200m: 02:53,38 (01:35,03) 300m: 04:39,18 (01:45,80) 400m: 06:03,89 (01:24,71)	2010	SV Blau-Weiß Bochum	06:03,89	392
23.	Liana Müller 100m: 01:22,74 (01:22,74) 200m: 02:58,73 (01:35,99) 300m: 04:44,40 (01:45,67) 400m: 06:06,68 (01:22,28)	2011	SG Dortmund	06:06,68	383
24.	Luisa Jansing 100m: 01:27,03 (01:27,03) 200m: 02:59,27 (01:32,24) 300m: 04:43,70 (01:44,43) 400m: 06:06,87 (01:23,17)	2008	SSC Hörde 54/58 e.V.	06:06,87	382
25.	Maida Anna Goedert 100m: 01:19,11 (01:19,11) 200m: 03:00,45 (01:41,34) 300m: 04:39,62 (01:39,17) 400m: 06:06,94 (01:27,32)	2008	SG Dortmund	06:06,94	382
26.	Mira Juds 100m: 01:26,68 (01:26,68) 200m: 02:57,98 (01:31,30) 300m: 04:46,46 (01:48,48) 400m: 06:07,69 (01:21,23)	2007	Wfr. TuRa Bergkamen	06:07,69	380
27.	Mara Klump 100m: 01:26,51 (01:26,51) 200m: 03:04,14 (01:37,63) 300m: 04:41,58 (01:37,44) 400m: 06:08,00 (01:26,42)	2011	SG Siegen	06:08,00	379
28.	Carlotta Bartmann 100m: 01:29,26 (01:29,26) 200m: 03:07,48 (01:38,22) 300m: 04:47,73 (01:40,25) 400m: 06:13,55 (01:25,82)	2009	SG Wassersport Iserlohn	06:13,55	362
29.	Paulina Rosalie Tönges 100m: 01:29,80 (01:29,80) 200m: 03:03,71 (01:33,91) 300m: 04:51,41 (01:47,70) 400m: 06:14,84 (01:23,43)	2011	SV Blau-Weiß Bochum	06:14,84	358
30.	Iva Rezic 100m: 01:27,08 (01:27,08) 200m: 03:03,63 (01:36,55) 300m: 04:50,37 (01:46,74) 400m: 06:16,49 (01:26,12)	2011	SG Siegen	06:16,49	354

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
31.	Carla Viktoria Kretschmer 100m: 01:26,36 (01:26,36) 200m: 03:06,06 (01:39,70) 300m: 04:51,29 (01:45,23) 400m: 06:17,72 (01:26,43)	2010	SG Dortmund	06:17,72	350	
32.	Greta Bock 100m: 01:34,42 (01:34,42) 200m: 03:08,03 (01:33,61) 300m: 04:54,03 (01:46,00) 400m: 06:18,27 (01:24,24)	2010	Teutonia Lippstadt	06:18,27	349	
33.	Ida Philine Schneider 100m: 01:33,71 (01:33,71) 200m: 03:09,57 (01:35,86) 300m: 04:56,17 (01:46,60) 400m: 06:18,48 (01:22,31)	2010	SG Siegen	06:18,48	348	
34.	Laura Ortmann 100m: 01:25,73 (01:25,73) 200m: 03:03,67 (01:37,94) 300m: 04:55,92 (01:52,25) 400m: 06:18,50 (01:22,58)	2007	Teutonia Lippstadt	06:18,50	348	
35.	Pauline Kleber 100m: 01:38,62 (01:38,62) 200m: 03:13,99 (01:35,37) 300m: 04:58,77 (01:44,78) 400m: 06:21,98 (01:23,21)	2007	TuS Dortmund-Brackel	06:21,98	339	
36.	Hannah Amelie Joswig 100m: 01:30,14 (01:30,14) 200m: 03:12,40 (01:42,26) 300m: 04:55,01 (01:42,61) 400m: 06:22,58 (01:27,57)	2011	SV Blau-Weiß Bochum	06:22,58	337	
37.	Rabea Müller 100m: 01:31,77 (01:31,77) 200m: 03:14,07 (01:42,30) 300m: 04:57,54 (01:43,47) 400m: 06:23,38 (01:25,84)	2008	SG Lünen	06:23,38	335	
38.	Pauline Lanari 100m: 01:28,17 (01:28,17) 200m: 03:08,04 (01:39,87) 300m: 04:57,93 (01:49,89) 400m: 06:26,33 (01:28,40)	2011	TuS Dortmund-Brackel	06:26,33	327	
39.	Ella Rosalie Erbeskern 100m: 01:34,48 (01:34,48) 200m: 03:12,88 (01:38,40) 300m: 04:58,22 (01:45,34) 400m: 06:27,79 (01:29,57)	2010	SV Blau-Weiß Bochum	06:27,79	324	
40.	Lia Hufnagel 100m: 01:36,27 (01:36,27) 200m: 03:16,05 (01:39,78) 300m: 05:00,26 (01:44,21) 400m: 06:28,68 (01:28,42)	2010	SG Wassersport Iserlohn	06:28,68	321	
41.	Dana Mantau 100m: 01:26,79 (01:26,79) 200m: 03:07,62 (01:40,83) 300m: 04:59,11 (01:51,49) 400m: 06:28,91 (01:29,80)	2008	SV Wasserfreunde Soest e.V. 1913	06:28,91	321	EnM
42.	Sude Yalcin 100m: 01:25,89 (01:25,89) 200m: 03:10,72 (01:44,83) 300m: 05:00,15 (01:49,43) 400m: 06:29,73 (01:29,58)	2011	SG Dortmund	06:29,73	319	
43.	Hanna Bernard 100m: 01:28,40 (01:28,40) 200m: 03:05,90 (01:37,50) 300m: 05:06,73 (02:00,83) 400m: 06:29,90 (01:23,17)	2010	SG Wassersport Iserlohn	06:29,90	318	
44.	Sophie Neß 100m: 01:28,78 (01:28,78) 200m: 03:09,45 (01:40,67) 300m: 04:55,26 (01:45,81) 400m: 06:30,48 (01:35,22)	2009	SV Plettenberg 1951 e.V.	06:30,48	317	
45.	Franka Herrmann 100m: 01:34,42 (01:34,42) 200m: 03:15,79 (01:41,37) 300m: 05:06,93 (01:51,14) 400m: 06:30,86 (01:23,93)	2010	SG Dortmund	06:30,86	316	
46.	Charlotte Dielenschneider 100m: 01:35,53 (01:35,53) 200m: 03:12,94 (01:37,41) 300m: 05:09,13 (01:56,19) 400m: 06:32,53 (01:23,40)	2011	Rote Erde/SWIM-TEAM TuS 1859 Hamm	06:32,53	312	
47.	Charlotte Siedhoff 100m: 01:31,14 (01:31,14) 200m: 03:17,49 (01:46,35) 300m: 05:10,60 (01:53,11) 400m: 06:38,53 (01:27,93)	2011	TuS Sundern	06:38,53	298	
48.	Levke Langels 100m: 01:39,52 (01:39,52) 200m: 03:15,06 (01:35,54) 300m: 05:09,27 (01:54,21) 400m: 06:40,06 (01:30,79)	2009	Teutonia Lippstadt	06:40,06	295	

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
49.	Mila Linstaedt 100m: 01:39,58 (01:39,58) 200m: 03:22,93 (01:43,35) 300m: 05:10,39 (01:47,46) 400m: 06:40,74 (01:30,35)	2011	SG Wassersport Iserlohn	06:40,74	293
50.	Mila Fee Krause 100m: 01:30,00 (01:30,00) 200m: 03:14,98 (01:44,98) 300m: 05:11,64 (01:56,66) 400m: 06:41,79 (01:30,15)	2011	Wfr. TuRa Bergkamen	06:41,79	291
51.	Tina Kriependorf 100m: 01:36,31 (01:36,31) 200m: 03:20,83 (01:44,52) 300m: 05:12,89 (01:52,06) 400m: 06:44,28 (01:31,39)	2010	SG Wassersport Iserlohn	06:44,28	285
52.	Laura Sterz 100m: 01:38,78 (01:38,78) 200m: 03:24,09 (01:45,31) 300m: 05:14,52 (01:50,43) 400m: 06:49,49 (01:34,97)	2011	TuS Sundern	06:49,49	275
53.	Monia Pinner 100m: 01:38,52 (01:38,52) 200m: 03:23,32 (01:44,80) 300m: 05:19,64 (01:56,32) 400m: 06:51,09 (01:31,45)	2011	SV Schwerte 06	06:51,09	272
54.	Sophia Daudrich 100m: 01:39,82 (01:39,82) 200m: 03:29,66 (01:49,84) 300m: 05:23,60 (01:53,94) 400m: 06:58,04 (01:34,44)	2011	SG Siegen	06:58,04	258
55.	Lina Wahle 100m: 01:37,15 (01:37,15) 200m: 03:32,36 (01:55,21) 300m: 05:19,20 (01:46,84) 400m: 07:01,05 (01:41,85)	2012	TuS Sundern	07:01,05	253
56.	Laura Drexelius 100m: 01:33,42 (01:33,42) 200m: 03:26,31 (01:52,89) 300m: 05:27,19 (02:00,88) 400m: 07:02,49 (01:35,30)	2011	SV Plettenberg 1951 e.V.	07:02,49	250
57.	Vanessa Amy Tank 100m: 01:38,74 (01:38,74) 200m: 03:43,69 (02:04,95) 300m: 05:42,50 (01:58,81) 400m: 07:20,07 (01:37,57)	2012	SV Plettenberg 1951 e.V.	07:20,07	221
58.	Alina Bresinsky 100m: 02:01,00 (02:01,00) 200m: 04:01,81 (02:00,81) 300m: 06:01,69 (01:59,88) 400m: 07:35,64 (01:33,95)	2012	SV Schwerte 06	07:35,64	199
	<u>abgemeldet</u>				
	Celina Springer	2006	SG Dortmund		
	Jolina Widders	2006	Rote Erde/SWIM-TEAM TuS 1859 Hamm		

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Wettkampf 2 - 400m Lagen männlich

Pflichtzeiten

Jg.2013: 08:20,00 Jg.2012: 07:42,00 Jg.2011: 07:12,00 Jg.2010: 06:40,00 Jg.2009: 06:02,00 Jg.2008: 05:55,00 Jg.2007: 05:47,00
Offen: 05:42,00

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälischer Jahrgangsmeister					
	Johann Schwager	2011	SG Dortmund	05:44,28	355
	100m: 01:21,34 (01:21,34) 200m: 02:48,30 (01:26,96) 300m: 04:26,72 (01:38,42) 400m: 05:44,28 (01:17,56)				
2.	Julian Schulz	2011	SV Blau-Weiß Bochum	06:02,50	304
	100m: 01:29,02 (01:29,02) 200m: 02:58,40 (01:29,38) 300m: 04:46,60 (01:48,20) 400m: 06:02,50 (01:15,90)				
3.	Emil Schultebraucks	2011	TuS Dortmund-Brackel	06:09,08	288
	100m: 01:29,53 (01:29,53) 200m: 03:03,87 (01:34,34) 300m: 04:50,64 (01:46,77) 400m: 06:09,08 (01:18,44)				
4.	Jakob Schäfer	2011	SG Dortmund	06:10,01	286
	100m: 01:26,34 (01:26,34) 200m: 02:56,89 (01:30,55) 300m: 04:46,70 (01:49,81) 400m: 06:10,01 (01:23,31)				
5.	Franz Schäfer	2011	SG Dortmund	06:14,39	276
	100m: 01:32,04 (01:32,04) 200m: 03:07,78 (01:35,74) 300m: 04:54,26 (01:46,48) 400m: 06:14,39 (01:20,13)				
6.	Xavier Tjiawi	2011	Sport Union Annen	06:15,30	274
	100m: 01:36,18 (01:36,18) 200m: 03:16,54 (01:40,36) 300m: 04:54,95 (01:38,41) 400m: 06:15,30 (01:20,35)				
7.	Jonah Welnic	2011	SG Ruhr	06:23,45	257
	100m: 01:35,15 (01:35,15) 200m: 03:05,17 (01:30,02) 300m: 04:56,79 (01:51,62) 400m: 06:23,45 (01:26,66)				
8.	Mika Knoche	2011	SV Plettenberg 1951 e.V.	06:35,77	233
	100m: 01:32,99 (01:32,99) 200m: 03:15,18 (01:42,19) 300m: 05:06,05 (01:50,87) 400m: 06:35,77 (01:29,72)				
9.	Joshua Mohan Virus	2011	SV Blau-Weiß Bochum	06:40,40	225
	100m: 01:36,15 (01:36,15) 200m: 03:18,32 (01:42,17) 300m: 05:08,21 (01:49,89) 400m: 06:40,40 (01:32,19)				
	<u>disqualifiziert</u>				
	Emil Schlegel	2011	SG Dortmund		EnM
	Der Sportler schlug bei der 4. Wende nicht nach den Bestimmungen der Schwimmart an, mit der die Bahn begonnen wurde. Uhrzeit der Bekanntgabe: 11:28				
	<u>abgemeldet</u>				
	Thilo Rehrmann	2011	SV Blau-Weiß Bochum		

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälischer Jahrgangsmeister					
	Nils Woddow	2010	SG Ruhr	05:12,62	474
	100m: 01:09,59 (01:09,59) 200m: 02:29,76 (01:20,17) 300m: 04:03,94 (01:34,18) 400m: 05:12,62 (01:08,68)				
2.	Linus Wiemann	2010	SV Blau-Weiß Bochum	05:30,71	400
	100m: 01:11,35 (01:11,35) 200m: 02:39,63 (01:28,28) 300m: 04:17,88 (01:38,25) 400m: 05:30,71 (01:12,83)				

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
3.	Mark Nodelman 100m: 01:21,64 (01:21,64) 200m: 02:45,79 (01:24,15) 300m: 04:26,09 (01:40,30) 400m: 05:40,04 (01:13,95)	2010	SG Ruhr	05:40,04	368
4.	Fynn Krieg 100m: 01:17,25 (01:17,25) 200m: 02:48,79 (01:31,54) 300m: 04:27,25 (01:38,46) 400m: 05:40,21 (01:12,96)	2010	SG Ruhr	05:40,21	368
5.	David Metzger 100m: 01:17,65 (01:17,65) 200m: 02:51,00 (01:33,35) 300m: 04:28,25 (01:37,25) 400m: 05:44,28 (01:16,03)	2010	VfL Kemminghausen	05:44,28	355
6.	Leo Schaaf 100m: 01:25,61 (01:25,61) 200m: 02:58,95 (01:33,34) 300m: 04:29,33 (01:30,38) 400m: 05:44,59 (01:15,26)	2010	SG Ruhr	05:44,59	354
7.	Adrian Gusseva 100m: 01:17,27 (01:17,27) 200m: 02:52,59 (01:35,32) 300m: 04:28,26 (01:35,67) 400m: 05:48,38 (01:20,12)	2010	Sport Union Annen	05:48,38	342
8.	Robert Siedhoff 100m: 01:19,65 (01:19,65) 200m: 02:51,51 (01:31,86) 300m: 04:33,48 (01:41,97) 400m: 05:58,39 (01:24,91)	2010	TuS Sundern	05:58,39	314
9.	Ergin Yilmaz 100m: 01:25,84 (01:25,84) 200m: 03:05,36 (01:39,52) 300m: 04:48,81 (01:43,45) 400m: 06:09,69 (01:20,88)	2010	SSC Hörde 54/58 e.V.	06:09,69	286
10.	Justus Garn 100m: 01:29,27 (01:29,27) 200m: 03:03,17 (01:33,90) 300m: 04:56,68 (01:53,51) 400m: 06:14,72 (01:18,04)	2010	SG Lünen	06:14,72	275
11.	Noah Hille 100m: 01:30,63 (01:30,63) 200m: 03:03,80 (01:33,17) 300m: 04:53,63 (01:49,83) 400m: 06:15,74 (01:22,11)	2010	SV Wasserfreunde Soest e.V. 1913	06:15,74	273
12.	Phil Biskup 100m: 01:37,74 (01:37,74) 200m: 03:13,26 (01:35,52) 300m: 04:59,89 (01:46,63) 400m: 06:23,99 (01:24,10)	2010	SV Blau-Weiß Bochum	06:23,99	256
	nicht am Start				
	Dmitrii Stetsenko	2010	SV Blau-Weiß Bochum		EnM
	abgemeldet				
	Bastian Schmittinger	2010	SV Blau-Weiß Bochum		

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälischer Jahrgangsmeister					
	Daniel Dreßel 100m: 01:08,45 (01:08,45) 200m: 02:31,34 (01:22,89) 300m: 04:11,97 (01:40,63) 400m: 05:22,90 (01:10,93)	2009	SG Ruhr	05:22,90	430
2.	Paul Juri Burow 100m: 01:18,25 (01:18,25) 200m: 02:38,65 (01:20,40) 300m: 04:11,44 (01:32,79) 400m: 05:24,77 (01:13,33)	2009	SG Ruhr	05:24,77	423
3.	Linus Oskar Sotke 100m: 01:09,99 (01:09,99) 200m: 02:42,97 (01:32,98) 300m: 04:15,69 (01:32,72) 400m: 05:29,38 (01:13,69)	2009	SG Ruhr	05:29,38	405
4.	Frederik Klump 100m: 01:15,99 (01:15,99) 200m: 02:40,83 (01:24,84) 300m: 04:17,10 (01:36,27) 400m: 05:30,00 (01:12,90)	2009	SG Siegen	05:30,00	403

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
5.	Marc Piechura	2009	SV Blau-Weiß Bochum	05:42,74	360	
	100m: 01:19,72 (01:19,72) 200m: 02:52,32 (01:32,60) 300m: 04:26,19 (01:33,87)					
	400m: 05:42,74 (01:16,55)					
6.	Jan Unterste	2009	SG Dortmund	05:46,97	347	
	100m: 01:17,89 (01:17,89) 200m: 02:49,68 (01:31,79) 300m: 04:32,39 (01:42,71)					
	400m: 05:46,97 (01:14,58)					
7.	Noah Johannknecht	2009	SV Blau-Weiß Bochum	05:50,13	337	
	100m: 01:20,45 (01:20,45) 200m: 02:47,96 (01:27,51) 300m: 04:33,16 (01:45,20)					
	400m: 05:50,13 (01:16,97)					
8.	Lennie Gerke	2009	TuS Sundern	05:50,40	336	
	100m: 01:17,52 (01:17,52) 200m: 02:52,50 (01:34,98) 300m: 04:34,10 (01:41,60)					
	400m: 05:50,40 (01:16,30)					
9.	Mattis Richter	2009	SG Lünen	06:01,20	307	
	100m: 01:29,66 (01:29,66) 200m: 02:58,81 (01:29,15) 300m: 04:41,48 (01:42,67)					
	400m: 06:01,20 (01:19,72)					
10.	Lukas Weinert	2009	SG Siegen	06:01,22	307	
	100m: 01:18,29 (01:18,29) 200m: 02:52,27 (01:33,98) 300m: 04:45,29 (01:53,02)					
	400m: 06:01,22 (01:15,93)					
11.	Raik Kräuter	2009	SSC Hörde 54/58 e.V.	06:03,80	301	EnM
	100m: 01:29,20 (01:29,20) 200m: 03:07,02 (01:37,82) 300m: 04:47,05 (01:40,03)					
	400m: 06:03,80 (01:16,75)					

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Südwestfälischer Jahrgangsmeister						
	Aaron Pikowski	2008	SG Ruhr	05:10,49	484	
	100m: 01:07,74 (01:07,74) 200m: 02:29,03 (01:21,29) 300m: 03:58,78 (01:29,75)					
	400m: 05:10,49 (01:11,71)					
2.	Tristan Warnecke	2008	SG Ruhr	05:17,98	450	
	100m: 01:04,71 (01:04,71) 200m: 02:33,38 (01:28,67) 300m: 04:04,92 (01:31,54)					
	400m: 05:17,98 (01:13,06)					
3.	Jordan Kribber	2008	SG Siegen	05:20,49	440	
	100m: 01:11,24 (01:11,24) 200m: 02:35,10 (01:23,86) 300m: 04:11,37 (01:36,27)					
	400m: 05:20,49 (01:09,12)					
4.	Colin Warnecke	2008	SG Ruhr	05:22,81	430	
	100m: 01:10,98 (01:10,98) 200m: 02:38,31 (01:27,33) 300m: 04:05,99 (01:27,68)					
	400m: 05:22,81 (01:16,82)					
5.	Kelvin Witt	2008	SV Plettenberg 1951 e.V.	05:28,63	408	
	100m: 01:10,79 (01:10,79) 200m: 02:39,01 (01:28,22) 300m: 04:12,13 (01:33,12)					
	400m: 05:28,63 (01:16,50)					
6.	Christos Selkos	2008	SG Dortmund	05:48,28	343	
	100m: 01:11,89 (01:11,89) 200m: 02:43,06 (01:31,17) 300m: 04:22,09 (01:39,03)					
	400m: 05:48,28 (01:26,19)					
	<u>abgemeldet</u>					
	Elia Irle	2008	SG Siegen			
	Martin Dering	2008	Rote Erde/SWIM-TEAM TuS 1859 Hamm			

Jahrgang 2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Südwestfälischer Jahrgangsmeister						
	Maksym Len	2007	SG Dortmund	04:48,79	601	
	100m: 01:04,76 (01:04,76) 200m: 02:19,46 (01:14,70) 300m: 03:44,81 (01:25,35)					
	400m: 04:48,79 (01:03,98)					

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
2.	David Bauer 100m: 01:06,80 (01:06,80) 200m: 02:20,33 (01:13,53) 300m: 03:46,52 (01:26,19) 400m: 04:50,93 (01:04,41)	2007	SV Blau-Weiß Bochum	04:50,93	588	
3.	Eric Woddow 100m: 01:05,06 (01:05,06) 200m: 02:22,30 (01:17,24) 300m: 03:48,96 (01:26,66) 400m: 04:56,54 (01:07,58)	2007	SV Blau-Weiß Bochum	04:56,54	555	
4.	Linus Heierhoff 100m: 01:11,41 (01:11,41) 200m: 02:40,48 (01:29,07) 300m: 04:05,98 (01:25,50) 400m: 05:14,66 (01:08,68)	2007	SV Blau-Weiß Bochum	05:14,66	465	
5.	Lars Marius Kahl 100m: 01:10,91 (01:10,91) 200m: 02:33,36 (01:22,45) 300m: 04:06,22 (01:32,86) 400m: 05:17,88 (01:11,66)	2007	TuS Dortmund-Brackel	05:17,88	451	
6.	Falk Hermann 100m: 01:15,79 (01:15,79) 200m: 02:51,49 (01:35,70) 300m: 04:30,33 (01:38,84) 400m: 05:51,08 (01:20,75)	2007	SSC Hörde 54/58 e.V.	05:51,08	335	EnM
7.	Stipe Tarle 100m: 01:18,83 (01:18,83) 200m: 02:51,72 (01:32,89) 300m: 04:31,06 (01:39,34) 400m: 05:52,38 (01:21,32)	2007	SG Dortmund	05:52,38	331	EnM
8.	Deniz Arlt 100m: 01:15,97 (01:15,97) 200m: 03:01,19 (01:45,22) 300m: 04:51,54 (01:50,35) 400m: 06:20,53 (01:28,99)	2007	SG Wassersport Iserlohn	06:20,53	263	EnM

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Südwestfälischer Meister	Kevin Geiselhart 100m: 01:04,88 (01:04,88) 200m: 02:20,96 (01:16,08) 300m: 03:43,49 (01:22,53) 400m: 04:48,27 (01:04,78)	1992	SG Siegen	04:48,27	605	
2.	Maksym Len 100m: 01:04,76 (01:04,76) 200m: 02:19,46 (01:14,70) 300m: 03:44,81 (01:25,35) 400m: 04:48,79 (01:03,98)	2007	SG Dortmund	04:48,79	601	
3.	David Bauer 100m: 01:06,80 (01:06,80) 200m: 02:20,33 (01:13,53) 300m: 03:46,52 (01:26,19) 400m: 04:50,93 (01:04,41)	2007	SV Blau-Weiß Bochum	04:50,93	588	
4.	Eric Woddow 100m: 01:05,06 (01:05,06) 200m: 02:22,30 (01:17,24) 300m: 03:48,96 (01:26,66) 400m: 04:56,54 (01:07,58)	2007	SV Blau-Weiß Bochum	04:56,54	555	
5.	Till Gießmann 100m: 01:05,86 (01:05,86) 200m: 02:26,17 (01:20,31) 300m: 03:56,24 (01:30,07) 400m: 05:07,62 (01:11,38)	2006	SG Dortmund	05:07,62	498	
6.	Aaron Pikowski 100m: 01:07,74 (01:07,74) 200m: 02:29,03 (01:21,29) 300m: 03:58,78 (01:29,75) 400m: 05:10,49 (01:11,71)	2008	SG Ruhr	05:10,49	484	
7.	Nils Woddow 100m: 01:09,59 (01:09,59) 200m: 02:29,76 (01:20,17) 300m: 04:03,94 (01:34,18) 400m: 05:12,62 (01:08,68)	2010	SG Ruhr	05:12,62	474	
8.	Linus Heierhoff 100m: 01:11,41 (01:11,41) 200m: 02:40,48 (01:29,07) 300m: 04:05,98 (01:25,50) 400m: 05:14,66 (01:08,68)	2007	SV Blau-Weiß Bochum	05:14,66	465	
9.	Lars Marius Kahl 100m: 01:10,91 (01:10,91) 200m: 02:33,36 (01:22,45) 300m: 04:06,22 (01:32,86) 400m: 05:17,88 (01:11,66)	2007	TuS Dortmund-Brackel	05:17,88	451	

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
10.	Tristan Warnecke 100m: 01:04,71 (01:04,71) 200m: 02:33,38 (01:28,67) 300m: 04:04,92 (01:31,54) 400m: 05:17,98 (01:13,06)	2008	SG Ruhr	05:17,98	450
11.	Jordan Kribber 100m: 01:11,24 (01:11,24) 200m: 02:35,10 (01:23,86) 300m: 04:11,37 (01:36,27) 400m: 05:20,49 (01:09,12)	2008	SG Siegen	05:20,49	440
12.	Colin Warnecke 100m: 01:10,98 (01:10,98) 200m: 02:38,31 (01:27,33) 300m: 04:05,99 (01:27,68) 400m: 05:22,81 (01:16,82)	2008	SG Ruhr	05:22,81	430
13.	Daniel Dreßel 100m: 01:08,45 (01:08,45) 200m: 02:31,34 (01:22,89) 300m: 04:11,97 (01:40,63) 400m: 05:22,90 (01:10,93)	2009	SG Ruhr	05:22,90	430
14.	Paul Juri Burow 100m: 01:18,25 (01:18,25) 200m: 02:38,65 (01:20,40) 300m: 04:11,44 (01:32,79) 400m: 05:24,77 (01:13,33)	2009	SG Ruhr	05:24,77	423
15.	Kelvin Witt 100m: 01:10,79 (01:10,79) 200m: 02:39,01 (01:28,22) 300m: 04:12,13 (01:33,12) 400m: 05:28,63 (01:16,50)	2008	SV Plettenberg 1951 e.V.	05:28,63	408
16.	Linus Oskar Sotke 100m: 01:09,99 (01:09,99) 200m: 02:42,97 (01:32,98) 300m: 04:15,69 (01:32,72) 400m: 05:29,38 (01:13,69)	2009	SG Ruhr	05:29,38	405
17.	Frederik Klump 100m: 01:15,99 (01:15,99) 200m: 02:40,83 (01:24,84) 300m: 04:17,10 (01:36,27) 400m: 05:30,00 (01:12,90)	2009	SG Siegen	05:30,00	403
18.	Linus Wiemann 100m: 01:11,35 (01:11,35) 200m: 02:39,63 (01:28,28) 300m: 04:17,88 (01:38,25) 400m: 05:30,71 (01:12,83)	2010	SV Blau-Weiß Bochum	05:30,71	400
19.	Mark Nodelman 100m: 01:21,64 (01:21,64) 200m: 02:45,79 (01:24,15) 300m: 04:26,09 (01:40,30) 400m: 05:40,04 (01:13,95)	2010	SG Ruhr	05:40,04	368
20.	Fynn Krieg 100m: 01:17,25 (01:17,25) 200m: 02:48,79 (01:31,54) 300m: 04:27,25 (01:38,46) 400m: 05:40,21 (01:12,96)	2010	SG Ruhr	05:40,21	368
21.	Marc Piechura 100m: 01:19,72 (01:19,72) 200m: 02:52,32 (01:32,60) 300m: 04:26,19 (01:33,87) 400m: 05:42,74 (01:16,55)	2009	SV Blau-Weiß Bochum	05:42,74	360
22.	David Metzger 100m: 01:17,65 (01:17,65) 200m: 02:51,00 (01:33,35) 300m: 04:28,25 (01:37,25) 400m: 05:44,28 (01:16,03)	2010	VfL Kemminghausen	05:44,28	355
22.	Johann Schwager 100m: 01:21,34 (01:21,34) 200m: 02:48,30 (01:26,96) 300m: 04:26,72 (01:38,42) 400m: 05:44,28 (01:17,56)	2011	SG Dortmund	05:44,28	355
24.	Leo Schaaf 100m: 01:25,61 (01:25,61) 200m: 02:58,95 (01:33,34) 300m: 04:29,33 (01:30,38) 400m: 05:44,59 (01:15,26)	2010	SG Ruhr	05:44,59	354
25.	Jan Unterste 100m: 01:17,89 (01:17,89) 200m: 02:49,68 (01:31,79) 300m: 04:32,39 (01:42,71) 400m: 05:46,97 (01:14,58)	2009	SG Dortmund	05:46,97	347
26.	Christos Selkos 100m: 01:11,89 (01:11,89) 200m: 02:43,06 (01:31,17) 300m: 04:22,09 (01:39,03) 400m: 05:48,28 (01:26,19)	2008	SG Dortmund	05:48,28	343
27.	Adrian Gusseva 100m: 01:17,27 (01:17,27) 200m: 02:52,59 (01:35,32) 300m: 04:28,26 (01:35,67) 400m: 05:48,38 (01:20,12)	2010	Sport Union Annen	05:48,38	342

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
28.	Noah Johannknecht 100m: 01:20,45 (01:20,45) 200m: 02:47,96 (01:27,51) 300m: 04:33,16 (01:45,20) 400m: 05:50,13 (01:16,97)	2009	SV Blau-Weiß Bochum	05:50,13	337	
29.	Lennie Gerke 100m: 01:17,52 (01:17,52) 200m: 02:52,50 (01:34,98) 300m: 04:34,10 (01:41,60) 400m: 05:50,40 (01:16,30)	2009	TuS Sundern	05:50,40	336	
30.	Falk Hermann 100m: 01:15,79 (01:15,79) 200m: 02:51,49 (01:35,70) 300m: 04:30,33 (01:38,84) 400m: 05:51,08 (01:20,75)	2007	SSC Hörde 54/58 e.V.	05:51,08	335	EnM
31.	Stipe Tarle 100m: 01:18,83 (01:18,83) 200m: 02:51,72 (01:32,89) 300m: 04:31,06 (01:39,34) 400m: 05:52,38 (01:21,32)	2007	SG Dortmund	05:52,38	331	EnM
32.	Robert Siedhoff 100m: 01:19,65 (01:19,65) 200m: 02:51,51 (01:31,86) 300m: 04:33,48 (01:41,97) 400m: 05:58,39 (01:24,91)	2010	TuS Sundern	05:58,39	314	
33.	Mattis Richter 100m: 01:29,66 (01:29,66) 200m: 02:58,81 (01:29,15) 300m: 04:41,48 (01:42,67) 400m: 06:01,20 (01:19,72)	2009	SG Lünen	06:01,20	307	
34.	Lukas Weinert 100m: 01:18,29 (01:18,29) 200m: 02:52,27 (01:33,98) 300m: 04:45,29 (01:53,02) 400m: 06:01,22 (01:15,93)	2009	SG Siegen	06:01,22	307	
35.	Julian Schulz 100m: 01:29,02 (01:29,02) 200m: 02:58,40 (01:29,38) 300m: 04:46,60 (01:48,20) 400m: 06:02,50 (01:15,90)	2011	SV Blau-Weiß Bochum	06:02,50	304	
36.	Raik Kräuter 100m: 01:29,20 (01:29,20) 200m: 03:07,02 (01:37,82) 300m: 04:47,05 (01:40,03) 400m: 06:03,80 (01:16,75)	2009	SSC Hörde 54/58 e.V.	06:03,80	301	EnM
37.	Emil Schultebraucks 100m: 01:29,53 (01:29,53) 200m: 03:03,87 (01:34,34) 300m: 04:50,64 (01:46,77) 400m: 06:09,08 (01:18,44)	2011	TuS Dortmund-Brackel	06:09,08	288	
38.	Ergin Yilmaz 100m: 01:25,84 (01:25,84) 200m: 03:05,36 (01:39,52) 300m: 04:48,81 (01:43,45) 400m: 06:09,69 (01:20,88)	2010	SSC Hörde 54/58 e.V.	06:09,69	286	
39.	Jakob Schäfer 100m: 01:26,34 (01:26,34) 200m: 02:56,89 (01:30,55) 300m: 04:46,70 (01:49,81) 400m: 06:10,01 (01:23,31)	2011	SG Dortmund	06:10,01	286	
40.	Franz Schäfer 100m: 01:32,04 (01:32,04) 200m: 03:07,78 (01:35,74) 300m: 04:54,26 (01:46,48) 400m: 06:14,39 (01:20,13)	2011	SG Dortmund	06:14,39	276	
41.	Justus Garn 100m: 01:29,27 (01:29,27) 200m: 03:03,17 (01:33,90) 300m: 04:56,68 (01:53,51) 400m: 06:14,72 (01:18,04)	2010	SG Lünen	06:14,72	275	
42.	Xavier Tjiawi 100m: 01:36,18 (01:36,18) 200m: 03:16,54 (01:40,36) 300m: 04:54,95 (01:38,41) 400m: 06:15,30 (01:20,35)	2011	Sport Union Annen	06:15,30	274	
43.	Noah Hille 100m: 01:30,63 (01:30,63) 200m: 03:03,80 (01:33,17) 300m: 04:53,63 (01:49,83) 400m: 06:15,74 (01:22,11)	2010	SV Wasserfreunde Soest e.V. 1913	06:15,74	273	
44.	Deniz Arlt 100m: 01:15,97 (01:15,97) 200m: 03:01,19 (01:45,22) 300m: 04:51,54 (01:50,35) 400m: 06:20,53 (01:28,99)	2007	SG Wassersport Iserlohn	06:20,53	263	EnM
45.	Jonah Welnic 100m: 01:35,15 (01:35,15) 200m: 03:05,17 (01:30,02) 300m: 04:56,79 (01:51,62) 400m: 06:23,45 (01:26,66)	2011	SG Ruhr	06:23,45	257	

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
46.	Phil Biskup 100m: 01:37,74 (01:37,74) 200m: 03:13,26 (01:35,52) 300m: 04:59,89 (01:46,63) 400m: 06:23,99 (01:24,10)	2010	SV Blau-Weiß Bochum	06:23,99	256
47.	Mika Knoche 100m: 01:32,99 (01:32,99) 200m: 03:15,18 (01:42,19) 300m: 05:06,05 (01:50,87) 400m: 06:35,77 (01:29,72)	2011	SV Plettenberg 1951 e.V.	06:35,77	233
48.	Joshua Mohan Virus 100m: 01:36,15 (01:36,15) 200m: 03:18,32 (01:42,17) 300m: 05:08,21 (01:49,89) 400m: 06:40,40 (01:32,19)	2011	SV Blau-Weiß Bochum	06:40,40	225
<u>abgemeldet</u>					
	Maurice Wetekam	2006	SG Dortmund		
	Tom Dornfeld	2006	SG Dortmund		

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Wettkampf 101 - 100m Schmetterling weiblich - SMK

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	<u>abgemeldet</u>				
	Alina Weingard	2014	SG Dortmund		

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Wettkampf 102 - 200m Schmetterling weiblich - SMK

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Mathilde Schulte-Steinberg	2013	SSC Hörde 54/58 e.V.	03:47,19	154
100m: 01:44,62 (01:44,62) 200m: 03:47,19 (02:02,57)					

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Karolin Kramer	2012	SG Siegen	03:48,34	151
100m: 01:43,92 (01:43,92) 200m: 03:48,34 (02:04,42)					

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Wettkampf 103 - 200m Rücken weiblich - SMK

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Nadine Lara Mahersi 100m: 01:30,77 (01:30,77) 200m: 03:08,67 (01:37,90)	2014	SG Dortmund	03:08,67	279
2.	Noemi Rossinelli 100m: 01:40,42 (01:40,42) 200m: 03:24,35 (01:43,93)	2014	SG Dortmund	03:24,35	219
3.	Anna Schellenbach 100m: 01:39,25 (01:39,25) 200m: 03:27,06 (01:47,81)	2014	SV Blau-Weiß Bochum	03:27,06	211
4.	Vivienne Tielmann 100m: 01:49,33 (01:49,33) 200m: 03:42,13 (01:52,80)	2014	SSC Hörde 54/58 e.V.	03:42,13	171

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Katharina Kohl 100m: 01:25,22 (01:25,22) 200m: 02:51,97 (01:26,75)	2013	SG Dortmund	02:51,97	369
2.	Ella Hartmann 100m: 01:23,49 (01:23,49) 200m: 02:52,44 (01:28,95)	2013	SG Dortmund	02:52,44	366
3.	Pia Luciana Solmecke 100m: 01:30,56 (01:30,56) 200m: 03:04,01 (01:33,45)	2013	SG Dortmund	03:04,01	301
4.	Lena Mallinkrodt 100m: 01:36,85 (01:36,85) 200m: 03:18,16 (01:41,31)	2013	SG Siegen	03:18,16	241
5.	Sarah Großpietsch 100m: 01:47,62 (01:47,62) 200m: 03:35,91 (01:48,29)	2013	Wfr. TuRa Bergkamen	03:35,91	186
	<u>abgemeldet</u> Anna-Lena Treue	2013	SSC Hörde 54/58 e.V.		

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Nike Diehl 100m: 01:26,97 (01:26,97) 200m: 02:59,29 (01:32,32)	2012	SG Dortmund-Süd 1983	02:59,29	325
2.	Emma Klömpken 100m: 01:27,34 (01:27,34) 200m: 03:02,10 (01:34,76)	2012	SG Lünen	03:02,10	310
3.	Angelina Below 100m: 01:30,94 (01:30,94) 200m: 03:05,63 (01:34,69)	2012	Teutonia Lippstadt	03:05,63	293
4.	Lilly Hass 100m: 01:33,44 (01:33,44) 200m: 03:14,52 (01:41,08)	2012	Wassersportverein Herringen 1929 e.V.	03:14,52	254
5.	Emma Polok 100m: 01:39,69 (01:39,69) 200m: 03:25,88 (01:46,19)	2012	SG Dortmund	03:25,88	215

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Wettkampf 104 - 200m Brust weiblich - SMK

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Thea Herrmann	2014	SSC Hörde 54/58 e.V.	03:36,80	263
	100m: 01:44,50 (01:44,50) 200m: 03:36,80 (01:52,30)				
2.	Melina Peikert	2014	SG Ruhr	03:48,88	223
	100m: 01:49,66 (01:49,66) 200m: 03:48,88 (01:59,22)				
3.	Ida Helene Sobek	2014	SV Blau-Weiß Bochum	03:58,61	197
	100m: 01:55,65 (01:55,65) 200m: 03:58,61 (02:02,96)				
4.	Marlene Sophie Horn	2014	SSC Hörde 54/58 e.V.	04:30,95	134
	100m: 02:10,30 (02:10,30) 200m: 04:30,95 (02:20,65)				
	abgemeldet				
	Perla Ankhiluun Batbayar	2014	SG Dortmund		
	Sofiia Tsap	2014	SG Dortmund		

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Laura Dück	2013	SG Dortmund	03:23,21	319
	100m: 01:37,83 (01:37,83) 200m: 03:23,21 (01:45,38)				
2.	Pia Tempelhoff	2013	SSC Hörde 54/58 e.V.	03:26,61	304
	100m: 01:37,49 (01:37,49) 200m: 03:26,61 (01:49,12)				
3.	Mia-Luise Köhling	2013	SV Blau-Weiß Bochum	03:27,01	302
	100m: 01:39,80 (01:39,80) 200m: 03:27,01 (01:47,21)				
4.	Emily Marie Dietz	2013	SV Blau-Weiß Bochum	03:46,70	230
	100m: 01:49,59 (01:49,59) 200m: 03:46,70 (01:57,11)				
	abgemeldet				
	Carlotta Schulze	2013	SG Lünen		
	Christin Zuber	2013	SG Dortmund		
	Jette Disterheft	2013	SG Ruhr		

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Mia Radloff	2012	SG Dortmund	03:02,16	443
	100m: 01:28,33 (01:28,33) 200m: 03:02,16 (01:33,83)				
2.	Tineke Meese	2012	Rote Erde/SWIM-TEAM TuS 1859 Hamm	03:21,57	327
	100m: 01:39,54 (01:39,54) 200m: 03:21,57 (01:42,03)				
3.	Elea Stute	2012	TuS Sundern	03:22,96	320
	100m: 01:38,52 (01:38,52) 200m: 03:22,96 (01:44,44)				
4.	Federica Bartmann	2012	SG Wassersport Iserlohn	03:25,58	308
	100m: 01:41,44 (01:41,44) 200m: 03:25,58 (01:44,14)				
5.	Lena Schlüter	2012	SG Lünen	03:38,42	257
	100m: 01:46,05 (01:46,05) 200m: 03:38,42 (01:52,37)				
6.	Clara Schlabach	2012	SG Siegen	03:38,55	256
	100m: 01:45,98 (01:45,98) 200m: 03:38,55 (01:52,57)				
7.	Miriam Malcharek	2012	Teutonia Lippstadt	03:47,93	226
	100m: 01:49,60 (01:49,60) 200m: 03:47,93 (01:58,33)				
8.	Amelie Riepe	2012	SG Lünen	04:02,53	188
	100m: 01:56,15 (01:56,15) 200m: 04:02,53 (02:06,38)				

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vom 17.02.2024 bis 18.02.2024 | Südbad Dortmund

Veranstalter: Schwimm-Verband Südwestfalen e.V. | Ausrichter: Kreisverband Schwimmen Dortmund e.V.

Wettkampf 105 - 200m Freistil weiblich - SMK

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Lilly Rataj	2014	SSC Hörde 54/58 e.V.	03:05,76	224
	100m: 01:28,20 (01:28,20) 200m: 03:05,76 (01:37,56)				
2.	Romy Hoffmann	2014	SG Dortmund	03:07,83	217
	100m: 01:29,74 (01:29,74) 200m: 03:07,83 (01:38,09)				
3.	Filippa Meese	2014	Rote Erde/SWIM-TEAM TuS 1859 Hamm	03:11,13	206
	100m: 01:32,58 (01:32,58) 200m: 03:11,13 (01:38,55)				
4.	Luisa Schütte	2014	SG Dortmund	03:15,69	192
	100m: 01:31,34 (01:31,34) 200m: 03:15,69 (01:44,35)				
5.	Luna Amelie Gratzel	2014	SG Dortmund	03:17,33	187
	100m: 01:37,73 (01:37,73) 200m: 03:17,33 (01:39,60)				
6.	Frida Neumann	2014	SG Lünen	03:39,48	136
	100m: 01:43,19 (01:43,19) 200m: 03:39,48 (01:56,29)				
	<u>abgemeldet</u>				
	Hanna Hausberg	2014	VfL Kemminghausen		
	Nele Hesse	2014	SG Dortmund		

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Riva Franke	2013	SG Dortmund	02:42,48	336
	100m: 01:19,37 (01:19,37) 200m: 02:42,48 (01:23,11)				
2.	Sofia Grieser	2013	SV Westfalen Hagen	02:49,61	295
	100m: 01:21,33 (01:21,33) 200m: 02:49,61 (01:28,28)				
3.	Merle Racherbäumer	2013	SV Blau-Weiß Bochum	03:01,84	239
	100m: 01:28,53 (01:28,53) 200m: 03:01,84 (01:33,31)				
4.	Lina Kölpin	2013	SG Ruhr	03:01,98	239
	100m: 01:28,26 (01:28,26) 200m: 03:01,98 (01:33,72)				
5.	Felia Jordan	2013	SSC Hörde 54/58 e.V.	03:23,86	170
	100m: 01:38,47 (01:38,47) 200m: 03:23,86 (01:45,39)				
	<u>abgemeldet</u>				
	Emilia Klaus	2013	SG Dortmund		

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Mira Ohrt	2012	SG Ruhr	02:44,01	326
	100m: 01:18,89 (01:18,89) 200m: 02:44,01 (01:25,12)				
2.	Katarina Flömer	2012	SG Dortmund	02:45,75	316
	100m: 01:17,07 (01:17,07) 200m: 02:45,75 (01:28,68)				
3.	Mouna El Khafifi	2012	SG Dortmund	02:47,72	305
	100m: 01:16,57 (01:16,57) 200m: 02:47,72 (01:31,15)				
4.	Emma Bernard	2012	SG Wassersport Iserlohn	02:49,51	296
	100m: 01:24,27 (01:24,27) 200m: 02:49,51 (01:25,24)				
5.	Clara Spannagel	2012	SV Westfalen Hagen	02:50,88	289
	100m: 01:20,37 (01:20,37) 200m: 02:50,88 (01:30,51)				
	<u>disqualifiziert</u>				
	Anni Schulte	2012	SG Lünen		
	Die Sportlerin startete vor dem Startsignal. Uhrzeit der Bekanntgabe: 12:19				

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Wettkampf 106 - 100m Schmetterling männlich - SMK

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	David Joel Angermaier	2014	SG Ruhr	01:53,79	82
2.	Tom Erler	2014	Waspo Blau Gelb Delphin	01:54,44	80
3.	Luca Steiner	2014	SSC Hörde 54/58 e.V.	01:57,11	75
4.	Hayden Schwarz	2014	Wassersportverein Herringen 1929 e.V.	02:04,71	62

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Wettkampf 107 - 200m Schmetterling männlich - SMK

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Philipp Klinkowski	2013	SG Dortmund	03:42,63	121
100m: 01:45,12 (01:45,12) 200m: 03:42,63 (01:57,51)					

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Lian Fynn Niehaus	2012	SV Blau-Weiß Bochum	03:09,53	197
100m: 01:30,57 (01:30,57) 200m: 03:09,53 (01:38,96)					
2.	Anno Hermann	2012	SSC Hörde 54/58 e.V.	03:56,63	101
100m: 01:48,99 (01:48,99) 200m: 03:56,63 (02:07,64)					

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Wettkampf 108 - 200m Rücken männlich - SMK

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Hannes Brennecke	2014	SG Dortmund	03:00,76	237
	100m: 01:30,47 (01:30,47) 200m: 03:00,76 (01:30,29)				
	<u>abgemeldet</u>				
	Erik Hugo Schubert	2014	SG Dortmund		

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Karl Luis Spriestersbach	2013	SG Dortmund	03:08,63	208
	100m: 01:34,14 (01:34,14) 200m: 03:08,63 (01:34,49)				
2.	Philipp ten Venne	2013	SSC Hörde 54/58 e.V.	03:44,12	124
	100m: 01:48,25 (01:48,25) 200m: 03:44,12 (01:55,87)				

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Paul Reuker	2012	SG Dortmund	02:54,02	266
	100m: 01:24,58 (01:24,58) 200m: 02:54,02 (01:29,44)				
2.	Ruben Sauer	2012	SV Blau-Weiß Bochum	03:04,36	223
	100m: 01:32,38 (01:32,38) 200m: 03:04,36 (01:31,98)				
3.	Mattis Junker	2012	SG Siegen	03:10,61	202
	100m: 01:34,87 (01:34,87) 200m: 03:10,61 (01:35,74)				
	<u>abgemeldet</u>				
	Jona Schallock	2012	SG Dortmund		

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Wettkampf 109 - 200m Brust männlich - SMK

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Nico Demes 100m: 01:47,84 (01:47,84) 200m: 03:43,51 (01:55,67)	2014	SG Ruhr	03:43,51	178
2.	Julius Göllner 100m: 01:52,06 (01:52,06) 200m: 03:54,41 (02:02,35)	2014	SV Blau-Weiß Bochum	03:54,41	155
3.	Philipp Haase 100m: 01:57,45 (01:57,45) 200m: 03:59,86 (02:02,41)	2014	SSC Hörde 54/58 e.V.	03:59,86	144
4.	Emil Kaesler 100m: 01:56,03 (01:56,03) 200m: 04:00,14 (02:04,11)	2014	SG Dortmund	04:00,14	144
<u>disqualifiziert</u>					
	Janne Weißert Der Sportler startete vor dem Startsignal. Uhrzeit der Bekanntgabe: 12:39	2014	SG Ruhr		
<u>abgemeldet</u>					
	Mats Henrik Jann	2014	TV Werne 03 Wasserfreunde		

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Daniel Ransch 100m: 01:44,65 (01:44,65) 200m: 03:32,33 (01:47,68)	2013	SG Ruhr	03:32,33	208
2.	Leon Reber 100m: 01:44,92 (01:44,92) 200m: 03:36,89 (01:51,97)	2013	SSC Hörde 54/58 e.V.	03:36,89	195
3.	Ben Grigoryan 100m: 01:52,77 (01:52,77) 200m: 03:53,21 (02:00,44)	2013	SG Ruhr	03:53,21	157

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Jan Dudek 100m: 01:27,86 (01:27,86) 200m: 03:01,76 (01:33,90)	2012	SG Dortmund	03:01,76	332
2.	Marcel Piskover 100m: 01:32,87 (01:32,87) 200m: 03:13,48 (01:40,61)	2012	SG Dortmund	03:13,48	275
3.	Falk Kaygusuz 100m: 01:37,71 (01:37,71) 200m: 03:19,68 (01:41,97)	2012	SV Blau-Weiß Bochum	03:19,68	250
4.	Nicolas Rainer Lange 100m: 01:40,99 (01:40,99) 200m: 03:28,33 (01:47,34)	2012	SV Blau-Weiß Bochum	03:28,33	220
5.	Jakob Laurin Erbeskern 100m: 01:46,12 (01:46,12) 200m: 03:32,66 (01:46,54)	2012	SV Blau-Weiß Bochum	03:32,66	207
6.	Julian Bohle 100m: 01:45,82 (01:45,82) 200m: 03:37,09 (01:51,27)	2012	SG Dortmund	03:37,09	195
7.	Mika Lüttenberg 100m: 01:43,74 (01:43,74) 200m: 03:37,89 (01:54,15)	2012	Waspo Blau Gelb Delphin	03:37,89	193

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Wettkampf 110 - 200m Freistil männlich - SMK

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Leon Putina 100m: 01:21,20 (01:21,20) 200m: 02:47,30 (01:26,10)	2014	SG Dortmund	02:47,30	226
2.	Alexander Bonefeld 100m: 01:27,19 (01:27,19) 200m: 03:01,65 (01:34,46)	2014	SV Blau-Weiß Bochum	03:01,65	177
3.	Philipp Gorr 100m: 01:30,97 (01:30,97) 200m: 03:05,57 (01:34,60)	2014	SG Dortmund	03:05,57	166
4.	Jurij Georg Friesen 100m: 01:47,46 (01:47,46) 200m: 03:46,88 (01:59,42)	2014	SG Dortmund	03:46,88	90
<u>nicht am Start</u>					
	Anton Bastek	2014	SV Blau-Weiß Bochum		

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Maximilian Radloff 100m: 01:21,65 (01:21,65) 200m: 02:49,60 (01:27,95)	2013	SG Dortmund	02:49,60	217
2.	Adelio Fischer 100m: 01:24,71 (01:24,71) 200m: 03:01,09 (01:36,38)	2013	SG Lünen	03:01,09	178
3.	Paul-Luca Nienaber 100m: 01:25,33 (01:25,33) 200m: 03:01,87 (01:36,54)	2013	TV Werne 03 Wasserfreunde	03:01,87	176
4.	Elias Braunke 100m: 01:25,75 (01:25,75) 200m: 03:03,48 (01:37,73)	2013	SSC Hörde 54/58 e.V.	03:03,48	171
5.	Henri Faber 100m: 01:30,85 (01:30,85) 200m: 03:05,38 (01:34,53)	2013	TuS Dortmund-Brackel	03:05,38	166
6.	Malte Weinert 100m: 01:30,66 (01:30,66) 200m: 03:09,54 (01:38,88)	2013	SG Siegen	03:09,54	155
<u>abgemeldet</u>					
	Yue Gao	2013	SG Dortmund		

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Noah Masiello 100m: 01:12,83 (01:12,83) 200m: 02:28,92 (01:16,09)	2012	SG Wassersport Iserlohn	02:28,92	321
2.	Kenzo Enguun Batbayar 100m: 01:16,98 (01:16,98) 200m: 02:38,03 (01:21,05)	2012	SG Dortmund	02:38,03	268
3.	Pascal Reimann 100m: 01:17,24 (01:17,24) 200m: 02:41,02 (01:23,78)	2012	SG Dortmund	02:41,02	254
4.	Max Simon 100m: 01:16,81 (01:16,81) 200m: 02:44,47 (01:27,66)	2012	Wfr. TuRa Bergkamen	02:44,47	238
5.	Tim Burckhardt 100m: 01:20,64 (01:20,64) 200m: 02:48,16 (01:27,52)	2012	SSC Hörde 54/58 e.V.	02:48,16	223
6.	Hannes Hugo Neumann 100m: 01:27,11 (01:27,11) 200m: 02:57,65 (01:30,54)	2012	SG Lünen	02:57,65	189
<u>abgemeldet</u>					
	Raphael Zuber	2012	SG Dortmund		

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Wettkampf 3 - 400m Freistil weiblich - Masters

AK 60

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Maters-Meisterin	Pamela Glagow	1962/AK 60	Wfr. Gevelsberg	06:49,05	193
	100m: 01:28,79 (01:28,79) 200m: 03:10,80 (01:42,01) 300m: 05:00,29 (01:49,49)				
	400m: 06:49,05 (01:48,76)				

AK 55

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Maters-Meisterin	Verena Haselhoff	1966/AK 55	SSV Meschede	05:15,53	420
	100m: 01:12,27 (01:12,27) 200m: 02:32,84 (01:20,57) 300m: 03:55,40 (01:22,56)				
	400m: 05:15,53 (01:20,13)				
2.	Teodora König	1966/AK 55	SC Gut Naß Altena	06:09,95	260
	100m: 01:25,95 (01:25,95) 200m: 02:59,63 (01:33,68) 300m: 04:35,70 (01:36,07)				
	400m: 06:09,95 (01:34,25)				
3.	Susanne Fischer	1967/AK 55	SV Hagen 1894	06:20,10	240
	100m: 01:25,84 (01:25,84) 200m: 03:02,63 (01:36,79) 300m: 04:42,79 (01:40,16)				
	400m: 06:20,10 (01:37,31)				

AK 45

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Maters-Meisterin	Daniela Brand	1978/AK 45	SV Hagen 1894	05:58,32	287
	100m: 01:19,42 (01:19,42) 200m: 02:49,97 (01:30,55) 300m: 04:23,67 (01:33,70)				
	400m: 05:58,32 (01:34,65)				

AK 40

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Maters-Meisterin	Stefanie Tiedtke	1983/AK 40	SG Lünen	06:03,21	275
	100m: 01:20,89 (01:20,89) 200m: 02:53,93 (01:33,04) 300m: 04:29,68 (01:35,75)				
	400m: 06:03,21 (01:33,53)				

AK 30

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Maters-Meisterin	Jennifer Thater	1990/AK 30	SG Dortmund	04:40,21	600
	100m: 01:05,33 (01:05,33) 200m: 02:16,73 (01:11,40) 300m: 03:29,85 (01:13,12)				
	400m: 04:40,21 (01:10,36)				
2.	Pia Freitag	1994/AK 30	TuS Sundern	05:24,51	386
	100m: 01:18,42 (01:18,42) 200m: 02:41,02 (01:22,60) 300m: 04:03,05 (01:22,03)				
	400m: 05:24,51 (01:21,46)				
3.	Vanessa Dierks	1993/AK 30	Wassersportverein Herringen 1929 e.V.	06:09,78	261
	100m: 01:23,12 (01:23,12) 200m: 03:00,28 (01:37,16) 300m: 04:38,40 (01:38,12)				
	400m: 06:09,78 (01:31,38)				

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AK 25

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Maters-Meisterin	Ayleen Kramer	1999/AK 25	SV Hagen 1894	04:42,61	585
	100m: 01:06,64 (01:06,64) 200m: 02:18,74 (01:12,10) 300m: 03:31,33 (01:12,59) 400m: 04:42,61 (01:11,28)				
2.	Dorothee Lankers	1995/AK 25	Wassersportverein Herringen 1929 e.V.	05:29,01	370
	100m: 01:14,34 (01:14,34) 200m: 02:38,71 (01:24,37) 300m: 04:04,82 (01:26,11) 400m: 05:29,01 (01:24,19)				
3.	Nele Pommerening	1998/AK 25	ATV 1878 Dorstfeld	06:05,05	271
	100m: 01:19,78 (01:19,78) 200m: 02:53,25 (01:33,47) 300m: 04:29,54 (01:36,29) 400m: 06:05,05 (01:35,51)				

AK 20

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Maters-Meisterin	Lea Walter	2004/AK 20	SG Siegen	05:35,93	348
	100m: 01:17,11 (01:17,11) 200m: 02:42,58 (01:25,47) 300m: 04:10,61 (01:28,03) 400m: 05:35,93 (01:25,32)				
2.	Angelina Dzhumelya	2001/AK 20	SV Schwerte 06	05:56,94	290
	100m: 01:19,85 (01:19,85) 200m: 02:49,73 (01:29,88) 300m: 04:24,44 (01:34,71) 400m: 05:56,94 (01:32,50)				

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Wettkampf 4 - 400m Freistil männlich - Masters

AK 70

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälischer Masters-Meister	Lutz Wollny	1951/AK 70	Wassersportverein Herringen 1929 e.V.	06:43,45	162
	100m: 01:27,72 (01:27,72) 200m: 03:10,70 (01:42,98) 300m: 04:56,55 (01:45,85)				
	400m: 06:43,45 (01:46,90)				

AK 65

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälischer Masters-Meister	Friedrich Irlé	1957/AK 65	SC Wiking Herne 1921	06:59,17	144
	100m: 01:37,72 (01:37,72) 200m: 03:25,34 (01:47,62) 300m: 05:13,79 (01:48,45)				
	400m: 06:59,17 (01:45,38)				
	<u>abgemeldet</u>				
	Axel Vipotnik	1957/AK 65	Wassersportverein Herringen 1929 e.V.		

AK 60

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälischer Masters-Meister	Markus Reinhardt	1960/AK 60	SG Dortmund	05:06,14	371
	100m: 01:11,27 (01:11,27) 200m: 02:30,30 (01:19,03) 300m: 03:49,17 (01:18,87)				
	400m: 05:06,14 (01:16,97)				

AK 50

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälischer Masters-Meister	Norman Krell	1974/AK 50	SV Schwerte 06	07:17,59	127
	100m: 01:35,65 (01:35,65) 200m: 03:28,68 (01:53,03) 300m: 05:27,32 (01:58,64)				
	400m: 07:17,59 (01:50,27)				

AK 40

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälischer Masters-Meister	Thomas Linstadt	1983/AK 40	SG Wassersport Iserlohn	09:01,67	67
	100m: 01:40,28 (01:40,28) 200m: 03:56,78 (02:16,50) 300m: 06:27,71 (02:30,93)				
	400m: 09:01,67 (02:33,96)				

AK 35

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälischer Masters-Meister	Sebastian Greiffer	1988/AK 35	TV Grüne Linde 1901	04:57,91	403
	100m: 01:07,16 (01:07,16) 200m: 02:23,35 (01:16,19) 300m: 03:40,85 (01:17,50)				
	400m: 04:57,91 (01:17,06)				

AK 20

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälischer Masters-Meister	Jan Lukas Schmidt	2003/AK 20	SV Plettenberg 1951 e.V.	05:13,87	344
	100m: 01:09,98 (01:09,98) 200m: 02:29,90 (01:19,92) 300m: 03:52,54 (01:22,64)				
	400m: 05:13,87 (01:21,33)				

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
2.	Ben Jakob Pahs 100m: 01:15,77 (01:15,77) 200m: 02:41,28 (01:25,51) 300m: 04:09,05 (01:27,77) 400m: 05:33,16 (01:24,11)	2003/AK 20	Wfr. Gevelsberg	05:33,16	288
3.	Tim Detambel 100m: 01:24,17 (01:24,17) 200m: 02:59,84 (01:35,67) 300m: 04:35,70 (01:35,86) 400m: 06:05,12 (01:29,42)	2003/AK 20	SV Schwerte 06	06:05,12	218
4.	Joshua Wichmann 100m: 01:23,94 (01:23,94) 200m: 03:08,63 (01:44,69) 300m: 04:59,76 (01:51,13) 400m: 06:42,10 (01:42,34)	2004/AK 20	Wassersportverein Herringen 1929 e.V.	06:42,10	163

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Wettkampf 5 - 400m Freistil weiblich / SMK

Pflichtzeiten

Jg.2014: 07:45,00 Jg.2013: 07:15,00 Jg.2012: 07:02,00 Jg.2011: 06:25,00 Jg.2010: 05:56,00 Jg.2009: 05:48,00 Jg.2008: 05:40,00 Jg.2007: 05:38,00 Offen: 05:32,00

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Südwestfälische Jahrgangsmeisterin						
	Nadine Lara Mahersi	2014	SG Dortmund	06:12,36	255	
	100m: 01:26,67 (01:26,67) 200m: 03:01,99 (01:35,32) 300m: 04:38,81 (01:36,82)					
	400m: 06:12,36 (01:33,55)					
2.	Mia Schroller	2014	Wfr. Lüdenscheid	06:20,19	240	
	100m: 01:29,80 (01:29,80) 200m: 03:08,19 (01:38,39) 300m: 04:46,65 (01:38,46)					
	400m: 06:20,19 (01:33,54)					
3.	Anna Schellenbach	2014	SV Blau-Weiß Bochum	06:29,30	223	
	100m: 01:29,13 (01:29,13) 200m: 03:09,62 (01:40,49) 300m: 04:51,27 (01:41,65)					
	400m: 06:29,30 (01:38,03)					
4.	Romy Hoffmann	2014	SG Dortmund	06:38,59	208	
	100m: 01:33,32 (01:33,32) 200m: 03:17,78 (01:44,46) 300m: 05:00,32 (01:42,54)					
	400m: 06:38,59 (01:38,27)					
5.	Filippa Meese	2014	Rote Erde/SWIM-TEAM TuS 1859 Hamm	06:47,38	195	
	100m: 01:37,56 (01:37,56) 200m: 03:22,63 (01:45,07) 300m: 05:08,25 (01:45,62)					
	400m: 06:47,38 (01:39,13)					
6.	Lilly Rataj	2014	SSC Hörde 54/58 e.V.	06:48,33	194	
	100m: 01:34,96 (01:34,96) 200m: 03:24,30 (01:49,34) 300m: 05:11,49 (01:47,19)					
	400m: 06:48,33 (01:36,84)					
7.	Melina Peikert	2014	SG Ruhr	06:52,06	188	
	100m: 01:37,29 (01:37,29) 200m: 03:22,57 (01:45,28) 300m: 05:08,79 (01:46,22)					
	400m: 06:52,06 (01:43,27)					
8.	Luisa Schütte	2014	SG Dortmund	07:01,21	176	
	100m: 01:41,54 (01:41,54) 200m: 03:29,24 (01:47,70) 300m: 05:15,83 (01:46,59)					
	400m: 07:01,21 (01:45,38)					
9.	Ida Helene Sobek	2014	SV Blau-Weiß Bochum	07:02,67	174	
	100m: 01:40,38 (01:40,38) 200m: 03:29,43 (01:49,05) 300m: 05:16,66 (01:47,23)					
	400m: 07:02,67 (01:46,01)					
10.	Noemi Rossinelli	2014	SG Dortmund	07:08,03	168	
	100m: 01:39,28 (01:39,28) 200m: 03:29,24 (01:49,96) 300m: 05:20,93 (01:51,69)					
	400m: 07:08,03 (01:47,10)					
11.	Luna Amelie Gratzel	2014	SG Dortmund	07:10,18	165	
	100m: 01:41,07 (01:41,07) 200m: 03:33,99 (01:52,92) 300m: 05:26,08 (01:52,09)					
	400m: 07:10,18 (01:44,10)					
12.	Thea Herrmann	2014	SSC Hörde 54/58 e.V.	07:12,37	163	
	100m: 01:38,40 (01:38,40) 200m: 03:30,02 (01:51,62) 300m: 05:23,49 (01:53,47)					
	400m: 07:12,37 (01:48,88)					
13.	Vivienne Tielmann	2014	SSC Hörde 54/58 e.V.	07:36,51	138	
	100m: 01:45,69 (01:45,69) 200m: 03:44,24 (01:58,55) 300m: 05:41,97 (01:57,73)					
	400m: 07:36,51 (01:54,54)					
14.	Frida Neumann	2014	SG Lünen	07:49,84	127	EnM
	100m: 01:48,39 (01:48,39) 200m: 03:53,47 (02:05,08) 300m: 05:56,06 (02:02,59)					
	400m: 07:49,84 (01:53,78)					
	<u>disqualifiziert</u>					
	Marlene Sophie Horn	2014	SSC Hörde 54/58 e.V.			EnM
	Die Sportlerin startete vor dem Startsignal.					
	Uhrzeit der Bekanntgabe: 13:25					

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	<u>abgemeldet</u>				
	Alina Weingard	2014	SG Dortmund		
	Hanna Hausberg	2014	VfL Kemminghausen		
	Nele Hesse	2014	SG Dortmund		
	Perla Ankhiluun Batbayar	2014	SG Dortmund		
	Sofiia Tsap	2014	SG Dortmund		

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Jahrgangsmeisterin					
	Riva Franke	2013	SG Dortmund	05:35,18	350
	100m: 01:19,00 (01:19,00) 200m: 02:43,69 (01:24,69) 300m: 04:09,28 (01:25,59) 400m: 05:35,18 (01:25,90)				
2.	Laura Dück	2013	SG Dortmund	05:35,38	350
	100m: 01:17,32 (01:17,32) 200m: 02:42,25 (01:24,93) 300m: 04:10,82 (01:28,57) 400m: 05:35,38 (01:24,56)				
3.	Ella Hartmann	2013	SG Dortmund	05:36,53	346
	100m: 01:16,40 (01:16,40) 200m: 02:41,84 (01:25,44) 300m: 04:10,27 (01:28,43) 400m: 05:36,53 (01:26,26)				
4.	Katharina Kohl	2013	SG Dortmund	05:38,96	339
	100m: 01:21,65 (01:21,65) 200m: 02:49,63 (01:27,98) 300m: 04:15,97 (01:26,34) 400m: 05:38,96 (01:22,99)				
5.	Pia Luciana Solmecke	2013	SG Dortmund	05:54,92	295
	100m: 01:24,84 (01:24,84) 200m: 02:56,40 (01:31,56) 300m: 04:28,86 (01:32,46) 400m: 05:54,92 (01:26,06)				
6.	Sofia Grieser	2013	SV Westfalen Hagen	05:57,42	289
	100m: 01:27,98 (01:27,98) 200m: 02:59,69 (01:31,71) 300m: 04:32,10 (01:32,41) 400m: 05:57,42 (01:25,32)				
7.	Lena Mallinkrodt	2013	SG Siegen	06:19,71	241
	100m: 01:28,54 (01:28,54) 200m: 03:07,58 (01:39,04) 300m: 04:47,23 (01:39,65) 400m: 06:19,71 (01:32,48)				
8.	Mia-Luise Köhling	2013	SV Blau-Weiß Bochum	06:21,76	237
	100m: 01:28,52 (01:28,52) 200m: 03:06,93 (01:38,41) 300m: 04:46,45 (01:39,52) 400m: 06:21,76 (01:35,31)				
9.	Mathilde Schulte-Steinberg	2013	SSC Hörde 54/58 e.V.	06:25,75	230
	100m: 01:30,27 (01:30,27) 200m: 03:09,61 (01:39,34) 300m: 04:49,68 (01:40,07) 400m: 06:25,75 (01:36,07)				
10.	Merle Racherbäumer	2013	SV Blau-Weiß Bochum	06:26,22	229
	100m: 01:30,42 (01:30,42) 200m: 03:10,36 (01:39,94) 300m: 04:50,35 (01:39,99) 400m: 06:26,22 (01:35,87)				
11.	Pia Tempelhoff	2013	SSC Hörde 54/58 e.V.	06:33,87	216
	100m: 01:24,05 (01:24,05) 200m: 03:07,62 (01:43,57) 300m: 04:52,94 (01:45,32) 400m: 06:33,87 (01:40,93)				
12.	Leonie Jedek	2013	TV Werne 03 Wasserfreunde	06:36,08	212
	100m: 01:32,42 (01:32,42) 200m: 03:16,85 (01:44,43) 300m: 04:59,56 (01:42,71) 400m: 06:36,08 (01:36,52)				
13.	Lina Kölpin	2013	SG Ruhr	06:45,46	198
	100m: 01:33,20 (01:33,20) 200m: 03:19,23 (01:46,03) 300m: 05:04,78 (01:45,55) 400m: 06:45,46 (01:40,68)				
14.	Emily Marie Dietz	2013	SV Blau-Weiß Bochum	07:03,07	174
	100m: 01:39,57 (01:39,57) 200m: 03:26,58 (01:47,01) 300m: 05:16,15 (01:49,57) 400m: 07:03,07 (01:46,92)				

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
15.	Sarah Großpietsch	2013	Wfr. TuRa Bergkamen	07:04,61	172
	100m: 01:42,14 (01:42,14) 200m: 03:32,38 (01:50,24) 300m: 05:22,34 (01:49,96)				
	400m: 07:04,61 (01:42,27)				
16.	Felia Jordan	2013	SSC Hörde 54/58 e.V.	07:11,54	164
	100m: 01:41,55 (01:41,55) 200m: 03:35,83 (01:54,28) 300m: 05:25,32 (01:49,49)				
	400m: 07:11,54 (01:46,22)				
	<u>abgemeldet</u>				
	Anna-Lena Treue	2013	SSC Hörde 54/58 e.V.		
	Carlotta Schulze	2013	SG Lünen		
	Christin Zuber	2013	SG Dortmund		
	Emilia Klaus	2013	SG Dortmund		
	Jette Disterheft	2013	SG Ruhr		

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Jahrgangsmeisterin					
	Mia Radloff	2012	SG Dortmund	05:40,40	334
	100m: 01:21,41 (01:21,41) 200m: 02:49,96 (01:28,55) 300m: 04:17,71 (01:27,75)				
	400m: 05:40,40 (01:22,69)				
2.	Mira Ohrt	2012	SG Ruhr	05:49,78	308
	100m: 01:22,27 (01:22,27) 200m: 02:51,98 (01:29,71) 300m: 04:21,71 (01:29,73)				
	400m: 05:49,78 (01:28,07)				
3.	Tineke Meese	2012	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:52,07	302
	100m: 01:25,13 (01:25,13) 200m: 02:55,38 (01:30,25) 300m: 04:25,57 (01:30,19)				
	400m: 05:52,07 (01:26,50)				
4.	Nike Diehl	2012	SG Dortmund-Süd 1983	05:52,60	301
	100m: 01:22,06 (01:22,06) 200m: 02:52,98 (01:30,92) 300m: 04:25,76 (01:32,78)				
	400m: 05:52,60 (01:26,84)				
5.	Lotta Schroller	2012	Wfr. Lüdenscheid	05:55,67	293
	100m: 01:23,29 (01:23,29) 200m: 02:53,65 (01:30,36) 300m: 04:24,67 (01:31,02)				
	400m: 05:55,67 (01:31,00)				
6.	Katarina Flömer	2012	SG Dortmund	05:57,55	289
	100m: 01:20,00 (01:20,00) 200m: 02:52,44 (01:32,44) 300m: 04:26,75 (01:34,31)				
	400m: 05:57,55 (01:30,80)				
7.	Mouna El Khafifi	2012	SG Dortmund	05:57,92	288
	100m: 01:22,94 (01:22,94) 200m: 02:54,49 (01:31,55) 300m: 04:26,78 (01:32,29)				
	400m: 05:57,92 (01:31,14)				
8.	Emma Klömpken	2012	SG Lünen	06:00,97	280
	100m: 01:25,83 (01:25,83) 200m: 03:02,01 (01:36,18) 300m: 04:33,66 (01:31,65)				
	400m: 06:00,97 (01:27,31)				
9.	Federica Bartmann	2012	SG Wassersport Iserlohn	06:01,01	280
	100m: 01:27,36 (01:27,36) 200m: 03:01,17 (01:33,81) 300m: 04:33,70 (01:32,53)				
	400m: 06:01,01 (01:27,31)				
10.	Hanna Wolter	2012	SV Hagen 1894	06:06,16	269
	100m: 01:27,32 (01:27,32) 200m: 03:02,22 (01:34,90) 300m: 04:34,90 (01:32,68)				
	400m: 06:06,16 (01:31,26)				
11.	Emma Bernard	2012	SG Wassersport Iserlohn	06:06,29	268
	100m: 01:23,00 (01:23,00) 200m: 03:04,04 (01:41,04) 300m: 04:38,97 (01:34,93)				
	400m: 06:06,29 (01:27,32)				
12.	Elea Stute	2012	TuS Sundern	06:11,38	257
	100m: 01:27,22 (01:27,22) 200m: 03:03,64 (01:36,42) 300m: 04:40,83 (01:37,19)				
	400m: 06:11,38 (01:30,55)				

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
13.	Clara Spannagel 100m: 01:24,28 (01:24,28) 200m: 03:01,91 (01:37,63) 300m: 04:41,28 (01:39,37) 400m: 06:14,95 (01:33,67)	2012	SV Westfalen Hagen	06:14,95	250	
14.	Vanessa Amy Tank 100m: 01:28,70 (01:28,70) 200m: 03:06,90 (01:38,20) 300m: 04:46,24 (01:39,34) 400m: 06:19,06 (01:32,82)	2012	SV Plettenberg 1951 e.V.	06:19,06	242	
15.	Emma Polok 100m: 01:27,24 (01:27,24) 200m: 03:05,60 (01:38,36) 300m: 04:45,80 (01:40,20) 400m: 06:21,46 (01:35,66)	2012	SG Dortmund	06:21,46	238	
16.	Emelie Brand 100m: 01:29,83 (01:29,83) 200m: 03:08,18 (01:38,35) 300m: 04:46,96 (01:38,78) 400m: 06:21,89 (01:34,93)	2012	SV Hagen 1894	06:21,89	237	
17.	Angelina Below 100m: 01:28,33 (01:28,33) 200m: 03:06,52 (01:38,19) 300m: 04:48,03 (01:41,51) 400m: 06:23,33 (01:35,30)	2012	Teutonia Lippstadt	06:23,33	234	
18.	Lilly Hass 100m: 01:23,78 (01:23,78) 200m: 03:06,01 (01:42,23) 300m: 04:48,65 (01:42,64) 400m: 06:24,25 (01:35,60)	2012	Wassersportverein Herringen 1929 e.V.	06:24,25	232	
19.	Karolin Kramer 100m: 01:31,84 (01:31,84) 200m: 03:12,31 (01:40,47) 300m: 04:53,56 (01:41,25) 400m: 06:25,19 (01:31,63)	2012	SG Siegen	06:25,19	231	
20.	Lena Drews 100m: 01:30,82 (01:30,82) 200m: 03:13,85 (01:43,03) 300m: 04:57,55 (01:43,70) 400m: 06:38,88 (01:41,33)	2012	SV Schwerte 06	06:38,88	208	
21.	Clara Schlabach 100m: 01:34,66 (01:34,66) 200m: 03:21,66 (01:47,00) 300m: 05:07,76 (01:46,10) 400m: 06:48,29 (01:40,53)	2012	SG Siegen	06:48,29	194	
22.	Alina Bresinsky 100m: 01:35,93 (01:35,93) 200m: 03:24,21 (01:48,28) 300m: 05:11,16 (01:46,95) 400m: 06:48,33 (01:37,17)	2012	SV Schwerte 06	06:48,33	194	
23.	Miriam Malcharek 100m: 01:36,04 (01:36,04) 200m: 03:22,79 (01:46,75) 300m: 05:08,78 (01:45,99) 400m: 06:53,86 (01:45,08)	2012	Teutonia Lippstadt	06:53,86	186	
24.	Anni Schulte 100m: 01:39,08 (01:39,08) 200m: 03:27,58 (01:48,50) 300m: 05:17,08 (01:49,50) 400m: 06:58,47 (01:41,39)	2012	SG Lünen	06:58,47	180	
25.	Lena Schlüter 100m: 01:40,50 (01:40,50) 200m: 03:32,46 (01:51,96) 300m: 05:24,85 (01:52,39) 400m: 07:13,28 (01:48,43)	2012	SG Lünen	07:13,28	162	EnM
26.	Amelie Riepe 100m: 01:42,92 (01:42,92) 200m: 03:36,60 (01:53,68) 300m: 05:32,09 (01:55,49) 400m: 07:23,13 (01:51,04)	2012	SG Lünen	07:23,13	151	EnM

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Südwestfälische Jahrgangsmeisterin						
	Mara Klump 100m: 01:16,90 (01:16,90) 200m: 02:41,13 (01:24,23) 300m: 04:04,38 (01:23,25) 400m: 05:24,43 (01:20,05)	2011	SG Siegen	05:24,43	386	
2.	Nike Midderhoff 100m: 01:15,51 (01:15,51) 200m: 02:37,41 (01:21,90) 400m: 05:25,00 (02:47,59)	2011	SV Plettenberg 1951 e.V.	05:25,00	384	
3.	Iva Rezig 100m: 01:19,34 (01:19,34) 200m: 02:42,58 (01:23,24) 300m: 04:06,68 (01:24,10) 400m: 05:28,60 (01:21,92)	2011	SG Siegen	05:28,60	372	

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

vom 17.02.2024 bis 18.02.2024 | Südbad Dortmund

Veranstalter: Schwimm-Verband Südwestfalen e.V. | Ausrichter: Kreisverband Schwimmen Dortmund e.V.

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
4.	Charlotte Dielenschneider	2011	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:37,26	344
	100m: 01:20,19 (01:20,19) 200m: 02:47,69 (01:27,50) 300m: 04:14,26 (01:26,57)				
	400m: 05:37,26 (01:23,00)				
5.	Mila Linstaedt	2011	SG Wassersport Iserlohn	05:41,17	332
	100m: 01:20,33 (01:20,33) 200m: 02:45,20 (01:24,87) 300m: 04:12,87 (01:27,67)				
	400m: 05:41,17 (01:28,30)				
6.	Tzu-Tien Chen	2011	SG Dortmund	05:44,63	322
	100m: 01:18,39 (01:18,39) 200m: 02:45,13 (01:26,74) 300m: 04:16,13 (01:31,00)				
	400m: 05:44,63 (01:28,50)				
7.	Hannah Sophie Grunert	2011	SG Lünen	05:45,51	320
	100m: 01:20,37 (01:20,37) 300m: 04:19,84 (02:59,47) 400m: 05:45,51 (01:25,67)				
8.	Mila Fee Krause	2011	Wfr. TuRa Bergkamen	05:53,68	298
	100m: 01:21,89 (01:21,89) 200m: 02:53,47 (01:31,58) 300m: 04:25,67 (01:32,20)				
	400m: 05:53,68 (01:28,01)				
9.	Linda Mahersi	2011	SG Dortmund	06:02,61	277
	100m: 01:21,01 (01:21,01) 200m: 02:54,36 (01:33,35) 300m: 04:29,90 (01:35,54)				
	400m: 06:02,61 (01:32,71)				
10.	Sophia Daudrich	2011	SG Siegen	06:11,31	258
	100m: 01:25,66 (01:25,66) 200m: 03:04,51 (01:38,85) 300m: 04:41,13 (01:36,62)				
	400m: 06:11,31 (01:30,18)				
11.	Laura Drexelius	2011	SV Plettenberg 1951 e.V.	06:12,25	256
	100m: 01:25,74 (01:25,74) 200m: 03:01,41 (01:35,67) 300m: 04:38,41 (01:37,00)				
	400m: 06:12,25 (01:33,84)				
12.	Lilly Marleen Jann	2011	TV Werne 03 Wasserfreunde	06:21,10	238
	100m: 01:26,12 (01:26,12) 200m: 03:03,90 (01:37,78) 300m: 04:45,21 (01:41,31)				
	400m: 06:21,10 (01:35,89)				
	nicht am Start				
	Monia Pinner	2011	SV Schwerte 06		EnM

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Jahrgangsmeisterin					
	Angelina Sophie Zafirov	2010	SV Blau-Weiß Bochum	05:04,72	466
	100m: 01:10,54 (01:10,54) 200m: 02:30,29 (01:19,75) 300m: 03:49,29 (01:19,00)				
	400m: 05:04,72 (01:15,43)				
2.	Anna Berenberg	2010	SV Schwerte 06	05:15,30	421
	100m: 01:13,80 (01:13,80) 200m: 02:35,89 (01:22,09) 300m: 03:57,61 (01:21,72)				
	400m: 05:15,30 (01:17,69)				
3.	Ida Philine Schneider	2010	SG Siegen	05:20,89	399
	100m: 01:18,16 (01:18,16) 200m: 02:40,36 (01:22,20) 300m: 04:03,21 (01:22,85)				
	400m: 05:20,89 (01:17,68)				
4.	Fiona Fee Ackermann	2010	SG Ruhr	05:22,53	393
	100m: 01:17,03 (01:17,03) 200m: 02:40,80 (01:23,77) 300m: 04:04,07 (01:23,27)				
	400m: 05:22,53 (01:18,46)				
5.	Hanna Bernard	2010	SG Wassersport Iserlohn	05:22,73	393
	100m: 01:17,15 (01:17,15) 200m: 02:41,85 (01:24,70) 300m: 04:05,44 (01:23,59)				
	400m: 05:22,73 (01:17,29)				
6.	Matilda Sophie Fischer	2010	Wfr. Lüdenscheid	05:28,36	373
	100m: 01:16,30 (01:16,30) 200m: 02:42,40 (01:26,10) 300m: 04:08,47 (01:26,07)				
	400m: 05:28,36 (01:19,89)				
7.	Greta Bock	2010	Teutonia Lippstadt	05:35,08	351
	100m: 01:18,83 (01:18,83) 200m: 02:45,54 (01:26,71) 300m: 04:11,37 (01:25,83)				
	400m: 05:35,08 (01:23,71)				

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
8.	Ida Schultz 100m: 01:21,38 (01:21,38) 200m: 02:51,84 (01:30,46) 300m: 04:20,35 (01:28,51) 400m: 05:42,78 (01:22,43)	2010	SF Unna 01/10	05:42,78	328
9.	Lia Hufnagel 100m: 01:24,15 (01:24,15) 200m: 02:54,30 (01:30,15) 300m: 04:24,21 (01:29,91) 400m: 05:53,08 (01:28,87)	2010	SG Wassersport Iserlohn	05:53,08	300

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Südwestfälische Jahrgangsmeisterin						
	Carla Nolte 100m: 01:16,49 (01:16,49) 200m: 02:36,32 (01:19,83) 300m: 03:57,28 (01:20,96) 400m: 05:11,58 (01:14,30)	2009	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:11,58	436	
2.	Maja Jagielski 100m: 01:12,79 (01:12,79) 200m: 02:34,79 (01:22,00) 300m: 03:56,60 (01:21,81) 400m: 05:15,84 (01:19,24)	2009	SG Siegen	05:15,84	419	
3.	Ella Altmann 100m: 01:13,81 (01:13,81) 200m: 02:36,26 (01:22,45) 300m: 03:59,13 (01:22,87) 400m: 05:17,81 (01:18,68)	2009	SSC Hörde 54/58 e.V.	05:17,81	411	
4.	Hanna Lichte 100m: 01:16,46 (01:16,46) 200m: 02:38,66 (01:22,20) 300m: 04:01,76 (01:23,10) 400m: 05:20,54 (01:18,78)	2009	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:20,54	401	
5.	Finja Sophie Althoff 100m: 01:17,20 (01:17,20) 200m: 02:41,65 (01:24,45) 300m: 04:07,06 (01:25,41) 400m: 05:29,04 (01:21,98)	2009	SG Dortmund	05:29,04	370	
6.	Carlotta Bartmann 100m: 01:17,73 (01:17,73) 200m: 02:42,99 (01:25,26) 300m: 04:07,73 (01:24,74) 400m: 05:30,58 (01:22,85)	2009	SG Wassersport Iserlohn	05:30,58	365	
7.	Tilda Reh 100m: 01:17,97 (01:17,97) 200m: 02:43,61 (01:25,64) 300m: 04:10,94 (01:27,33) 400m: 05:34,43 (01:23,49)	2009	SG Siegen	05:34,43	353	
8.	Lotte Adolph 100m: 01:21,99 (01:21,99) 200m: 02:50,42 (01:28,43) 300m: 04:20,74 (01:30,32) 400m: 05:46,71 (01:25,97)	2009	SG Siegen	05:46,71	316	
9.	Sophie Neß 100m: 01:18,90 (01:18,90) 200m: 02:50,23 (01:31,33) 300m: 04:23,15 (01:32,92) 400m: 05:53,35 (01:30,20)	2009	SV Plettenberg 1951 e.V.	05:53,35	299	EnM
10.	Lena Jürgens 100m: 01:21,65 (01:21,65) 200m: 02:51,87 (01:30,22) 300m: 04:24,22 (01:32,35) 400m: 05:54,58 (01:30,36)	2009	Teutonia Lippstadt	05:54,58	296	EnM

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Jahrgangsmeisterin					
	Emmi Liara Schneider 100m: 01:08,34 (01:08,34) 200m: 02:22,23 (01:13,89) 300m: 03:36,83 (01:14,60) 400m: 04:50,73 (01:13,90)	2008	SG Siegen	04:50,73	537
2.	Sophie Thurow 100m: 01:09,85 (01:09,85) 200m: 02:25,08 (01:15,23) 300m: 03:41,48 (01:16,40) 400m: 04:55,38 (01:13,90)	2008	SG Siegen	04:55,38	512
3.	Livia Gajda 100m: 01:11,11 (01:11,11) 200m: 02:27,86 (01:16,75) 300m: 03:44,95 (01:17,09) 400m: 04:59,22 (01:14,27)	2008	SG Dortmund	04:59,22	493

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
4.	Greta Fuchs 100m: 01:11,44 (01:11,44) 200m: 02:27,88 (01:16,44) 300m: 03:44,72 (01:16,84) 400m: 05:00,63 (01:15,91)	2008	SG Siegen	05:00,63	486	
5.	Amelie Böcher 100m: 01:12,54 (01:12,54) 200m: 02:33,23 (01:20,69) 300m: 03:55,24 (01:22,01) 400m: 05:09,26 (01:14,02)	2008	SG Wassersport Iserlohn	05:09,26	446	
6.	Lea Muche 100m: 01:16,44 (01:16,44) 200m: 02:40,22 (01:23,78) 300m: 04:04,70 (01:24,48) 400m: 05:28,42 (01:23,72)	2008	SV Hagen 1894	05:28,42	372	
7.	Luisa Jansing 100m: 01:16,64 (01:16,64) 200m: 02:42,64 (01:26,00) 300m: 04:09,01 (01:26,37) 400m: 05:33,66 (01:24,65)	2008	SSC Hörde 54/58 e.V.	05:33,66	355	
8.	Hannah Riebel 100m: 01:19,22 (01:19,22) 200m: 02:46,90 (01:27,68) 300m: 04:13,60 (01:26,70) 400m: 05:39,19 (01:25,59)	2008	SSC Hörde 54/58 e.V.	05:39,19	338	
9.	Dana Mantau 100m: 01:19,52 (01:19,52) 200m: 02:49,89 (01:30,37) 300m: 04:22,30 (01:32,41) 400m: 05:49,56 (01:27,26)	2008	SV Wasserfreunde Soest e.V. 1913	05:49,56	309	EnM
10.	Mia Henneböhle 100m: 01:17,15 (01:17,15) 200m: 02:49,99 (01:32,84) 300m: 04:23,06 (01:33,07) 400m: 05:50,17 (01:27,11)	2008	SV Schwerte 06	05:50,17	307	EnM

Jahrgang 2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Südwestfälische Jahrgangsmeisterin	Pia Jost 100m: 01:10,74 (01:10,74) 200m: 02:28,06 (01:17,32) 300m: 03:46,33 (01:18,27) 400m: 05:00,44 (01:14,11)	2007	SG Wassersport Iserlohn	05:00,44	487	
2.	Fenja Droste 100m: 01:10,85 (01:10,85) 200m: 02:30,29 (01:19,44) 300m: 03:49,85 (01:19,56) 400m: 05:05,48 (01:15,63)	2007	VfL Kemminghausen	05:05,48	463	
3.	Karina Cecilia Soetomo 100m: 01:11,33 (01:11,33) 200m: 02:29,22 (01:17,89) 300m: 03:49,60 (01:20,38) 400m: 05:09,26 (01:19,66)	2007	SG Dortmund	05:09,26	446	
4.	Laura Ortmann 100m: 01:14,37 (01:14,37) 200m: 02:37,07 (01:22,70) 300m: 03:58,51 (01:21,44) 400m: 05:17,16 (01:18,65)	2007	Teutonia Lippstadt	05:17,16	414	
5.	Leonie Sophie Wächter 100m: 01:20,13 (01:20,13) 200m: 02:48,38 (01:28,25) 300m: 04:16,03 (01:27,65) 400m: 05:40,63 (01:24,60)	2007	SG Wassersport Iserlohn	05:40,63	334	EnM

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Südwestfälische Meisterin	Emmi Liara Schneider 100m: 01:08,34 (01:08,34) 200m: 02:22,23 (01:13,89) 300m: 03:36,83 (01:14,60) 400m: 04:50,73 (01:13,90)	2008	SG Siegen	04:50,73	537	
2.	Sophie Thurow 100m: 01:09,85 (01:09,85) 200m: 02:25,08 (01:15,23) 300m: 03:41,48 (01:16,40) 400m: 04:55,38 (01:13,90)	2008	SG Siegen	04:55,38	512	
3.	Livia Gajda 100m: 01:11,11 (01:11,11) 200m: 02:27,86 (01:16,75) 300m: 03:44,95 (01:17,09) 400m: 04:59,22 (01:14,27)	2008	SG Dortmund	04:59,22	493	

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
4.	Pia Jost 100m: 01:10,74 (01:10,74) 200m: 02:28,06 (01:17,32) 300m: 03:46,33 (01:18,27) 400m: 05:00,44 (01:14,11)	2007	SG Wassersport Iserlohn	05:00,44	487
5.	Greta Fuchs 100m: 01:11,44 (01:11,44) 200m: 02:27,88 (01:16,44) 300m: 03:44,72 (01:16,84) 400m: 05:00,63 (01:15,91)	2008	SG Siegen	05:00,63	486
6.	Angelina Sophie Zafirov 100m: 01:10,54 (01:10,54) 200m: 02:30,29 (01:19,75) 300m: 03:49,29 (01:19,00) 400m: 05:04,72 (01:15,43)	2010	SV Blau-Weiß Bochum	05:04,72	466
7.	Fenja Droste 100m: 01:10,85 (01:10,85) 200m: 02:30,29 (01:19,44) 300m: 03:49,85 (01:19,56) 400m: 05:05,48 (01:15,63)	2007	VfL Kemminghausen	05:05,48	463
8.	Amelie Böcher 100m: 01:12,54 (01:12,54) 200m: 02:33,23 (01:20,69) 300m: 03:55,24 (01:22,01) 400m: 05:09,26 (01:14,02)	2008	SG Wassersport Iserlohn	05:09,26	446
9.	Karina Cecilia Soetomo 100m: 01:11,33 (01:11,33) 200m: 02:29,22 (01:17,89) 300m: 03:49,60 (01:20,38) 400m: 05:09,26 (01:19,66)	2007	SG Dortmund	05:09,26	446
10.	Carla Nolte 100m: 01:16,49 (01:16,49) 200m: 02:36,32 (01:19,83) 300m: 03:57,28 (01:20,96) 400m: 05:11,58 (01:14,30)	2009	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:11,58	436
11.	Mandy Wältermann 100m: 01:11,43 (01:11,43) 200m: 02:31,15 (01:19,72) 300m: 03:53,03 (01:21,88) 400m: 05:14,14 (01:21,11)	2000	SV Bieber 67 Lendringsen	05:14,14	426
12.	Anna Berenberg 100m: 01:13,80 (01:13,80) 200m: 02:35,89 (01:22,09) 300m: 03:57,61 (01:21,72) 400m: 05:15,30 (01:17,69)	2010	SV Schwerte 06	05:15,30	421
13.	Maja Jagielski 100m: 01:12,79 (01:12,79) 200m: 02:34,79 (01:22,00) 300m: 03:56,60 (01:21,81) 400m: 05:15,84 (01:19,24)	2009	SG Siegen	05:15,84	419
14.	Laura Ortmann 100m: 01:14,37 (01:14,37) 200m: 02:37,07 (01:22,70) 300m: 03:58,51 (01:21,44) 400m: 05:17,16 (01:18,65)	2007	Teutonia Lippstadt	05:17,16	414
15.	Ella Altmann 100m: 01:13,81 (01:13,81) 200m: 02:36,26 (01:22,45) 300m: 03:59,13 (01:22,87) 400m: 05:17,81 (01:18,68)	2009	SSC Hörde 54/58 e.V.	05:17,81	411
16.	Hanna Lichte 100m: 01:16,46 (01:16,46) 200m: 02:38,66 (01:22,20) 300m: 04:01,76 (01:23,10) 400m: 05:20,54 (01:18,78)	2009	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:20,54	401
17.	Karina Dering 100m: 01:16,60 (01:16,60) 200m: 02:39,50 (01:22,90) 300m: 04:02,74 (01:23,24) 400m: 05:20,73 (01:17,99)	2006	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:20,73	400
18.	Ida Philine Schneider 100m: 01:18,16 (01:18,16) 200m: 02:40,36 (01:22,20) 300m: 04:03,21 (01:22,85) 400m: 05:20,89 (01:17,68)	2010	SG Siegen	05:20,89	399
19.	Sophia Holzmann 100m: 01:14,90 (01:14,90) 200m: 02:38,05 (01:23,15) 300m: 04:00,81 (01:22,76) 400m: 05:21,05 (01:20,24)	2006	SG Siegen	05:21,05	399
20.	Fiona Fee Ackermann 100m: 01:17,03 (01:17,03) 200m: 02:40,80 (01:23,77) 300m: 04:04,07 (01:23,27) 400m: 05:22,53 (01:18,46)	2010	SG Ruhr	05:22,53	393
21.	Hanna Bernard 100m: 01:17,15 (01:17,15) 200m: 02:41,85 (01:24,70) 300m: 04:05,44 (01:23,59) 400m: 05:22,73 (01:17,29)	2010	SG Wassersport Iserlohn	05:22,73	393

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Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
22.	Mara Klump 100m: 01:16,90 (01:16,90) 200m: 02:41,13 (01:24,23) 300m: 04:04,38 (01:23,25) 400m: 05:24,43 (01:20,05)	2011	SG Siegen	05:24,43	386	
23.	Nike Midderhoff 100m: 01:15,51 (01:15,51) 200m: 02:37,41 (01:21,90) 400m: 05:25,00 (02:47,59)	2011	SV Plettenberg 1951 e.V.	05:25,00	384	
24.	Matilda Sophie Fischer 100m: 01:16,30 (01:16,30) 200m: 02:42,40 (01:26,10) 300m: 04:08,47 (01:26,07) 400m: 05:28,36 (01:19,89)	2010	Wfr. Lüdenscheid	05:28,36	373	
25.	Lea Muche 100m: 01:16,44 (01:16,44) 200m: 02:40,22 (01:23,78) 300m: 04:04,70 (01:24,48) 400m: 05:28,42 (01:23,72)	2008	SV Hagen 1894	05:28,42	372	
26.	Iva Rezic 100m: 01:19,34 (01:19,34) 200m: 02:42,58 (01:23,24) 300m: 04:06,68 (01:24,10) 400m: 05:28,60 (01:21,92)	2011	SG Siegen	05:28,60	372	
27.	Finja Sophie Althoff 100m: 01:17,20 (01:17,20) 200m: 02:41,65 (01:24,45) 300m: 04:07,06 (01:25,41) 400m: 05:29,04 (01:21,98)	2009	SG Dortmund	05:29,04	370	
28.	Carlotta Bartmann 100m: 01:17,73 (01:17,73) 200m: 02:42,99 (01:25,26) 300m: 04:07,73 (01:24,74) 400m: 05:30,58 (01:22,85)	2009	SG Wassersport Iserlohn	05:30,58	365	
29.	Luisa Jansing 100m: 01:16,64 (01:16,64) 200m: 02:42,64 (01:26,00) 300m: 04:09,01 (01:26,37) 400m: 05:33,66 (01:24,65)	2008	SSC Hörde 54/58 e.V.	05:33,66	355	
30.	Tilda Reh 100m: 01:17,97 (01:17,97) 200m: 02:43,61 (01:25,64) 300m: 04:10,94 (01:27,33) 400m: 05:34,43 (01:23,49)	2009	SG Siegen	05:34,43	353	
31.	Greta Bock 100m: 01:18,83 (01:18,83) 200m: 02:45,54 (01:26,71) 300m: 04:11,37 (01:25,83) 400m: 05:35,08 (01:23,71)	2010	Teutonia Lippstadt	05:35,08	351	
32.	Riva Franke 100m: 01:19,00 (01:19,00) 200m: 02:43,69 (01:24,69) 300m: 04:09,28 (01:25,59) 400m: 05:35,18 (01:25,90)	2013	SG Dortmund	05:35,18	350	
33.	Laura Dück 100m: 01:17,32 (01:17,32) 200m: 02:42,25 (01:24,93) 300m: 04:10,82 (01:28,57) 400m: 05:35,38 (01:24,56)	2013	SG Dortmund	05:35,38	350	
34.	Ella Hartmann 100m: 01:16,40 (01:16,40) 200m: 02:41,84 (01:25,44) 300m: 04:10,27 (01:28,43) 400m: 05:36,53 (01:26,26)	2013	SG Dortmund	05:36,53	346	
35.	Charlotte Dielenschneider 100m: 01:20,19 (01:20,19) 200m: 02:47,69 (01:27,50) 300m: 04:14,26 (01:26,57) 400m: 05:37,26 (01:23,00)	2011	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:37,26	344	
36.	Katharina Kohl 100m: 01:21,65 (01:21,65) 200m: 02:49,63 (01:27,98) 300m: 04:15,97 (01:26,34) 400m: 05:38,96 (01:22,99)	2013	SG Dortmund	05:38,96	339	
37.	Hannah Riebel 100m: 01:19,22 (01:19,22) 200m: 02:46,90 (01:27,68) 300m: 04:13,60 (01:26,70) 400m: 05:39,19 (01:25,59)	2008	SSC Hörde 54/58 e.V.	05:39,19	338	
38.	Mia Radloff 100m: 01:21,41 (01:21,41) 200m: 02:49,96 (01:28,55) 300m: 04:17,71 (01:27,75) 400m: 05:40,40 (01:22,69)	2012	SG Dortmund	05:40,40	334	
39.	Leonie Sophie Wächter 100m: 01:20,13 (01:20,13) 200m: 02:48,38 (01:28,25) 300m: 04:16,03 (01:27,65) 400m: 05:40,63 (01:24,60)	2007	SG Wassersport Iserlohn	05:40,63	334	EnM

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Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
40.	Mila Linstaedt 100m: 01:20,33 (01:20,33) 200m: 02:45,20 (01:24,87) 300m: 04:12,87 (01:27,67) 400m: 05:41,17 (01:28,30)	2011	SG Wassersport Iserlohn	05:41,17	332	
41.	Ida Schultz 100m: 01:21,38 (01:21,38) 200m: 02:51,84 (01:30,46) 300m: 04:20,35 (01:28,51) 400m: 05:42,78 (01:22,43)	2010	SF Unna 01/10	05:42,78	328	
42.	Tzu-Tien Chen 100m: 01:18,39 (01:18,39) 200m: 02:45,13 (01:26,74) 300m: 04:16,13 (01:31,00) 400m: 05:44,63 (01:28,50)	2011	SG Dortmund	05:44,63	322	
43.	Hannah Sophie Grunert 100m: 01:20,37 (01:20,37) 300m: 04:19,84 (02:59,47) 400m: 05:45,51 (01:25,67)	2011	SG Lünen	05:45,51	320	
44.	Lotte Adolph 100m: 01:21,99 (01:21,99) 200m: 02:50,42 (01:28,43) 300m: 04:20,74 (01:30,32) 400m: 05:46,71 (01:25,97)	2009	SG Siegen	05:46,71	316	
45.	Dana Mantau 100m: 01:19,52 (01:19,52) 200m: 02:49,89 (01:30,37) 300m: 04:22,30 (01:32,41) 400m: 05:49,56 (01:27,26)	2008	SV Wasserfreunde Soest e.V. 1913	05:49,56	309	EnM
46.	Mira Ohrt 100m: 01:22,27 (01:22,27) 200m: 02:51,98 (01:29,71) 300m: 04:21,71 (01:29,73) 400m: 05:49,78 (01:28,07)	2012	SG Ruhr	05:49,78	308	
47.	Mia Henneböhle 100m: 01:17,15 (01:17,15) 200m: 02:49,99 (01:32,84) 300m: 04:23,06 (01:33,07) 400m: 05:50,17 (01:27,11)	2008	SV Schwerte 06	05:50,17	307	EnM
48.	Tineke Meese 100m: 01:25,13 (01:25,13) 200m: 02:55,38 (01:30,25) 300m: 04:25,57 (01:30,19) 400m: 05:52,07 (01:26,50)	2012	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:52,07	302	
49.	Nike Diehl 100m: 01:22,06 (01:22,06) 200m: 02:52,98 (01:30,92) 300m: 04:25,76 (01:32,78) 400m: 05:52,60 (01:26,84)	2012	SG Dortmund-Süd 1983	05:52,60	301	
50.	Lia Hufnagel 100m: 01:24,15 (01:24,15) 200m: 02:54,30 (01:30,15) 300m: 04:24,21 (01:29,91) 400m: 05:53,08 (01:28,87)	2010	SG Wassersport Iserlohn	05:53,08	300	
51.	Sophie Neß 100m: 01:18,90 (01:18,90) 200m: 02:50,23 (01:31,33) 300m: 04:23,15 (01:32,92) 400m: 05:53,35 (01:30,20)	2009	SV Plettenberg 1951 e.V.	05:53,35	299	EnM
52.	Mila Fee Krause 100m: 01:21,89 (01:21,89) 200m: 02:53,47 (01:31,58) 300m: 04:25,67 (01:32,20) 400m: 05:53,68 (01:28,01)	2011	Wfr. TuRa Bergkamen	05:53,68	298	
53.	Lena Jürgens 100m: 01:21,65 (01:21,65) 200m: 02:51,87 (01:30,22) 300m: 04:24,22 (01:32,35) 400m: 05:54,58 (01:30,36)	2009	Teutonia Lippstadt	05:54,58	296	EnM
54.	Pia Luciana Solmecke 100m: 01:24,84 (01:24,84) 200m: 02:56,40 (01:31,56) 300m: 04:28,86 (01:32,46) 400m: 05:54,92 (01:26,06)	2013	SG Dortmund	05:54,92	295	
55.	Lotta Schroller 100m: 01:23,29 (01:23,29) 200m: 02:53,65 (01:30,36) 300m: 04:24,67 (01:31,02) 400m: 05:55,67 (01:31,00)	2012	Wfr. Lüdenschheid	05:55,67	293	
56.	Sofia Grieser 100m: 01:27,98 (01:27,98) 200m: 02:59,69 (01:31,71) 300m: 04:32,10 (01:32,41) 400m: 05:57,42 (01:25,32)	2013	SV Westfalen Hagen	05:57,42	289	
57.	Katarina Flömer 100m: 01:20,00 (01:20,00) 200m: 02:52,44 (01:32,44) 300m: 04:26,75 (01:34,31) 400m: 05:57,55 (01:30,80)	2012	SG Dortmund	05:57,55	289	

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
58.	Mouna El Khafifi 100m: 01:22,94 (01:22,94) 200m: 02:54,49 (01:31,55) 300m: 04:26,78 (01:32,29) 400m: 05:57,92 (01:31,14)	2012	SG Dortmund	05:57,92	288
59.	Emma Klömpken 100m: 01:25,83 (01:25,83) 200m: 03:02,01 (01:36,18) 300m: 04:33,66 (01:31,65) 400m: 06:00,97 (01:27,31)	2012	SG Lünen	06:00,97	280
60.	Federica Bartmann 100m: 01:27,36 (01:27,36) 200m: 03:01,17 (01:33,81) 300m: 04:33,70 (01:32,53) 400m: 06:01,01 (01:27,31)	2012	SG Wassersport Iserlohn	06:01,01	280
61.	Linda Mahersi 100m: 01:21,01 (01:21,01) 200m: 02:54,36 (01:33,35) 300m: 04:29,90 (01:35,54) 400m: 06:02,61 (01:32,71)	2011	SG Dortmund	06:02,61	277
62.	Hanna Wolter 100m: 01:27,32 (01:27,32) 200m: 03:02,22 (01:34,90) 300m: 04:34,90 (01:32,68) 400m: 06:06,16 (01:31,26)	2012	SV Hagen 1894	06:06,16	269
63.	Emma Bernard 100m: 01:23,00 (01:23,00) 200m: 03:04,04 (01:41,04) 300m: 04:38,97 (01:34,93) 400m: 06:06,29 (01:27,32)	2012	SG Wassersport Iserlohn	06:06,29	268
64.	Sophia Daudrich 100m: 01:25,66 (01:25,66) 200m: 03:04,51 (01:38,85) 300m: 04:41,13 (01:36,62) 400m: 06:11,31 (01:30,18)	2011	SG Siegen	06:11,31	258
65.	Elea Stute 100m: 01:27,22 (01:27,22) 200m: 03:03,64 (01:36,42) 300m: 04:40,83 (01:37,19) 400m: 06:11,38 (01:30,55)	2012	TuS Sundern	06:11,38	257
66.	Laura Drexelius 100m: 01:25,74 (01:25,74) 200m: 03:01,41 (01:35,67) 300m: 04:38,41 (01:37,00) 400m: 06:12,25 (01:33,84)	2011	SV Plettenberg 1951 e.V.	06:12,25	256
67.	Clara Spannagel 100m: 01:24,28 (01:24,28) 200m: 03:01,91 (01:37,63) 300m: 04:41,28 (01:39,37) 400m: 06:14,95 (01:33,67)	2012	SV Westfalen Hagen	06:14,95	250
68.	Vanessa Amy Tank 100m: 01:28,70 (01:28,70) 200m: 03:06,90 (01:38,20) 300m: 04:46,24 (01:39,34) 400m: 06:19,06 (01:32,82)	2012	SV Plettenberg 1951 e.V.	06:19,06	242
69.	Lena Mallinkrodt 100m: 01:28,54 (01:28,54) 200m: 03:07,58 (01:39,04) 300m: 04:47,23 (01:39,65) 400m: 06:19,71 (01:32,48)	2013	SG Siegen	06:19,71	241
70.	Lilly Marleen Jann 100m: 01:26,12 (01:26,12) 200m: 03:03,90 (01:37,78) 300m: 04:45,21 (01:41,31) 400m: 06:21,10 (01:35,89)	2011	TV Werne 03 Wasserfreunde	06:21,10	238
71.	Emma Polok 100m: 01:27,24 (01:27,24) 200m: 03:05,60 (01:38,36) 300m: 04:45,80 (01:40,20) 400m: 06:21,46 (01:35,66)	2012	SG Dortmund	06:21,46	238
72.	Mia-Luise Köhling 100m: 01:28,52 (01:28,52) 200m: 03:06,93 (01:38,41) 300m: 04:46,45 (01:39,52) 400m: 06:21,76 (01:35,31)	2013	SV Blau-Weiß Bochum	06:21,76	237
73.	Emelie Brand 100m: 01:29,83 (01:29,83) 200m: 03:08,18 (01:38,35) 300m: 04:46,96 (01:38,78) 400m: 06:21,89 (01:34,93)	2012	SV Hagen 1894	06:21,89	237
74.	Angelina Below 100m: 01:28,33 (01:28,33) 200m: 03:06,52 (01:38,19) 300m: 04:48,03 (01:41,51) 400m: 06:23,33 (01:35,30)	2012	Teutonia Lippstadt	06:23,33	234
75.	Lilly Hass 100m: 01:23,78 (01:23,78) 200m: 03:06,01 (01:42,23) 300m: 04:48,65 (01:42,64) 400m: 06:24,25 (01:35,60)	2012	Wassersportverein Herringen 1929 e.V.	06:24,25	232

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
76.	Karolin Kramer 100m: 01:31,84 (01:31,84) 200m: 03:12,31 (01:40,47) 300m: 04:53,56 (01:41,25) 400m: 06:25,19 (01:31,63)	2012	SG Siegen	06:25,19	231	
77.	Mathilde Schulte-Steinberg 100m: 01:30,27 (01:30,27) 200m: 03:09,61 (01:39,34) 300m: 04:49,68 (01:40,07) 400m: 06:25,75 (01:36,07)	2013	SSC Hörde 54/58 e.V.	06:25,75	230	
78.	Merle Racherbäumer 100m: 01:30,42 (01:30,42) 200m: 03:10,36 (01:39,94) 300m: 04:50,35 (01:39,99) 400m: 06:26,22 (01:35,87)	2013	SV Blau-Weiß Bochum	06:26,22	229	
79.	Pia Tempelhoff 100m: 01:24,05 (01:24,05) 200m: 03:07,62 (01:43,57) 300m: 04:52,94 (01:45,32) 400m: 06:33,87 (01:40,93)	2013	SSC Hörde 54/58 e.V.	06:33,87	216	
80.	Leonie Jedek 100m: 01:32,42 (01:32,42) 200m: 03:16,85 (01:44,43) 300m: 04:59,56 (01:42,71) 400m: 06:36,08 (01:36,52)	2013	TV Werne 03 Wasserfreunde	06:36,08	212	
81.	Lena Drews 100m: 01:30,82 (01:30,82) 200m: 03:13,85 (01:43,03) 300m: 04:57,55 (01:43,70) 400m: 06:38,88 (01:41,33)	2012	SV Schwerte 06	06:38,88	208	
82.	Lina Kölpin 100m: 01:33,20 (01:33,20) 200m: 03:19,23 (01:46,03) 300m: 05:04,78 (01:45,55) 400m: 06:45,46 (01:40,68)	2013	SG Ruhr	06:45,46	198	
83.	Clara Schlabach 100m: 01:34,66 (01:34,66) 200m: 03:21,66 (01:47,00) 300m: 05:07,76 (01:46,10) 400m: 06:48,29 (01:40,53)	2012	SG Siegen	06:48,29	194	
84.	Alina Bresinsky 100m: 01:35,93 (01:35,93) 200m: 03:24,21 (01:48,28) 300m: 05:11,16 (01:46,95) 400m: 06:48,33 (01:37,17)	2012	SV Schwerte 06	06:48,33	194	
85.	Miriam Malcharek 100m: 01:36,04 (01:36,04) 200m: 03:22,79 (01:46,75) 300m: 05:08,78 (01:45,99) 400m: 06:53,86 (01:45,08)	2012	Teutonia Lippstadt	06:53,86	186	
86.	Anni Schulte 100m: 01:39,08 (01:39,08) 200m: 03:27,58 (01:48,50) 300m: 05:17,08 (01:49,50) 400m: 06:58,47 (01:41,39)	2012	SG Lünen	06:58,47	180	
87.	Emily Marie Dietz 100m: 01:39,57 (01:39,57) 200m: 03:26,58 (01:47,01) 300m: 05:16,15 (01:49,57) 400m: 07:03,07 (01:46,92)	2013	SV Blau-Weiß Bochum	07:03,07	174	
88.	Sarah Großpietsch 100m: 01:42,14 (01:42,14) 200m: 03:32,38 (01:50,24) 300m: 05:22,34 (01:49,96) 400m: 07:04,61 (01:42,27)	2013	Wfr. TuRa Bergkamen	07:04,61	172	
89.	Felia Jordan 100m: 01:41,55 (01:41,55) 200m: 03:35,83 (01:54,28) 300m: 05:25,32 (01:49,49) 400m: 07:11,54 (01:46,22)	2013	SSC Hörde 54/58 e.V.	07:11,54	164	
90.	Lena Schlüter 100m: 01:40,50 (01:40,50) 200m: 03:32,46 (01:51,96) 300m: 05:24,85 (01:52,39) 400m: 07:13,28 (01:48,43)	2012	SG Lünen	07:13,28	162	EnM
91.	Amelie Riepe 100m: 01:42,92 (01:42,92) 200m: 03:36,60 (01:53,68) 300m: 05:32,09 (01:55,49) 400m: 07:23,13 (01:51,04)	2012	SG Lünen	07:23,13	151	EnM
<u>abgemeldet</u>						
	Carina Müller	2006	SV Bieber 67 Lendringsen			
	Jolina Widders	2006	Rote Erde/SWIM-TEAM TuS 1859 Hamm			

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Wettkampf 6 - 400m Freistil männlich / SMK

Pflichtzeiten

Jg.2014: 07:45,00 Jg.2013: 07:15,00 Jg.2012: 06:40,00 Jg.2011: 06:25,00 Jg.2010: 05:51,00 Jg.2009: 05:22,00 Jg.2008: 05:17,00 Jg.2007: 05:16,00 Offen: 05:03,00

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Südwestfälischer Jahrgangsmeister						
	Hannes Brennecke	2014	SG Dortmund	05:55,27	237	
	100m: 01:28,29 (01:28,29) 200m: 03:00,48 (01:32,19) 300m: 04:32,36 (01:31,88)					
	400m: 05:55,27 (01:22,91)					
2.	Leon Putina	2014	SG Dortmund	05:56,57	235	
	100m: 01:24,98 (01:24,98) 200m: 02:56,98 (01:32,00) 300m: 04:28,76 (01:31,78)					
	400m: 05:56,57 (01:27,81)					
3.	Alexander Bonefeld	2014	SV Blau-Weiß Bochum	06:25,77	185	
	100m: 01:29,35 (01:29,35) 200m: 03:09,81 (01:40,46) 300m: 04:50,97 (01:41,16)					
	400m: 06:25,77 (01:34,80)					
4.	Luca Steiner	2014	SSC Hörde 54/58 e.V.	06:28,48	181	
	100m: 01:32,65 (01:32,65) 200m: 03:10,56 (01:37,91) 300m: 04:49,38 (01:38,82)					
	400m: 06:28,48 (01:39,10)					
5.	Nico Demes	2014	SG Ruhr	06:36,97	170	
	100m: 01:34,38 (01:34,38) 200m: 03:15,24 (01:40,86) 300m: 04:58,35 (01:43,11)					
	400m: 06:36,97 (01:38,62)					
6.	David Joel Angermaier	2014	SG Ruhr	06:38,32	168	
	100m: 01:34,49 (01:34,49) 200m: 03:17,39 (01:42,90) 300m: 05:01,72 (01:44,33)					
	400m: 06:38,32 (01:36,60)					
7.	Philipp Gorr	2014	SG Dortmund	06:41,19	165	
	100m: 01:36,99 (01:36,99) 200m: 03:22,80 (01:45,81) 300m: 05:04,80 (01:42,00)					
	400m: 06:41,19 (01:36,39)					
8.	Julius Göllner	2014	SV Blau-Weiß Bochum	06:44,16	161	
	100m: 01:34,01 (01:34,01) 200m: 03:18,97 (01:44,96) 300m: 05:02,17 (01:43,20)					
	400m: 06:44,16 (01:41,99)					
9.	Anton Bastek	2014	SV Blau-Weiß Bochum	06:49,32	155	
	100m: 01:37,05 (01:37,05) 200m: 03:23,87 (01:46,82) 300m: 05:08,78 (01:44,91)					
	400m: 06:49,32 (01:40,54)					
10.	Hayden Schwarz	2014	Wassersportverein Herringen 1929 e.V.	07:02,30	141	
	100m: 01:37,42 (01:37,42) 200m: 03:26,19 (01:48,77) 300m: 05:15,88 (01:49,69)					
	400m: 07:02,30 (01:46,42)					
11.	Tom Erler	2014	Waspo Blau Gelb Delphin	07:11,54	132	
	100m: 01:41,30 (01:41,30) 200m: 03:33,78 (01:52,48) 300m: 05:25,00 (01:51,22)					
	400m: 07:11,54 (01:46,54)					
12.	Emil Kaesler	2014	SG Dortmund	07:23,01	122	
	100m: 01:43,76 (01:43,76) 200m: 03:38,00 (01:54,24) 400m: 07:23,01 (03:45,01)					
13.	Janne Weißert	2014	SG Ruhr	07:53,63	100	EnM
	100m: 01:45,80 (01:45,80) 200m: 03:49,09 (02:03,29) 300m: 05:55,06 (02:05,97)					
	400m: 07:53,63 (01:58,57)					
14.	Philipp Haase	2014	SSC Hörde 54/58 e.V.	07:58,38	97	EnM
	100m: 01:51,59 (01:51,59) 200m: 03:53,82 (02:02,23) 300m: 05:59,45 (02:05,63)					
	400m: 07:58,38 (01:58,93)					
15.	Jurij Georg Friesen	2014	SG Dortmund	08:13,16	88	EnM
	100m: 01:54,23 (01:54,23) 200m: 04:01,88 (02:07,65) 300m: 06:07,88 (02:06,00)					
	400m: 08:13,16 (02:05,28)					
<u>abgemeldet</u>						
	Erik Hugo Schubert	2014	SG Dortmund			

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
	Mats Henrik Jann	2014	TV Werne 03 Wasserfreunde		

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälischer Jahrgangsmeister					
	Philipp Klinkowski	2013	SG Dortmund	05:56,22	235
	100m: 01:24,57 (01:24,57) 200m: 02:56,32 (01:31,75) 300m: 04:28,76 (01:32,44)				
	400m: 05:56,22 (01:27,46)				
2.	Daniel Ransch	2013	SG Ruhr	05:58,73	230
	100m: 01:26,76 (01:26,76) 200m: 02:58,79 (01:32,03) 300m: 04:30,38 (01:31,59)				
	400m: 05:58,73 (01:28,35)				
3.	Maximilian Radloff	2013	SG Dortmund	06:09,67	210
	100m: 01:26,17 (01:26,17) 200m: 03:03,61 (01:37,44) 300m: 04:38,74 (01:35,13)				
	400m: 06:09,67 (01:30,93)				
4.	Karl Luis Spriestersbach	2013	SG Dortmund	06:16,21	200
	100m: 01:31,86 (01:31,86) 200m: 03:09,52 (01:37,66) 300m: 04:47,68 (01:38,16)				
	400m: 06:16,21 (01:28,53)				
5.	Adelio Fischer	2013	SG Lünen	06:32,23	176
	100m: 01:28,61 (01:28,61) 200m: 03:10,48 (01:41,87) 300m: 04:53,92 (01:43,44)				
	400m: 06:32,23 (01:38,31)				
6.	Leon Reber	2013	SSC Hörde 54/58 e.V.	06:35,81	171
	100m: 01:34,17 (01:34,17) 200m: 03:18,94 (01:44,77) 300m: 05:02,12 (01:43,18)				
	400m: 06:35,81 (01:33,69)				
7.	Elias Braunke	2013	SSC Hörde 54/58 e.V.	06:36,49	170
	100m: 01:29,74 (01:29,74) 200m: 03:11,03 (01:41,29) 300m: 04:56,49 (01:45,46)				
	400m: 06:36,49 (01:40,00)				
8.	Malte Weinert	2013	SG Siegen	06:39,75	166
	100m: 01:36,04 (01:36,04) 200m: 03:18,48 (01:42,44) 300m: 04:59,83 (01:41,35)				
	400m: 06:39,75 (01:39,92)				
9.	Ben Hörster	2013	Mendener SV	06:41,92	164
	100m: 01:33,61 (01:33,61) 200m: 03:17,43 (01:43,82) 300m: 05:03,60 (01:46,17)				
	400m: 06:41,92 (01:38,32)				
10.	Paul-Luca Nienaber	2013	TV Werne 03 Wasserfreunde	06:49,47	155
	100m: 01:35,58 (01:35,58) 200m: 03:23,40 (01:47,82) 300m: 05:13,19 (01:49,79)				
	400m: 06:49,47 (01:36,28)				
11.	Henri Faber	2013	TuS Dortmund-Brackel	06:51,10	153
	100m: 01:38,04 (01:38,04) 200m: 03:32,80 (01:54,76) 300m: 05:08,06 (01:35,26)				
	400m: 06:51,10 (01:43,04)				
12.	Ben Grigoryan	2013	SG Ruhr	07:04,11	139
	100m: 01:41,01 (01:41,01) 200m: 03:31,51 (01:50,50) 300m: 05:23,46 (01:51,95)				
	400m: 07:04,11 (01:40,65)				
13.	Philipp ten Venne	2013	SSC Hörde 54/58 e.V.	07:09,21	134
	100m: 01:38,15 (01:38,15) 200m: 03:29,49 (01:51,34) 300m: 05:22,29 (01:52,80)				
	400m: 07:09,21 (01:46,92)				
	<u>abgemeldet</u>				
	Yue Gao	2013	SG Dortmund		

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälischer Jahrgangsmeister					
	Noah Masiello	2012	SG Wassersport Iserlohn	05:18,63	329
	100m: 01:16,09 (01:16,09) 200m: 02:39,42 (01:23,33) 300m: 04:02,90 (01:23,48)				
	400m: 05:18,63 (01:15,73)				

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

vom 17.02.2024 bis 18.02.2024 | Südbad Dortmund

Veranstalter: Schwimm-Verband Südwestfalen e.V. | Ausrichter: Kreisverband Schwimmen Dortmund e.V.

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
2.	Lian Fynn Niehaus 100m: 01:18,48 (01:18,48) 200m: 02:42,04 (01:23,56) 300m: 04:03,89 (01:21,85) 400m: 05:26,63 (01:22,74)	2012	SV Blau-Weiß Bochum	05:26,63	305
3.	Paul Reuker 100m: 01:17,18 (01:17,18) 200m: 02:41,86 (01:24,68) 300m: 04:05,37 (01:23,51) 400m: 05:27,29 (01:21,92)	2012	SG Dortmund	05:27,29	304
4.	Pascal Reimann 100m: 01:16,73 (01:16,73) 200m: 02:43,03 (01:26,30) 300m: 04:10,48 (01:27,45) 400m: 05:33,57 (01:23,09)	2012	SG Dortmund	05:33,57	287
5.	Jan Dudek 100m: 01:21,87 (01:21,87) 200m: 02:52,23 (01:30,36) 300m: 04:19,42 (01:27,19) 400m: 05:42,13 (01:22,71)	2012	SG Dortmund	05:42,13	266
6.	Marcel Piskover 100m: 01:21,50 (01:21,50) 200m: 02:50,50 (01:29,00) 300m: 04:18,54 (01:28,04) 400m: 05:42,81 (01:24,27)	2012	SG Dortmund	05:42,81	264
7.	Kenzo Enguun Batbayar 100m: 01:23,58 (01:23,58) 200m: 02:53,72 (01:30,14) 300m: 04:22,51 (01:28,79) 400m: 05:45,04 (01:22,53)	2012	SG Dortmund	05:45,04	259
8.	Falk Kaygusuz 100m: 01:24,94 (01:24,94) 200m: 02:57,61 (01:32,67) 300m: 04:29,93 (01:32,32) 400m: 05:56,88 (01:26,95)	2012	SV Blau-Weiß Bochum	05:56,88	234
9.	Max Simon 100m: 01:22,12 (01:22,12) 200m: 02:54,49 (01:32,37) 300m: 04:29,37 (01:34,88) 400m: 05:57,18 (01:27,81)	2012	Wfr. TuRa Bergkamen	05:57,18	233
10.	Ruben Sauer 100m: 01:25,62 (01:25,62) 200m: 02:58,68 (01:33,06) 300m: 04:31,03 (01:32,35) 400m: 05:57,96 (01:26,93)	2012	SV Blau-Weiß Bochum	05:57,96	232
11.	Nicolas Rainer Lange 100m: 01:24,62 (01:24,62) 200m: 02:58,22 (01:33,60) 300m: 04:32,63 (01:34,41) 400m: 06:02,88 (01:30,25)	2012	SV Blau-Weiß Bochum	06:02,88	223
12.	Mattis Junker 100m: 01:25,49 (01:25,49) 200m: 03:01,70 (01:36,21) 300m: 04:38,29 (01:36,59) 400m: 06:06,10 (01:27,81)	2012	SG Siegen	06:06,10	217
13.	Tim Burckhardt 100m: 01:23,57 (01:23,57) 200m: 02:58,28 (01:34,71) 300m: 04:35,20 (01:36,92) 400m: 06:06,12 (01:30,92)	2012	SSC Hörde 54/58 e.V.	06:06,12	217
14.	Jakob Laurin Erbeskern 100m: 01:26,55 (01:26,55) 200m: 03:02,56 (01:36,01) 300m: 04:37,40 (01:34,84) 400m: 06:06,22 (01:28,82)	2012	SV Blau-Weiß Bochum	06:06,22	216
15.	Leo Stracke 100m: 01:24,53 (01:24,53) 200m: 02:59,30 (01:34,77) 300m: 04:36,41 (01:37,11) 400m: 06:07,02 (01:30,61)	2012	SV Plettenberg 1951 e.V.	06:07,02	215
16.	Mika Lüttenberg 100m: 01:24,03 (01:24,03) 200m: 03:02,84 (01:38,81) 300m: 04:42,80 (01:39,96) 400m: 06:21,13 (01:38,33)	2012	Waspo Blau Gelb Delphin	06:21,13	192
17.	Nils Nordmann 100m: 01:27,88 (01:27,88) 200m: 03:07,49 (01:39,61) 300m: 04:48,43 (01:40,94) 400m: 06:26,85 (01:38,42)	2012	SSC Hörde 54/58 e.V.	06:26,85	184
18.	Hannes Hugo Neumann 100m: 01:30,59 (01:30,59) 200m: 03:13,43 (01:42,84) 300m: 04:55,99 (01:42,56) 400m: 06:30,94 (01:34,95)	2012	SG Lünen	06:30,94	178
19.	Anno Hermann 100m: 01:31,91 (01:31,91) 200m: 03:14,29 (01:42,38) 300m: 04:57,65 (01:43,36) 400m: 06:31,89 (01:34,24)	2012	SSC Hörde 54/58 e.V.	06:31,89	177

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
20.	Julian Bohle	2012	SG Dortmund	06:35,69	172
	100m: 01:33,54 (01:33,54) 200m: 03:17,94 (01:44,40) 300m: 05:00,39 (01:42,45)				
	400m: 06:35,69 (01:35,30)				
	<u>abgemeldet</u>				
	Jona Schallock	2012	SG Dortmund		
	Raphael Zuber	2012	SG Dortmund		

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälischer Jahrgangsmeister					
	Jonah Welnic	2011	SG Ruhr	05:33,57	287
	100m: 01:16,73 (01:16,73) 200m: 02:43,03 (01:26,30) 300m: 04:10,48 (01:27,45)				
	400m: 05:33,57 (01:23,09)				
2.	Xavier Tjiawi	2011	Sport Union Annen	05:38,56	274
	100m: 01:14,17 (01:14,17) 200m: 02:42,85 (01:28,68) 300m: 04:13,70 (01:30,85)				
	400m: 05:38,56 (01:24,86)				
3.	Henri Wobig	2011	SV Hagen 1894	05:51,25	245
	100m: 01:23,78 (01:23,78) 200m: 02:55,03 (01:31,25) 300m: 04:25,00 (01:29,97)				
	400m: 05:51,25 (01:26,25)				
4.	Mika Knoche	2011	SV Plettenberg 1951 e.V.	05:57,95	232
	100m: 01:20,94 (01:20,94) 200m: 02:53,58 (01:32,64) 300m: 04:26,77 (01:33,19)				
	400m: 05:57,95 (01:31,18)				
5.	Alexander Maier	2011	Rote Erde/SWIM-TEAM TuS 1859 Hamm	06:03,76	221
	100m: 01:21,59 (01:21,59) 200m: 02:56,13 (01:34,54) 300m: 04:33,76 (01:37,63)				
	400m: 06:03,76 (01:30,00)				
6.	Mika Tom Krause	2011	Wfr. TuRa Bergkamen	06:10,37	209
	100m: 01:25,04 (01:25,04) 200m: 03:01,78 (01:36,74) 300m: 04:37,35 (01:35,57)				
	400m: 06:10,37 (01:33,02)				
	<u>abgemeldet</u>				
	Daniel Merkle	2011	Rote Erde/SWIM-TEAM TuS 1859 Hamm		
	Nevio Altemeier	2011	Wfr. TuRa Bergkamen		
	Till Rossmann	2011	TuS Sundern		

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälischer Jahrgangsmeister					
	David Metzger	2010	VfL Kemminghausen	05:01,91	387
	100m: 01:11,64 (01:11,64) 200m: 02:29,55 (01:17,91) 300m: 03:47,72 (01:18,17)				
	400m: 05:01,91 (01:14,19)				
2.	Adrian Gusseva	2010	Sport Union Annen	05:09,06	361
	100m: 01:08,19 (01:08,19) 200m: 02:26,91 (01:18,72) 300m: 03:48,66 (01:21,75)				
	400m: 05:09,06 (01:20,40)				
3.	Justus Garn	2010	SG Lünen	05:10,04	357
	100m: 01:11,65 (01:11,65) 200m: 02:31,73 (01:20,08) 300m: 03:52,60 (01:20,87)				
	400m: 05:10,04 (01:17,44)				
4.	Ergin Yilmaz	2010	SSC Hörde 54/58 e.V.	05:25,03	310
	100m: 01:15,28 (01:15,28) 200m: 02:40,43 (01:25,15) 300m: 04:05,86 (01:25,43)				
	400m: 05:25,03 (01:19,17)				
5.	Jannik Jordan	2010	SSC Hörde 54/58 e.V.	05:33,70	286
	100m: 01:20,37 (01:20,37) 200m: 02:49,12 (01:28,75) 300m: 04:14,84 (01:25,72)				
	400m: 05:33,70 (01:18,86)				

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
6.	Noah Hille	2010	SV Wasserfreunde Soest e.V. 1913	05:43,69	262
	100m: 01:18,26 (01:18,26) 200m: 02:47,05 (01:28,79) 300m: 04:17,34 (01:30,29)				
	400m: 05:43,69 (01:26,35)				

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälischer Jahrgangsmeister					
	Frederik Klump	2009	SG Siegen	04:49,21	440
	100m: 01:08,31 (01:08,31) 200m: 02:23,18 (01:14,87) 300m: 03:37,81 (01:14,63)				
	400m: 04:49,21 (01:11,40)				
2.	Max Zimmermann	2009	Teutonia Lippstadt	05:02,64	384
	100m: 01:11,07 (01:11,07) 200m: 02:28,81 (01:17,74) 300m: 03:46,84 (01:18,03)				
	400m: 05:02,64 (01:15,80)				
3.	Jasper Wojciech Meis	2009	SV Schwerte 06	05:15,37	339
	100m: 01:10,51 (01:10,51) 200m: 02:32,39 (01:21,88) 300m: 02:56,78 (00:24,39)				
	400m: 05:15,37 (02:18,59)				
4.	Jan Melcher	2009	TuS Sundern	05:16,19	337
	100m: 01:12,52 (01:12,52) 200m: 02:35,15 (01:22,63) 300m: 03:57,77 (01:22,62)				
	400m: 05:16,19 (01:18,42)				
5.	Lukas Weinert	2009	SG Siegen	05:18,88	328
	100m: 01:18,05 (01:18,05) 200m: 02:39,97 (01:21,92) 300m: 04:03,17 (01:23,20)				
	400m: 05:18,88 (01:15,71)				

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälischer Jahrgangsmeister					
	Jordan Kribber	2008	SG Siegen	04:36,31	505
	100m: 01:06,11 (01:06,11) 200m: 02:16,46 (01:10,35) 300m: 03:28,15 (01:11,69)				
	400m: 04:36,31 (01:08,16)				
2.	Luca Reber	2008	SSC Hörde 54/58 e.V.	04:43,33	468
	100m: 01:05,59 (01:05,59) 200m: 02:18,98 (01:13,39) 300m: 03:32,77 (01:13,79)				
	400m: 04:43,33 (01:10,56)				
3.	Marlon Shawn Lann	2008	SSC Hörde 54/58 e.V.	04:47,99	446
	100m: 01:02,23 (01:02,23) 200m: 02:16,74 (01:14,51) 300m: 03:33,75 (01:17,01)				
	400m: 04:47,99 (01:14,24)				
4.	Kelvin Witt	2008	SV Plettenberg 1951 e.V.	04:56,91	407
	100m: 01:06,87 (01:06,87) 200m: 02:23,31 (01:16,44) 300m: 03:41,56 (01:18,25)				
	400m: 04:56,91 (01:15,35)				
5.	Jonas Riebel	2008	SSC Hörde 54/58 e.V.	05:00,65	392
	100m: 01:08,09 (01:08,09) 200m: 02:26,97 (01:18,88) 300m: 03:46,00 (01:19,03)				
	400m: 05:00,65 (01:14,65)				
	<u>abgemeldet</u>				
	Elia Irle	2008	SG Siegen		
	Piet Julius Weppler	2008	SSC Hörde 54/58 e.V.		

Jahrgang 2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälischer Jahrgangsmeister					
	Maksym Len	2007	SG Dortmund	04:17,33	625
	100m: 01:01,98 (01:01,98) 200m: 02:07,92 (01:05,94) 300m: 03:13,73 (01:05,81)				
	400m: 04:17,33 (01:03,60)				

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
2.	Julian Samen 100m: 01:09,30 (01:09,30) 200m: 02:28,07 (01:18,77) 300m: 03:48,44 (01:20,37) 400m: 05:03,44 (01:15,00)	2007	TuS Dortmund-Brackel	05:03,44	381
3.	Sandor Piskover 100m: 01:09,87 (01:09,87) 200m: 02:28,25 (01:18,38) 300m: 03:48,50 (01:20,25) 400m: 05:06,98 (01:18,48)	2007	SSC Hörde 54/58 e.V.	05:06,98	368
4.	Jakob Wagner 100m: 01:10,14 (01:10,14) 200m: 02:28,03 (01:17,89) 300m: 03:47,66 (01:19,63) 400m: 05:07,57 (01:19,91)	2007	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:07,57	366
5.	Jonas Garn 100m: 01:08,78 (01:08,78) 200m: 02:28,37 (01:19,59) 300m: 03:50,14 (01:21,77) 400m: 05:09,30 (01:19,16)	2007	SG Lünen	05:09,30	360
6.	Falk Hermann 100m: 01:10,56 (01:10,56) 200m: 02:31,33 (01:20,77) 300m: 03:52,31 (01:20,98) 400m: 05:09,54 (01:17,23)	2007	SSC Hörde 54/58 e.V.	05:09,54	359
7.	Deniz Arlt 100m: 01:10,12 (01:10,12) 200m: 02:32,04 (01:21,92) 300m: 03:52,88 (01:20,84) 400m: 05:09,78 (01:16,90)	2007	SG Wassersport Iserlohn	05:09,78	358
8.	Mats Schürmann 100m: 01:10,00 (01:10,00) 200m: 02:31,36 (01:21,36) 300m: 03:55,25 (01:23,89) 400m: 05:15,75 (01:20,50)	2007	SV Bieber 67 Lendringsen	05:15,75	338
	<u>abgemeldet</u> Maximilian Wolf	2007	SV Bieber 67 Lendringsen		

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälischer Meister	Maksym Len 100m: 01:01,98 (01:01,98) 200m: 02:07,92 (01:05,94) 300m: 03:13,73 (01:05,81) 400m: 04:17,33 (01:03,60)	2007	SG Dortmund	04:17,33	625
2.	Jordan Kribber 100m: 01:06,11 (01:06,11) 200m: 02:16,46 (01:10,35) 300m: 03:28,15 (01:11,69) 400m: 04:36,31 (01:08,16)	2008	SG Siegen	04:36,31	505
3.	Luca Reber 100m: 01:05,59 (01:05,59) 200m: 02:18,98 (01:13,39) 300m: 03:32,77 (01:13,79) 400m: 04:43,33 (01:10,56)	2008	SSC Hörde 54/58 e.V.	04:43,33	468
4.	Marlon Shawn Lann 100m: 01:02,23 (01:02,23) 200m: 02:16,74 (01:14,51) 300m: 03:33,75 (01:17,01) 400m: 04:47,99 (01:14,24)	2008	SSC Hörde 54/58 e.V.	04:47,99	446
5.	Frederik Klump 100m: 01:08,31 (01:08,31) 200m: 02:23,18 (01:14,87) 300m: 03:37,81 (01:14,63) 400m: 04:49,21 (01:11,40)	2009	SG Siegen	04:49,21	440
6.	Louis Owie 100m: 01:04,79 (01:04,79) 200m: 02:17,82 (01:13,03) 300m: 03:35,29 (01:17,47) 400m: 04:51,95 (01:16,66)	2005	SG Siegen	04:51,95	428
7.	Kelvin Witt 100m: 01:06,87 (01:06,87) 200m: 02:23,31 (01:16,44) 300m: 03:41,56 (01:18,25) 400m: 04:56,91 (01:15,35)	2008	SV Plettenberg 1951 e.V.	04:56,91	407
8.	Jonas Riebel 100m: 01:08,09 (01:08,09) 200m: 02:26,97 (01:18,88) 300m: 03:46,00 (01:19,03) 400m: 05:00,65 (01:14,65)	2008	SSC Hörde 54/58 e.V.	05:00,65	392

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
9.	David Metzger 100m: 01:11,64 (01:11,64) 200m: 02:29,55 (01:17,91) 300m: 03:47,72 (01:18,17) 400m: 05:01,91 (01:14,19)	2010	VfL Kemminghausen	05:01,91	387
10.	Max Zimmermann 100m: 01:11,07 (01:11,07) 200m: 02:28,81 (01:17,74) 300m: 03:46,84 (01:18,03) 400m: 05:02,64 (01:15,80)	2009	Teutonia Lippstadt	05:02,64	384
11.	Julian Samen 100m: 01:09,30 (01:09,30) 200m: 02:28,07 (01:18,77) 300m: 03:48,44 (01:20,37) 400m: 05:03,44 (01:15,00)	2007	TuS Dortmund-Brackel	05:03,44	381
12.	Sandor Piskover 100m: 01:09,87 (01:09,87) 200m: 02:28,25 (01:18,38) 300m: 03:48,50 (01:20,25) 400m: 05:06,98 (01:18,48)	2007	SSC Hörde 54/58 e.V.	05:06,98	368
13.	Jakob Wagner 100m: 01:10,14 (01:10,14) 200m: 02:28,03 (01:17,89) 300m: 03:47,66 (01:19,63) 400m: 05:07,57 (01:19,91)	2007	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:07,57	366
14.	Adrian Gusseva 100m: 01:08,19 (01:08,19) 200m: 02:26,91 (01:18,72) 300m: 03:48,66 (01:21,75) 400m: 05:09,06 (01:20,40)	2010	Sport Union Annen	05:09,06	361
15.	Jonas Garn 100m: 01:08,78 (01:08,78) 200m: 02:28,37 (01:19,59) 300m: 03:50,14 (01:21,77) 400m: 05:09,30 (01:19,16)	2007	SG Lünen	05:09,30	360
16.	Falk Hermann 100m: 01:10,56 (01:10,56) 200m: 02:31,33 (01:20,77) 300m: 03:52,31 (01:20,98) 400m: 05:09,54 (01:17,23)	2007	SSC Hörde 54/58 e.V.	05:09,54	359
17.	Deniz Arlt 100m: 01:10,12 (01:10,12) 200m: 02:32,04 (01:21,92) 300m: 03:52,88 (01:20,84) 400m: 05:09,78 (01:16,90)	2007	SG Wassersport Iserlohn	05:09,78	358
18.	Justus Garn 100m: 01:11,65 (01:11,65) 200m: 02:31,73 (01:20,08) 300m: 03:52,60 (01:20,87) 400m: 05:10,04 (01:17,44)	2010	SG Lünen	05:10,04	357
19.	Jasper Wojciech Meis 100m: 01:10,51 (01:10,51) 200m: 02:32,39 (01:21,88) 300m: 02:56,78 (00:24,39) 400m: 05:15,37 (02:18,59)	2009	SV Schwerte 06	05:15,37	339
20.	Mats Schürmann 100m: 01:10,00 (01:10,00) 200m: 02:31,36 (01:21,36) 300m: 03:55,25 (01:23,89) 400m: 05:15,75 (01:20,50)	2007	SV Bieber 67 Lendringsen	05:15,75	338
21.	Jan Melcher 100m: 01:12,52 (01:12,52) 200m: 02:35,15 (01:22,63) 300m: 03:57,77 (01:22,62) 400m: 05:16,19 (01:18,42)	2009	TuS Sundern	05:16,19	337
22.	Noah Masiello 100m: 01:16,09 (01:16,09) 200m: 02:39,42 (01:23,33) 300m: 04:02,90 (01:23,48) 400m: 05:18,63 (01:15,73)	2012	SG Wassersport Iserlohn	05:18,63	329
23.	Lukas Weinert 100m: 01:18,05 (01:18,05) 200m: 02:39,97 (01:21,92) 300m: 04:03,17 (01:23,20) 400m: 05:18,88 (01:15,71)	2009	SG Siegen	05:18,88	328
24.	Ergin Yilmaz 100m: 01:15,28 (01:15,28) 200m: 02:40,43 (01:25,15) 300m: 04:05,86 (01:25,43) 400m: 05:25,03 (01:19,17)	2010	SSC Hörde 54/58 e.V.	05:25,03	310
25.	Lian Fynn Niehaus 100m: 01:18,48 (01:18,48) 200m: 02:42,04 (01:23,56) 300m: 04:03,89 (01:21,85) 400m: 05:26,63 (01:22,74)	2012	SV Blau-Weiß Bochum	05:26,63	305
26.	Paul Reuker 100m: 01:17,18 (01:17,18) 200m: 02:41,86 (01:24,68) 300m: 04:05,37 (01:23,51) 400m: 05:27,29 (01:21,92)	2012	SG Dortmund	05:27,29	304

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
27.	Jonah Welnic 100m: 01:16,73 (01:16,73) 200m: 02:43,03 (01:26,30) 300m: 04:10,48 (01:27,45) 400m: 05:33,57 (01:23,09)	2011	SG Ruhr	05:33,57	287
27.	Pascal Reimann 100m: 01:16,73 (01:16,73) 200m: 02:43,03 (01:26,30) 300m: 04:10,48 (01:27,45) 400m: 05:33,57 (01:23,09)	2012	SG Dortmund	05:33,57	287
29.	Jannik Jordan 100m: 01:20,37 (01:20,37) 200m: 02:49,12 (01:28,75) 300m: 04:14,84 (01:25,72) 400m: 05:33,70 (01:18,86)	2010	SSC Hörde 54/58 e.V.	05:33,70	286
30.	Xavier Tjiawi 100m: 01:14,17 (01:14,17) 200m: 02:42,85 (01:28,68) 300m: 04:13,70 (01:30,85) 400m: 05:38,56 (01:24,86)	2011	Sport Union Annen	05:38,56	274
31.	Jan Dudek 100m: 01:21,87 (01:21,87) 200m: 02:52,23 (01:30,36) 300m: 04:19,42 (01:27,19) 400m: 05:42,13 (01:22,71)	2012	SG Dortmund	05:42,13	266
32.	Marcel Piskover 100m: 01:21,50 (01:21,50) 200m: 02:50,50 (01:29,00) 300m: 04:18,54 (01:28,04) 400m: 05:42,81 (01:24,27)	2012	SG Dortmund	05:42,81	264
33.	Noah Hille 100m: 01:18,26 (01:18,26) 200m: 02:47,05 (01:28,79) 300m: 04:17,34 (01:30,29) 400m: 05:43,69 (01:26,35)	2010	SV Wasserfreunde Soest e.V. 1913	05:43,69	262
34.	Kenzo Enguun Batbayar 100m: 01:23,58 (01:23,58) 200m: 02:53,72 (01:30,14) 300m: 04:22,51 (01:28,79) 400m: 05:45,04 (01:22,53)	2012	SG Dortmund	05:45,04	259
35.	Henri Wobig 100m: 01:23,78 (01:23,78) 200m: 02:55,03 (01:31,25) 300m: 04:25,00 (01:29,97) 400m: 05:51,25 (01:26,25)	2011	SV Hagen 1894	05:51,25	245
36.	Philipp Klinkowski 100m: 01:24,57 (01:24,57) 200m: 02:56,32 (01:31,75) 300m: 04:28,76 (01:32,44) 400m: 05:56,22 (01:27,46)	2013	SG Dortmund	05:56,22	235
37.	Falk Kaygusuz 100m: 01:24,94 (01:24,94) 200m: 02:57,61 (01:32,67) 300m: 04:29,93 (01:32,32) 400m: 05:56,88 (01:26,95)	2012	SV Blau-Weiß Bochum	05:56,88	234
38.	Max Simon 100m: 01:22,12 (01:22,12) 200m: 02:54,49 (01:32,37) 300m: 04:29,37 (01:34,88) 400m: 05:57,18 (01:27,81)	2012	Wfr. TuRa Bergkamen	05:57,18	233
39.	Mika Knoche 100m: 01:20,94 (01:20,94) 200m: 02:53,58 (01:32,64) 300m: 04:26,77 (01:33,19) 400m: 05:57,95 (01:31,18)	2011	SV Plettenberg 1951 e.V.	05:57,95	232
40.	Ruben Sauer 100m: 01:25,62 (01:25,62) 200m: 02:58,68 (01:33,06) 300m: 04:31,03 (01:32,35) 400m: 05:57,96 (01:26,93)	2012	SV Blau-Weiß Bochum	05:57,96	232
41.	Daniel Ransch 100m: 01:26,76 (01:26,76) 200m: 02:58,79 (01:32,03) 300m: 04:30,38 (01:31,59) 400m: 05:58,73 (01:28,35)	2013	SG Ruhr	05:58,73	230
42.	Nicolas Rainer Lange 100m: 01:24,62 (01:24,62) 200m: 02:58,22 (01:33,60) 300m: 04:32,63 (01:34,41) 400m: 06:02,88 (01:30,25)	2012	SV Blau-Weiß Bochum	06:02,88	223
43.	Alexander Maier 100m: 01:21,59 (01:21,59) 200m: 02:56,13 (01:34,54) 300m: 04:33,76 (01:37,63) 400m: 06:03,76 (01:30,00)	2011	Rote Erde/SWIM-TEAM TuS 1859 Hamm	06:03,76	221
44.	Mattis Junker 100m: 01:25,49 (01:25,49) 200m: 03:01,70 (01:36,21) 300m: 04:38,29 (01:36,59) 400m: 06:06,10 (01:27,81)	2012	SG Siegen	06:06,10	217

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
45.	Tim Burckhardt	2012	SSC Hörde 54/58 e.V.	06:06,12	217
	100m: 01:23,57 (01:23,57) 200m: 02:58,28 (01:34,71) 300m: 04:35,20 (01:36,92)				
	400m: 06:06,12 (01:30,92)				
46.	Jakob Laurin Erbeskern	2012	SV Blau-Weiß Bochum	06:06,22	216
	100m: 01:26,55 (01:26,55) 200m: 03:02,56 (01:36,01) 300m: 04:37,40 (01:34,84)				
	400m: 06:06,22 (01:28,82)				
47.	Leo Stracke	2012	SV Plettenberg 1951 e.V.	06:07,02	215
	100m: 01:24,53 (01:24,53) 200m: 02:59,30 (01:34,77) 300m: 04:36,41 (01:37,11)				
	400m: 06:07,02 (01:30,61)				
48.	Maximilian Radloff	2013	SG Dortmund	06:09,67	210
	100m: 01:26,17 (01:26,17) 200m: 03:03,61 (01:37,44) 300m: 04:38,74 (01:35,13)				
	400m: 06:09,67 (01:30,93)				
49.	Mika Tom Krause	2011	Wfr. TuRa Bergkamen	06:10,37	209
	100m: 01:25,04 (01:25,04) 200m: 03:01,78 (01:36,74) 300m: 04:37,35 (01:35,57)				
	400m: 06:10,37 (01:33,02)				
50.	Karl Luis Priestersbach	2013	SG Dortmund	06:16,21	200
	100m: 01:31,86 (01:31,86) 200m: 03:09,52 (01:37,66) 300m: 04:47,68 (01:38,16)				
	400m: 06:16,21 (01:28,53)				
51.	Mika Lüttenberg	2012	Waspo Blau Gelb Delphin	06:21,13	192
	100m: 01:24,03 (01:24,03) 200m: 03:02,84 (01:38,81) 300m: 04:42,80 (01:39,96)				
	400m: 06:21,13 (01:38,33)				
52.	Nils Nordmann	2012	SSC Hörde 54/58 e.V.	06:26,85	184
	100m: 01:27,88 (01:27,88) 200m: 03:07,49 (01:39,61) 300m: 04:48,43 (01:40,94)				
	400m: 06:26,85 (01:38,42)				
53.	Hannes Hugo Neumann	2012	SG Lünen	06:30,94	178
	100m: 01:30,59 (01:30,59) 200m: 03:13,43 (01:42,84) 300m: 04:55,99 (01:42,56)				
	400m: 06:30,94 (01:34,95)				
54.	Anno Hermann	2012	SSC Hörde 54/58 e.V.	06:31,89	177
	100m: 01:31,91 (01:31,91) 200m: 03:14,29 (01:42,38) 300m: 04:57,65 (01:43,36)				
	400m: 06:31,89 (01:34,24)				
55.	Adelio Fischer	2013	SG Lünen	06:32,23	176
	100m: 01:28,61 (01:28,61) 200m: 03:10,48 (01:41,87) 300m: 04:53,92 (01:43,44)				
	400m: 06:32,23 (01:38,31)				
56.	Julian Bohle	2012	SG Dortmund	06:35,69	172
	100m: 01:33,54 (01:33,54) 200m: 03:17,94 (01:44,40) 300m: 05:00,39 (01:42,45)				
	400m: 06:35,69 (01:35,30)				
57.	Leon Reber	2013	SSC Hörde 54/58 e.V.	06:35,81	171
	100m: 01:34,17 (01:34,17) 200m: 03:18,94 (01:44,77) 300m: 05:02,12 (01:43,18)				
	400m: 06:35,81 (01:33,69)				
58.	Elias Braunke	2013	SSC Hörde 54/58 e.V.	06:36,49	170
	100m: 01:29,74 (01:29,74) 200m: 03:11,03 (01:41,29) 300m: 04:56,49 (01:45,46)				
	400m: 06:36,49 (01:40,00)				
59.	Malte Weinert	2013	SG Siegen	06:39,75	166
	100m: 01:36,04 (01:36,04) 200m: 03:18,48 (01:42,44) 300m: 04:59,83 (01:41,35)				
	400m: 06:39,75 (01:39,92)				
60.	Ben Hörster	2013	Mendener SV	06:41,92	164
	100m: 01:33,61 (01:33,61) 200m: 03:17,43 (01:43,82) 300m: 05:03,60 (01:46,17)				
	400m: 06:41,92 (01:38,32)				
61.	Paul-Luca Nienaber	2013	TV Werne 03 Wasserfreunde	06:49,47	155
	100m: 01:35,58 (01:35,58) 200m: 03:23,40 (01:47,82) 300m: 05:13,19 (01:49,79)				
	400m: 06:49,47 (01:36,28)				
62.	Henri Faber	2013	TuS Dortmund-Brackel	06:51,10	153
	100m: 01:38,04 (01:38,04) 200m: 03:32,80 (01:54,76) 300m: 05:08,06 (01:35,26)				
	400m: 06:51,10 (01:43,04)				

Südwestfälische Meisterschaften Lange Strecken / Masters / SMK 2024

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
63.	Ben Grigoryan 100m: 01:41,01 (01:41,01) 200m: 03:31,51 (01:50,50) 300m: 05:23,46 (01:51,95) 400m: 07:04,11 (01:40,65)	2013	SG Ruhr	07:04,11	139
64.	Philipp ten Venne 100m: 01:38,15 (01:38,15) 200m: 03:29,49 (01:51,34) 300m: 05:22,29 (01:52,80) 400m: 07:09,21 (01:46,92)	2013	SSC Hörde 54/58 e.V.	07:09,21	134
	<u>abgemeldet</u> Maurice Wetekam	2006	SG Dortmund		

Dortmund, den 17.02.2024
Abschnittende: 14:45 Uhr
Protokollende: 15:08 Uhr

gez. Franco Murgia
Schiedsrichter weiblich

gez. Markus Kohnen
Schiedsrichter männlich

gez. Oliver Reinert
Protokollführer