

Südwestfälische Meisterschaften Lange Strecken / Masters /SMK

vom 21.02.2026 bis 22.02.2026 | Südbad

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Veranstalter: Schwimm-Verband Südwestfalen | Ausrichter: SG Dortmund e.V.

Wettkampf 1 - 400m Lagen weiblich

Pflichtzeiten

2015: 07:30,00 2014: 07:15,00 2013: 07:00,00 2012: 06:30,00 2011: 06:15,00 2010: 06:10,00 2009: 06:05,00 2008 und älter: 06:00,00

Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Jahrgangsmeisterin					
	Maleen Stricker	2015	SSC Hörde 54/58 e.V.	07:14,29	223
	100m: 01:45,96 (01:45,96) 200m: 03:32,86 (01:46,90) 300m: 05:41,54 (02:08,68)				
	400m: 07:14,29 (01:32,75)				

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Jahrgangsmeisterin					
	Lilly Rataj	2014	SSC Hörde 54/58 e.V.	06:29,35	310
	100m: 01:34,27 (01:34,27) 200m: 03:13,47 (01:39,20) 300m: 04:59,36 (01:45,89)				
	400m: 06:29,35 (01:29,99)				
2.	Thea Herrmann	2014	SSC Hörde 54/58 e.V.	06:34,48	298
	100m: 01:32,78 (01:32,78) 200m: 03:21,81 (01:49,03) 300m: 05:06,78 (01:44,97)				
	400m: 06:34,48 (01:27,70)				
3.	Mikaela Abazaj	2014	SG Ruhr	06:44,94	276
	100m: 01:45,17 (01:45,17) 200m: 03:23,01 (01:37,84) 300m: 05:13,81 (01:50,80)				
	400m: 06:44,94 (01:31,13)				
4.	Frida Neumann	2014	SG Lünen	06:48,15	269
	100m: 01:35,71 (01:35,71) 200m: 03:18,79 (01:43,08) 300m: 05:14,84 (01:56,05)				
	400m: 06:48,15 (01:33,31)				
5.	Mia Riemer	2014	Sport Union Annen	06:49,52	266
	100m: 01:47,67 (01:47,67) 200m: 03:33,16 (01:45,49) 300m: 05:18,22 (01:45,06)				
	400m: 06:49,52 (01:31,30)				
6.	Melina Owetschkin	2014	SG Lünen	06:52,62	260
	100m: 01:40,74 (01:40,74) 200m: 03:24,61 (01:43,87) 300m: 05:21,83 (01:57,22)				
	400m: 06:52,62 (01:30,79)				
7.	Thea Marlene Knappmann	2014	SG Lünen	06:59,87	247
	100m: 01:41,31 (01:41,31) 200m: 03:27,15 (01:45,84) 300m: 05:24,18 (01:57,03)				
	400m: 06:59,87 (01:35,69)				
8.	Luisa Garthaus	2014	SSC Hörde 54/58 e.V.	07:00,10	247
	100m: 01:50,88 (01:50,88) 200m: 03:32,76 (01:41,88) 300m: 05:25,36 (01:52,60)				
	400m: 07:00,10 (01:34,74)				

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Jahrgangsmeisterin					
	Louisa Färber	2013	SG Lünen	06:00,27	391
	100m: 01:23,80 (01:23,80) 200m: 02:50,93 (01:27,13) 300m: 04:42,27 (01:51,34)				
	400m: 06:00,27 (01:18,00)				
2.	Lena Mallinkrodt	2013	SG Siegen	06:07,12	370
	100m: 01:25,16 (01:25,16) 200m: 02:58,84 (01:33,68) 300m: 04:47,34 (01:48,50)				
	400m: 06:07,12 (01:19,78)				
3.	Katharina Kohl	2013	SG Dortmund	06:08,61	365
	100m: 02:58,22 (02:58,22) 200m: 04:46,85 (01:48,63) 400m: 06:08,61 (01:21,76)				
4.	Sarah Großpietsch	2013	Wfr. TuRa Bergkamen	06:16,09	344
	100m: 01:35,02 (01:35,02) 200m: 03:06,67 (01:31,65) 300m: 04:54,90 (01:48,23)				
	400m: 06:16,09 (01:21,19)				

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noch Wettkampf 1 - 400m Lagen weiblich

noch Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
5.	Mathilde Schulte-Steinberg 100m: 01:27,77 (01:27,77) 200m: 03:05,89 (01:38,12) 300m: 04:58,06 (01:52,17) 400m: 06:18,63 (01:20,57)	2013	SSC Hörde 54/58 e.V.	06:18,63	337	
6.	Mia-Luise Köhling 100m: 01:30,53 (01:30,53) 200m: 03:10,23 (01:39,70) 300m: 04:50,70 (01:40,47) 400m: 06:19,41 (01:28,71)	2013	SV Blau-Weiß Bochum	06:19,41	335	
7.	Janiella Myka Minze 100m: 01:23,03 (01:23,03) 200m: 03:05,89 (01:42,86) 300m: 04:49,99 (01:44,10) 400m: 06:23,15 (01:33,16)	2013	SSC Hörde 54/58 e.V.	06:23,15	325	
8.	Charlotte Siegner 100m: 01:27,68 (01:27,68) 200m: 03:03,98 (01:36,30) 300m: 04:57,70 (01:53,72) 400m: 06:23,97 (01:26,27)	2013	SG Dortmund	06:23,97	323	
9.	Paula Dammers 100m: 01:38,81 (01:38,81) 200m: 03:18,16 (01:39,35) 300m: 05:07,21 (01:49,05) 400m: 06:32,61 (01:25,40)	2013	SV Schwerte 06	06:32,61	302	
10.	Lina Kölpin 100m: 01:34,56 (01:34,56) 200m: 03:18,37 (01:43,81) 300m: 05:13,68 (01:55,31) 400m: 06:39,49 (01:25,81)	2013	TV Grüne Linde 1901	06:39,49	287	
11.	Alaya Gallani 100m: 01:44,69 (01:44,69) 200m: 03:25,99 (01:41,30) 300m: 05:22,15 (01:56,16) 400m: 06:53,55 (01:31,40)	2013	WASPO Blau Gelb Delphin Bochum e.V.	06:53,55	259	
12.	Victoria Unger 100m: 01:51,62 (01:51,62) 200m: 03:35,53 (01:43,91) 300m: 05:36,36 (02:00,83) 400m: 07:05,92 (01:29,56)	2013	Sport Union Annen	07:05,92	237	EnM

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Südwestfälische Jahrgangsmeisterin	Mira Ohrt 100m: 01:27,88 (01:27,88) 200m: 02:57,29 (01:29,41) 300m: 04:37,01 (01:39,72) 400m: 05:55,15 (01:18,14)	2012	SG Ruhr	05:55,15	409	
2.	Elea Stute 100m: 01:26,92 (01:26,92) 200m: 03:01,03 (01:34,11) 300m: 04:36,87 (01:35,84) 400m: 06:00,23 (01:23,36)	2012	TuS Sundern	06:00,23	392	
3.	Clara Schlabach 100m: 01:32,04 (01:32,04) 200m: 03:05,43 (01:33,39) 300m: 04:37,37 (01:31,94) 400m: 06:01,60 (01:24,23)	2012	SG Siegen	06:01,60	387	
4.	Vivien Eisenburger 100m: 01:26,77 (01:26,77) 200m: 02:57,48 (01:30,71) 300m: 04:39,00 (01:41,52) 400m: 06:03,97 (01:24,97)	2012	SG Ruhr	06:03,97	380	
5.	Nike Diehl 100m: 01:27,95 (01:27,95) 200m: 02:59,72 (01:31,77) 300m: 04:43,64 (01:43,92) 400m: 06:05,64 (01:22,00)	2012	Team Bochum	06:05,64	374	
6.	Franziska Leugner 100m: 01:31,80 (01:31,80) 200m: 03:13,95 (01:42,15) 300m: 04:56,84 (01:42,89) 400m: 06:18,86 (01:22,02)	2012	SV Blau-Weiß Bochum	06:18,86	337	
7.	Emelie Brand 100m: 01:27,16 (01:27,16) 200m: 03:08,15 (01:40,99) 300m: 04:56,60 (01:48,45) 400m: 06:19,27 (01:22,67)	2012	SV Hagen 1894	06:19,27	335	
8.	Sarah Becker 100m: 01:30,62 (01:30,62) 200m: 03:07,36 (01:36,74) 300m: 04:55,13 (01:47,77) 400m: 06:20,40 (01:25,27)	2012	WASPO Blau Gelb Delphin Bochum e.V.	06:20,40	332	

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noch Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
9.	Hanna Wolter 100m: 01:29,93 (01:29,93) 200m: 03:09,25 (01:39,32) 300m: 04:54,97 (01:45,72) 400m: 06:21,50 (01:26,53)	2012	SV Hagen 1894	06:21,50	330	
10.	Lotta Schroller 100m: 01:25,60 (01:25,60) 200m: 03:03,56 (01:37,96) 300m: 04:55,23 (01:51,67) 400m: 06:22,63 (01:27,40)	2012	SG Wassersport Iserlohn	06:22,63	327	
11.	Katarina Flömer 100m: 01:30,21 (01:30,21) 200m: 03:09,89 (01:39,68) 300m: 05:02,20 (01:52,31) 400m: 06:28,74 (01:26,54)	2012	SG Ruhr	06:28,74	311	
12.	Karolin Kramer 100m: 01:31,04 (01:31,04) 200m: 03:07,49 (01:36,45) 300m: 05:06,30 (01:58,81) 400m: 06:30,31 (01:24,01)	2012	SG Siegen	06:30,31	308	EnM
13.	Livia Maria Goßheger 100m: 01:39,25 (01:39,25) 200m: 03:17,91 (01:38,66) 300m: 05:09,66 (01:51,75) 400m: 06:35,28 (01:25,62)	2012	WASPO Blau Gelb Delphin Bochum e.V.	06:35,28	296	EnM
14.	Anni Schulte 100m: 01:27,96 (01:27,96) 200m: 03:11,33 (01:43,37) 300m: 05:02,82 (01:51,49) 400m: 06:36,01 (01:33,19)	2012	SG Lünen	06:36,01	295	EnM

abgemeldet

Federica Bartmann 2012 SG Wassersport Iserlohn

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Südwestfälische Jahrgangsmeisterin						
	Hannah Amelie Joswig 100m: 01:12,73 (01:12,73) 200m: 02:40,77 (01:28,04) 300m: 04:08,07 (01:27,30) 400m: 05:23,52 (01:15,45)	2011	Team Bochum	05:23,52	541	
2.	Iva Rezic 100m: 01:16,03 (01:16,03) 200m: 02:44,72 (01:28,69) 300m: 04:24,13 (01:39,41) 400m: 05:37,41 (01:13,28)	2011	SG Siegen	05:37,41	477	
3.	Paulina Rosalie Tönges 100m: 01:20,77 (01:20,77) 200m: 02:51,16 (01:30,39) 300m: 04:34,36 (01:43,20) 400m: 05:53,71 (01:19,35)	2011	Team Bochum	05:53,71	414	
4.	Laura Isabel Hansen 100m: 01:18,15 (01:18,15) 200m: 02:51,59 (01:33,44) 300m: 04:37,22 (01:45,63) 400m: 05:56,46 (01:19,24)	2011	Team Bochum	05:56,46	404	
5.	Mara Klump 100m: 01:28,11 (01:28,11) 200m: 03:05,24 (01:37,13) 300m: 04:42,70 (01:37,46) 400m: 06:06,42 (01:23,72)	2011	SG Siegen	06:06,42	372	
6.	Monia Pinner 100m: 01:27,44 (01:27,44) 200m: 03:01,94 (01:34,50) 300m: 04:50,35 (01:48,41) 400m: 06:13,51 (01:23,16)	2011	SV Schwerte 06	06:13,51	351	
7.	Mila Linstaedt 100m: 01:31,41 (01:31,41) 200m: 03:10,89 (01:39,48) 300m: 04:53,85 (01:42,96) 400m: 06:25,29 (01:31,44)	2011	SG Wassersport Iserlohn	06:25,29	320	EnM

abgemeldet

Anneke Göllner 2011 Team Bochum

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Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Jahrgangsmeisterin					
	Carla Baraniskin	2010	SG Dortmund	05:17,73	571
	100m: 01:08,90 (01:08,90) 200m: 02:36,19 (01:27,29) 300m: 04:04,65 (01:28,46) 400m: 05:17,73 (01:13,08)				
2.	Ida Philine Schneider	2010	SG Siegen	05:43,37	452
	100m: 01:21,82 (01:21,82) 200m: 02:49,54 (01:27,72) 300m: 04:28,18 (01:38,64) 400m: 05:43,37 (01:15,19)				
3.	Ida Rudkowski	2010	Team Bochum	06:00,69	390
	100m: 01:19,36 (01:19,36) 200m: 02:53,60 (01:34,24) 300m: 04:36,89 (01:43,29) 400m: 06:00,69 (01:23,80)				
4.	Talea Sofie Knipp	2010	SG Siegen	06:05,30	375
	100m: 01:18,70 (01:18,70) 200m: 02:54,58 (01:35,88) 300m: 04:42,66 (01:48,08) 400m: 06:05,30 (01:22,64)				

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Jahrgangsmeisterin					
	Carlotta Meese	2009	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:45,70	443
	100m: 01:15,62 (01:15,62) 200m: 02:48,98 (01:33,36) 300m: 04:25,24 (01:36,26) 400m: 05:45,70 (01:20,46)				
2.	Wiebke Bäschnitt	2009	Team Bochum	05:48,34	433
	100m: 01:18,40 (01:18,40) 200m: 02:48,52 (01:30,12) 300m: 04:32,03 (01:43,51) 400m: 05:48,34 (01:16,31)				
3.	Paulina Kisiel	2009	SG Wassersport Iserlohn	06:07,60	368
	100m: 01:26,13 (01:26,13) 200m: 03:01,52 (01:35,39) 300m: 04:37,85 (01:36,33) 400m: 06:07,60 (01:29,75)				

Offen

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Südwestfälische Meisterin					
	Carla Baraniskin	2010	SG Dortmund	05:17,73	571
	100m: 01:08,90 (01:08,90) 200m: 02:36,19 (01:27,29) 300m: 04:04,65 (01:28,46) 400m: 05:17,73 (01:13,08)				
2.	Hannah Amelie Joswig	2011	Team Bochum	05:23,52	541
	100m: 01:12,73 (01:12,73) 200m: 02:40,77 (01:28,04) 300m: 04:08,07 (01:27,30) 400m: 05:23,52 (01:15,45)				
3.	Norah Erbeskern	2008	Team Bochum	05:31,43	503
	100m: 01:15,12 (01:15,12) 200m: 02:43,97 (01:28,85) 300m: 04:12,43 (01:28,46) 400m: 05:31,43 (01:19,00)				
4.	Emmi Liara Schneider	2008	SG Siegen	05:31,84	501
	100m: 01:13,22 (01:13,22) 200m: 02:39,80 (01:26,58) 300m: 04:16,03 (01:36,23) 400m: 05:31,84 (01:15,81)				
5.	Iva Rezic	2011	SG Siegen	05:37,41	477
	100m: 01:16,03 (01:16,03) 200m: 02:44,72 (01:28,69) 300m: 04:24,13 (01:39,41) 400m: 05:37,41 (01:13,28)				
6.	Jolina Widders	2006	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:38,39	472
	100m: 01:11,51 (01:11,51) 200m: 02:44,10 (01:32,59) 300m: 04:21,36 (01:37,26) 400m: 05:38,39 (01:17,03)				
7.	Ida Philine Schneider	2010	SG Siegen	05:43,37	452
	100m: 01:21,82 (01:21,82) 200m: 02:49,54 (01:27,72) 300m: 04:28,18 (01:38,64) 400m: 05:43,37 (01:15,19)				

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noch Wettkampf 1 - 400m Lagen weiblich

noch Offen

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
8.	Carlotta Meese 100m: 01:15,62 (01:15,62) 200m: 02:48,98 (01:33,36) 300m: 04:25,24 (01:36,26) 400m: 05:45,70 (01:20,46)	2009	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:45,70	443	
9.	Eva Marlen Chadt 100m: 01:15,90 (01:15,90) 200m: 02:43,60 (01:27,70) 300m: 04:26,10 (01:42,50) 400m: 05:46,46 (01:20,36)	2007	SG Siegen	05:46,46	440	
10.	Wiebke Bäschnitt 100m: 01:18,40 (01:18,40) 200m: 02:48,52 (01:30,12) 300m: 04:32,03 (01:43,51) 400m: 05:48,34 (01:16,31)	2009	Team Bochum	05:48,34	433	
11.	Paulina Rosalie Tönges 100m: 01:20,77 (01:20,77) 200m: 02:51,16 (01:30,39) 300m: 04:34,36 (01:43,20) 400m: 05:53,71 (01:19,35)	2011	Team Bochum	05:53,71	414	
12.	Mira Ohrt 100m: 01:27,88 (01:27,88) 200m: 02:57,29 (01:29,41) 300m: 04:37,01 (01:39,72) 400m: 05:55,15 (01:18,14)	2012	SG Ruhr	05:55,15	409	
13.	Laura Isabel Hansen 100m: 01:18,15 (01:18,15) 200m: 02:51,59 (01:33,44) 300m: 04:37,22 (01:45,63) 400m: 05:56,46 (01:19,24)	2011	Team Bochum	05:56,46	404	
14.	Elea Stute 100m: 01:26,92 (01:26,92) 200m: 03:01,03 (01:34,11) 300m: 04:36,87 (01:35,84) 400m: 06:00,23 (01:23,36)	2012	TuS Sundern	06:00,23	392	
15.	Louisa Färber 100m: 01:23,80 (01:23,80) 200m: 02:50,93 (01:27,13) 300m: 04:42,27 (01:51,34) 400m: 06:00,27 (01:18,00)	2013	SG Lünen	06:00,27	391	
16.	Ida Rudkowski 100m: 01:19,36 (01:19,36) 200m: 02:53,60 (01:34,24) 300m: 04:36,89 (01:43,29) 400m: 06:00,69 (01:23,80)	2010	Team Bochum	06:00,69	390	
17.	Clara Schlabach 100m: 01:32,04 (01:32,04) 200m: 03:05,43 (01:33,39) 300m: 04:37,37 (01:31,94) 400m: 06:01,60 (01:24,23)	2012	SG Siegen	06:01,60	387	
18.	Vivien Eisenburger 100m: 01:26,77 (01:26,77) 200m: 02:57,48 (01:30,71) 300m: 04:39,00 (01:41,52) 400m: 06:03,97 (01:24,97)	2012	SG Ruhr	06:03,97	380	
19.	Talea Sofie Knipp 100m: 01:18,70 (01:18,70) 200m: 02:54,58 (01:35,88) 300m: 04:42,66 (01:48,08) 400m: 06:05,30 (01:22,64)	2010	SG Siegen	06:05,30	375	
20.	Nike Diehl 100m: 01:27,95 (01:27,95) 200m: 02:59,72 (01:31,77) 300m: 04:43,64 (01:43,92) 400m: 06:05,64 (01:22,00)	2012	Team Bochum	06:05,64	374	
21.	Mara Klump 100m: 01:28,11 (01:28,11) 200m: 03:05,24 (01:37,13) 300m: 04:42,70 (01:37,46) 400m: 06:06,42 (01:23,72)	2011	SG Siegen	06:06,42	372	
22.	Lena Mallinkrodt 100m: 01:25,16 (01:25,16) 200m: 02:58,84 (01:33,68) 300m: 04:47,34 (01:48,50) 400m: 06:07,12 (01:19,78)	2013	SG Siegen	06:07,12	370	
23.	Paulina Kisiel 100m: 01:26,13 (01:26,13) 200m: 03:01,52 (01:35,39) 300m: 04:37,85 (01:36,33) 400m: 06:07,60 (01:29,75)	2009	SG Wassersport Iserlohn	06:07,60	368	EnM
24.	Katharina Kohl 100m: 02:58,22 (02:58,22) 200m: 04:46,85 (01:48,63) 400m: 06:08,61 (01:21,76)	2013	SG Dortmund	06:08,61	365	

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Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
25.	Monia Pinner 100m: 01:27,44 (01:27,44) 200m: 03:01,94 (01:34,50) 300m: 04:50,35 (01:48,41) 400m: 06:13,51 (01:23,16)	2011	SV Schwerte 06	06:13,51	351	
26.	Sarah Großpietsch 100m: 01:35,02 (01:35,02) 200m: 03:06,67 (01:31,65) 300m: 04:54,90 (01:48,23) 400m: 06:16,09 (01:21,19)	2013	Wfr. TuRa Bergkamen	06:16,09	344	
27.	Mathilde Schulte-Steinberg 100m: 01:27,77 (01:27,77) 200m: 03:05,89 (01:38,12) 300m: 04:58,06 (01:52,17) 400m: 06:18,63 (01:20,57)	2013	SSC Hörde 54/58 e.V.	06:18,63	337	
28.	Franziska Leugner 100m: 01:31,80 (01:31,80) 200m: 03:13,95 (01:42,15) 300m: 04:56,84 (01:42,89) 400m: 06:18,86 (01:22,02)	2012	SV Blau-Weiß Bochum	06:18,86	337	
29.	Emelie Brand 100m: 01:27,16 (01:27,16) 200m: 03:08,15 (01:40,99) 300m: 04:56,60 (01:48,45) 400m: 06:19,27 (01:22,67)	2012	SV Hagen 1894	06:19,27	335	
30.	Mia-Luise Köhling 100m: 01:30,53 (01:30,53) 200m: 03:10,23 (01:39,70) 300m: 04:50,70 (01:40,47) 400m: 06:19,41 (01:28,71)	2013	SV Blau-Weiß Bochum	06:19,41	335	
31.	Sarah Becker 100m: 01:30,62 (01:30,62) 200m: 03:07,36 (01:36,74) 300m: 04:55,13 (01:47,77) 400m: 06:20,40 (01:25,27)	2012	WASPO Blau Gelb Delphin Bochum e.V.	06:20,40	332	
32.	Hanna Wolter 100m: 01:29,93 (01:29,93) 200m: 03:09,25 (01:39,32) 300m: 04:54,97 (01:45,72) 400m: 06:21,50 (01:26,53)	2012	SV Hagen 1894	06:21,50	330	
33.	Lotta Schroller 100m: 01:25,60 (01:25,60) 200m: 03:03,56 (01:37,96) 300m: 04:55,23 (01:51,67) 400m: 06:22,63 (01:27,40)	2012	SG Wassersport Iserlohn	06:22,63	327	
34.	Janiella Myka Minze 100m: 01:23,03 (01:23,03) 200m: 03:05,89 (01:42,86) 300m: 04:49,99 (01:44,10) 400m: 06:23,15 (01:33,16)	2013	SSC Hörde 54/58 e.V.	06:23,15	325	
35.	Charlotte Siegner 100m: 01:27,68 (01:27,68) 200m: 03:03,98 (01:36,30) 300m: 04:57,70 (01:53,72) 400m: 06:23,97 (01:26,27)	2013	SG Dortmund	06:23,97	323	
36.	Mila Linstaedt 100m: 01:31,41 (01:31,41) 200m: 03:10,89 (01:39,48) 300m: 04:53,85 (01:42,96) 400m: 06:25,29 (01:31,44)	2011	SG Wassersport Iserlohn	06:25,29	320	EnM
37.	Katarina Flömer 100m: 01:30,21 (01:30,21) 200m: 03:09,89 (01:39,68) 300m: 05:02,20 (01:52,31) 400m: 06:28,74 (01:26,54)	2012	SG Ruhr	06:28,74	311	
38.	Lilly Rataj 100m: 01:34,27 (01:34,27) 200m: 03:13,47 (01:39,20) 300m: 04:59,36 (01:45,89) 400m: 06:29,35 (01:29,99)	2014	SSC Hörde 54/58 e.V.	06:29,35	310	
39.	Karolin Kramer 100m: 01:31,04 (01:31,04) 200m: 03:07,49 (01:36,45) 300m: 05:06,30 (01:58,81) 400m: 06:30,31 (01:24,01)	2012	SG Siegen	06:30,31	308	EnM
40.	Paula Dammers 100m: 01:38,81 (01:38,81) 200m: 03:18,16 (01:39,35) 300m: 05:07,21 (01:49,05) 400m: 06:32,61 (01:25,40)	2013	SV Schwerte 06	06:32,61	302	
41.	Thea Herrmann 100m: 01:32,78 (01:32,78) 200m: 03:21,81 (01:49,03) 300m: 05:06,78 (01:44,97) 400m: 06:34,48 (01:27,70)	2014	SSC Hörde 54/58 e.V.	06:34,48	298	

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Veranstalter: Schwimm-Verband Südwestfalen | Ausrichter: SG Dortmund e.V.

noch Wettkampf 1 - 400m Lagen weiblich

noch Offen

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
42.	Livia Maria Goßheger 100m: 01:39,25 (01:39,25) 200m: 03:17,91 (01:38,66) 300m: 05:09,66 (01:51,75) 400m: 06:35,28 (01:25,62)	2012	WASPO Blau Gelb Delphin Bochum e.V.	06:35,28	296	EnM
43.	Anni Schulte 100m: 01:27,96 (01:27,96) 200m: 03:11,33 (01:43,37) 300m: 05:02,82 (01:51,49) 400m: 06:36,01 (01:33,19)	2012	SG Lünen	06:36,01	295	EnM
44.	Lina Kölpin 100m: 01:34,56 (01:34,56) 200m: 03:18,37 (01:43,81) 300m: 05:13,68 (01:55,31) 400m: 06:39,49 (01:25,81)	2013	TV Grüne Linde 1901	06:39,49	287	
45.	Mikaela Abazaj 100m: 01:45,17 (01:45,17) 200m: 03:23,01 (01:37,84) 300m: 05:13,81 (01:50,80) 400m: 06:44,94 (01:31,13)	2014	SG Ruhr	06:44,94	276	
46.	Frida Neumann 100m: 01:35,71 (01:35,71) 200m: 03:18,79 (01:43,08) 300m: 05:14,84 (01:56,05) 400m: 06:48,15 (01:33,31)	2014	SG Lünen	06:48,15	269	
47.	Mia Riemer 100m: 01:47,67 (01:47,67) 200m: 03:33,16 (01:45,49) 300m: 05:18,22 (01:45,06) 400m: 06:49,52 (01:31,30)	2014	Sport Union Annen	06:49,52	266	
48.	Melina Owetschkin 100m: 01:40,74 (01:40,74) 200m: 03:24,61 (01:43,87) 300m: 05:21,83 (01:57,22) 400m: 06:52,62 (01:30,79)	2014	SG Lünen	06:52,62	260	
49.	Alaya Gallani 100m: 01:44,69 (01:44,69) 200m: 03:25,99 (01:41,30) 300m: 05:22,15 (01:56,16) 400m: 06:53,55 (01:31,40)	2013	WASPO Blau Gelb Delphin Bochum e.V.	06:53,55	259	
50.	Thea Marlene Knappmann 100m: 01:41,31 (01:41,31) 200m: 03:27,15 (01:45,84) 300m: 05:24,18 (01:57,03) 400m: 06:59,87 (01:35,69)	2014	SG Lünen	06:59,87	247	
51.	Luisa Garthaus 100m: 01:50,88 (01:50,88) 200m: 03:32,76 (01:41,88) 300m: 05:25,36 (01:52,60) 400m: 07:00,10 (01:34,74)	2014	SSC Hörde 54/58 e.V.	07:00,10	247	
52.	Victoria Unger 100m: 01:51,62 (01:51,62) 200m: 03:35,53 (01:43,91) 300m: 05:36,36 (02:00,83) 400m: 07:05,92 (01:29,56)	2013	Sport Union Annen	07:05,92	237	EnM
53.	Maleen Stricker 100m: 01:45,96 (01:45,96) 200m: 03:32,86 (01:46,90) 300m: 05:41,54 (02:08,68) 400m: 07:14,29 (01:32,75)	2015	SSC Hörde 54/58 e.V.	07:14,29	223	